

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**Extra Reading Comprehension Exercises**  
**(Unit 4, page 46)**

**COMPREHENSION QUESTIONS**

**A. Look at the Reading on page 46 and complete the sentences.**

1. One super-sized fast-food meal can have more calories than you should eat in a \_\_\_\_\_.  
a. week                      b. day                      c. long time
2. Sharing a meal with someone is \_\_\_\_\_ expensive.  
a. less                      b. more                      c. too
3. When you get fast food, you should skip the \_\_\_\_\_.  
a. veggies                      b. yogurt                      c. fries
4. Your brain needs \_\_\_\_\_ minutes to know your stomach is full.  
a. thirty                      b. twenty                      c. ten
5. If you eat \_\_\_\_\_, you will eat less food.  
a. fat                      b. slowly                      c. healthy
6. \_\_\_\_\_ is a healthy dessert.  
a. Low-fat frozen yogurt                      b. Cake                      c. A cookie

**CRITICAL THINKING**

**B. Check the statements that are probably true according to the Reading. Explain your choices using information from the Reading.**

1. Eating fast food every day can be OK.

\_\_\_\_\_

2. The breading is what makes fried foods have so many calories.

\_\_\_\_\_

3. Eating more slowly can help you maintain a healthy weight.

\_\_\_\_\_