

UNIT 1

Opener: BBC Vlogs

- 1 In my family, I probably take after my mother. She really enjoys the cinema, she enjoys reading, she enjoys travelling and that's, kind of, what I've spent a large part of my life trying to do. And I think I probably got that interest in those subjects from her.
- 2 Oh, I take after my father, Edward. He lives in Indiana. He has a passion for science and he's the person who gave me my love for reading and my love for books. As you can see, I've tonnes of books. And we have the very same eye colour.
- 3 Hmm ... I believe I take after a combination of both my father and my mother. My father was a pragmatic man and the peacemaker of the family and I believe that I demonstrate those skills. My mother is very sociable and also very career focused, er, I believe that I've also got those characteristics as well. I've also been told that I look like my mother, which I consider a compliment because, er, I think my mother looks great.
- 4 In my family, I take after my father, more than my mother. We both have dark hair, we have dark senses of humour, er, and we both love language.
- 5 Who do I take after in my family? I don't think there's anyone like me to be quite honest. The rest of my family wishes they were like me, but there can only be one.

1D: BBC Street Interviews

Exs 2A and 2B

- Elaine: I would describe myself as, erm, liberal, erm, I'm quite, er, happy-go-lucky, erm, I try to make the best that I can out of life, so quite positive I think?
- Anna: I would say I'm bubbly, a passionate and committed person. Erm, I, I'm a people person, so I like to interact with different types of people and, like, er, get to know all different walks of life.
- Valeria: So, my personality is quite curious and enthusiastic.
- Elijah: Optimistic, loving and, er, creative. But sometimes I'm a bit grumpy.
- Gwen: Er, I think I'm quite outgoing, erm, quite sociable, erm, I like to chat to people, meet new people, go to parties, and stuff like that – so I think I'm quite an outgoing person.
- Roisin: Erm, I would say I'm friendly, welcoming ... maybe a bit funny sometimes.
- Collin: I'm optimistic, er, I like people, erm, I never give up.

1D: BBC Street Interviews

Exs 2A and 2C

- Elaine: Generally speaking, I'm reasonably confident, erm, in social situations, erm, due to the nature of the work that I do – I recruit people worldwide. Erm, so my personality will change depending on the people that I am talking with because, erm, I will need to be a little bit more professional in how I come across, erm, in that situation.
- Anna: Er, so at work, maybe I'm more serious, whereas when I go to, like, a café with my friends, er, I'm a lot more relaxed.
- Valeria: I can be quite direct at work, erm, and, I think with my friends, I can be quite compassionate.
- Elijah: So, if I'm hanging out with friends, I might be more talkative. If I'm with my mother, er, maybe I'll listen a little more.
- Gwen: Yeah, I'm ... I'd say I'm confident in most situations, but then sometimes like everybody, you know, maybe your mood's not that great and, you know, you can maybe feel, I don't know, sometimes walk into a party and just think, 'Oh, I don't want to be here!'. So, yeah, I think it varies, but not necessarily the situation, more just how I'm feeling inside myself.
- Roisin: Erm, I'm probably less confident when I meet new people, whilst when I'm with my friends, I'm a bit more confident, a bit more chatty, a bit more comfortable.
- Collin: Erm, doesn't change.

UNIT 2

Opener: BBC Vlogs

- 1 Erm, social media has a lot of impact on my life. It is a great way to keep in touch with people in different countries that I know. Erm, it's also a little bit distracting sometimes and I sometimes spend more time on it than I would like to.
- 2 Erm, social media has, er, quite a big impact on my professional life – I'm a furniture painter so I have a Facebook page where I have a community of followers that either buy my furniture or I create tutorials for them, so they can learn about what it is I do.
- 3 Social media has a big impact on my life. I don't post a lot of photos, but I spend way too much time looking at other photos.
- 4 I completely love social media. I don't know what I would do without it. I don't know how I did without it before it was, er, invented. Um, I just like to be able to text my friends, message my friends, erm, swap photos, arrange things, buy things. Erm, I think it's just the best thing ever.
- 5 Social media doesn't have a very large impact on my life. Personally, I think social media is quite harmful and I also think it's something that you grow out of as you get a little bit older. So, maybe I'm now at an age where I don't really spend much time either investing content into it or investing time into it, learning about other people. So, I would say its impact gets smaller and smaller every day that I get older.

2D: BBC Entertainment

Exs 2A and 2B

- Dr Black: So, this is one of the last paintings van Gogh ever painted. Those final months of his life were probably the most astonishing artistic outpouring in history. And especially astonishing because van Gogh did it with no hope of praise or reward. Each of these pictures now is worth tens of millions of pounds, yet in his lifetime, he was a commercial disaster. Sold only one painting, and that to the sister of a friend. We have here possibly the greatest artist of all time, but when he died, you could have sold his entire body of work and got about enough money to buy a sofa and a couple of chairs. If you follow me now. ...
- The Doctor: Now, he'll probably be in the local café – sort of orangey light, chairs and tables outside.
- Amy: Like this?
- The Doctor: That's the one.
- Amy: Or indeed like that.
- The Doctor: Yeah, exactly like that.
- The Doctor: Hello, I'm the Doctor.
- Vincent: I knew it!
- The Doctor: Sorry?
- Vincent: My brother's always sending doctors, but you won't be able to help.
- The Doctor: No, not that kind of doctor. That's incredible, don't you think, Amy?
- Amy: Absolutely. One of my favourites.
- Vincent: One of my favourite whats? You've never seen my work before.
- Amy: Ah, yes. One of my favourite paintings that I've ever seen, genuinely!
- Vincent: Then you can't have seen many paintings, then. I know it's terrible. It's the best I could do.
- Vincent: It's not much. I live on my own. But you should be OK for one night. ONE night. Sorry about all the clutter.
- The Doctor: Some clutter.
- Vincent: I've come to accept the only person who's going to love my paintings is me.
- Amy: Wow. I mean, really. Wow.
- Vincent: Yeah, I know it's a mess. I'll have a proper clear-out. I must, I really must. Coffee, anyone?
- The Doctor: Not for me, actually. You know, you should be careful with these. They're, they're ... precious.

Vincent: Precious to me, not precious to anyone else.
 Amy: They're precious to me.
 Vincent: You're very kind. And kindness is most welcome.
 The Doctor: OK, so let's talk about you, then. What are you interested in?
 Vincent: Well, look around. Art. It seems to me there's so much more to the world than the average eye is allowed to see. I believe, if you look hard, there are more wonders in this universe than you could ever have dreamed of.
 The Doctor: You don't have to tell me.
 Vincent: I only wish I had something of real value to give you.
 The Doctor: Oh, no, no. I could never accept such an extraordinary gift.
 The Doctor: Are you thinking what I'm thinking?
 Amy: I was thinking I may need some food or something before we leave.
 The Doctor: Well, no, you're not thinking exactly what I'm thinking. Vincent! Got something I'd like to show you. Maybe just tidy yourself up a bit first.
 The Doctor: Now, you know we've had quite a few chats about the possibility there might be more to life than normal people imagine?
 Vincent: Yes.
 The Doctor: Well, brace yourself, Vinny.
 Vincent: Where are we?
 The Doctor: Paris. 2010. And this is the mighty Musée D'Orsay, home to many of the greatest paintings in history.
 Vincent: Oh, that's wonderful.
 The Doctor: Er, ignore that. I've got something more important.
 The Doctor: Dr Black – I just wondered, between you and me, in 100 words, where do you think van Gogh rates in the history of art?
 Dr Black: Well, er, big question. But, to me, van Gogh is the finest painter of them all. Certainly, the most popular, great painter of all time, the most beloved. His command of colour, the most magnificent. To my mind, that strange, wild man who roamed the fields of Provence was not only the world's greatest artist, but also one of the greatest men who ever lived.
 The Doctor: Vincent. Sorry. I'm sorry. Is it too much?
 Vincent: No. They are tears of joy. Thank you, sir. Thank you.
 Dr Black: You're welcome. You're welcome.
 Vincent: Sorry about the beard.

UNIT 3

Opener: BBC Vlogs

- 1 I really love, er, theatre. You can't beat the atmosphere before the curtain goes up. And every night is different ... special. Theatre is special.
- 2 I like going to musical performances, like classical concerts, er, and jazz performances. Jazz is especially exciting. Er, it's usually at a small club. The musicians play in their own style, in their own way, and I like how they interact with each other, er, and the other musicians, to bring the music to life.
- 3 I love going to live comedy performances because they really improve my mood and, er, they make you see the funny side of otherwise particularly volatile situations.
- 4 I love going to music festivals. I love seeing my favourite artists play live, I love exploring new bands that I've never heard of before and I always find that the food at music festivals is amazing – the different food stalls with lots of different cuisines from around the world, I absolutely love. And it is fun to camp with your friends.
- 5 One of my favourite things to watch live is sports, especially football. And if it's my team Tottenham, even better. I find being in the stadium so exhilarating and it's so full of energy just the atmosphere that's created by the crowd. Um, whether they're singing and cheering because they're excited about what's happening on the pitch or even when they're angry at something that's going on, there's just so much energy there that you can't recreate that when you're watching football on TV in your living room, for example.

3D: BBC Street Interviews Exs 2A and 2B

Kaelan: I like jazz music – I'm a jazz musician myself. I like jazz because it allows me to express myself freely and improvise.
 Roisin: Erm, I listen to mostly hip hop and rap. Erm, but I also enjoy more singing songs, stuff that's a little bit more relaxed. I'd say, I'm pretty general.
 Ryan: Oh, I like all sorts of music, but I'd say probably rock music is my favourite. Er, just because I play guitar, so I ... I like, yeah. I like stuff with guitars and drums, things like that.
 Aslan: Er, I like all music. I like film scores, I like hip hop, I like rock. Pretty much anything really.
 Oby: Erm, I enjoy listening to rap music because of all the different aspects of it, like the lyrics and the beat behind it.
 Leanne: Erm, I prefer, er, kind of, a soft rock. Erm, I quite like ... I like singing along. Erm, so, something that's, er, yeah got a good tune to it as well.
 Sophia: I listen to a ... a wide range of music, but my main would be R&B, contemporary R&B, erm, just because it's very chilled and relaxing. Erm, and I also listen to rap when I'm working out at the gym, yeah.
 Lucy: I quite enjoy hip hop music, 'cause I like the rhythms and I think it's quite good to dance to.

3D: BBC Street Interviews Exs 2A and 2C

Kaelan: Very important because it's my career! So, yeah. It's, yeah, very important to me.
 Roisin: Erm, I'd say very important. I don't listen to music every day, but I love going to concerts ... I do listen to music on Spotify, like public platforms, but I don't play any instruments.
 Ryan: Very important, I'd say. Erm, it's the ... you know ... always listening to music when I walk around – it's the soundtrack to my life, I suppose.
 Aslan: Erm, I would say music is very important. Erm, there's certain bits of work where I do listen to music while I'm working and there's certain bits of work where I don't, where I can't, if it's very technical or if it's ... if I'm trying to be very creative, then I can and do listen to music while I work.
 Oby: Erm, music is very important to me. I don't play the piano anymore, but I used to.
 Leanne: Erm, yeah, quite important. Erm, I ... I have to say I don't like, erm, sort of, er, orchestra music so much, erm, but I do like, erm, sort of, background music, listening to, erm, relaxing things.
 Sophia: Very important, I'd say. When I wake up, the first thing I do is put on my music, when I'm brushing my teeth, listening to music, on the tube listening to music. Even at ... when I'm at work I listen to music to be honest, so yeah, it's very important.
 Lucy: Music is really important to me because although I don't go to festivals, I do listen to it a lot at home and I play the piano as an instrument.

UNIT 4

Opener: BBC Vlogs

- 1 Um, the one thing I'd like to do to change, erm, or to improve my health, is to go out more often. Erm, to erm, do much more fitness outside – outdoors – because due to the nature of my job, I, erm, I mostly sit down. Erm, I'm in a sitting position, like, more than six or seven hours a day. So, I think I should go out more with my bike and, you know, go on a long-distance bicycle ride.
- 2 One thing I could do to improve my health would be to get more sleep each night. To do that, I would switch my phone off before I go to bed and stop scrolling through social media.
- 3 Definitely my eating. Erm, I ordered three pizzas for myself a couple of days ago. So, yeah. Changes and improvements can be made. And will be made.
- 4 If there's one thing I would do to change my life, it would be to take more exercise and perhaps go to the gym, because I have a sailing boat, which I sail on my own, and I would be happier if it was easier to get in and out of the boat and to be able to control the sails for the wind and not capsise.

- I try to be a healthy person, but one thing that I could change to improve my health is trying to do more exercise every day.
- I try hard to be healthy – to eat the right things, to eat plenty of fruit and vegetables – and I try to exercise at least three times a week. But the one thing that I really need to do to improve my health is to drink more water.

4D: BBC Documentary Exs 2A and 2B

Narrator: From the blackness of space our home is a blue planet. But now, satellite cameras capture a kaleidoscope of extraordinary colour.

Mr Dai and his son are nomads. They've travelled across China just in time for the bloom. These flowers will eventually produce almost 20 percent of the all the world's rapeseed oil. But they're not here for the oil. They've come to make honey.

CAPTION: Beekeeping is the most important part of our income. Our livelihood depends on it.

Narrator: But the weather is not on their side. The view from space is almost completely white. Thick cloud is blocking the sun. It's just too cold for the bees to fly.

CAPTION: It's still too cold. They don't want to come out.

CAPTION: If it stays like this for a few more days, there is no way we will make any honey.

Narrator: With a chill in the air, these bees aren't going anywhere. And time is running out. In two weeks, the rapeseed farmers will spray pesticides over the fields, making it a dangerous place for the bees. They must move on before the spraying starts. All they can do is sit and wait for the sun. After three grey days, the clouds finally part and one and a half million bees head out to work. They must visit two million flowers to make just one jar of honey. The bees drink the sugary nectar from the flowers they visit and transfer it to the hive where it becomes honey. Food for the long winter months. But the bees are more than just honey makers. They are one of the world's most important crop pollinators, helping plants produce fruits, seeds and vegetables. But now pesticides are contributing to a worldwide decline in the number of honeybees, and their future is under threat. Mr Dai's window of opportunity is short, but the bees have been hard at work. He has plenty of honey. And not a moment too soon. The fields will be sprayed in two days. It's time to move on.

UNIT 5

Opener: BBC Vlogs

- Ah, I love and admire professions that involve the use of one's hands and creativity. So, things like, being a ... an artist, a patisserie chef, er, a graphic designer, er, a fashion designer – anything that involves creativity and really putting one's skills and hands to work, I just find completely inspirational.
- There are lots of professions I admire and respect, but I think the one I admire most would have to be teachers. Erm, it's a very important job to educate young people and to keep it interesting for them.
- Um, I would say that I especially admire professions, er, involving those who teach or who are healthcare professionals because these people make big sacrifices to better society, and to make other people happy and healthy. Um, I think any job in which you ... you give something up to help another human being is a job that's worthy of admiration.
- I would say surgeons. Um, because they're constantly under loads of pressure and I appreciate the long shifts, and the long hours they work.
- I admire farmers because they grow our food and our food makes pizza!
- I really admire interpreters – the ones who work at really big events and they are under a lot of pressure, they have to remember everything people have said and translate it perfectly, but nobody notices them. Erm, they are really incredible.

5D: BBC Street Interviews Exs 2A and 2B

Kathiane: I prefer working alone because I think, er, I'm a bit of a perfectionist, and I think that when I do something alone I really perfect it in my own way, just how I want it, instead of when I work in a team and sometimes it's not easy to get everyone to be coordinated.

Aslan: I prefer working alone – I'm self-employed, so it suits me to work alone, but I do often enjoy working as a team because there's a, sort of, social aspect to it and it's enjoyable to work with people, erm, but I'd say 90 percent of my work is alone so that's obviously what suits me.

Olivia: Erm, I do enjoy working more in a team, just because I like to share ... share things, share accomplishments, share, er, hard work. I think it's just so much more fun when you can bounce ideas off of people and, yeah, reflect on things more with other people around you. Erm, I think working alone is something I've done a lot of in my life, but it's not as fun to, you know, to go through things alone and to face difficult situations by yourself.

Onika: I prefer working as part of a team because when I work alone, I only have my own answer, or my own solution, but when I work as part of a team, I can, kind of, bounce ideas off of other people and it becomes more of a collective thing.

Hannah: Erm, I think I prefer working as part of a team. Erm, it's something I've always done in my job and I feel like, that you can, erm, ask other people's advice if there's something you're not confident on and you can learn from their experience, but you can also give your experience to other people, erm, and support each other, and I quite like that.

5D: BBC Street Interviews Exs 2A and 2D

Kathiane: Erm, my old team never wanted to do the work until the last minute and would rather play around, which was incredibly frustrating because then we're always rushing. But my new team always gets straight to the point and do the work.

Aslan: Can't really think of any bad experiences, erm, most work experiences have been fairly ... fairly good, fairly professional, straightforward. You know, that's ... I ... I can't really name anything where I thought, 'Oh, this is a terrible experience' or 'I'm having a terrible time'. It's all been pretty good.

Olivia: Er, this year I did a group project with, erm, a lot of my university course mates. And er, we had to do the whole project online, which was really difficult because some people lived in India, some people lived in the States, erm, the United States, and, erm, finding times to talk when we were all free, with the time difference, was really quite annoying.

Onika: I really enjoyed working at a team at this company called, Uptree, they're a start-up company, and we had a ... every Wednesday we had, like, a group lunch, which was really fun because we all got to bring different lunches and share them together.

Hannah: A time I've worked as a team, erm, I'm a police officer, erm, and I was in a dangerous situation, er, which was very, erm, scary, and the team came to help me, erm, and we worked together to get the individual under control and make everybody safe.

UNIT 6

Opener: BBC Vlogs

- Well, I never find any time to do any housework, er, because I'm usually doing something more interesting – er, playing some music, or a video game or ... or maybe just having a nap.
- I never find time to draw and paint which I love doing, because I always have too much studying or work to do.
- I never find the time to read as many books as I like. Erm, I find myself distracted by easier things like watching television than reading and that's something that I'm working on to change.
- Well, I never find the time to clean my closets and get rid of the things that I don't need. I know there are shows about this, er, and to do it properly sometimes it can take weeks. I do clean, it's just that I put everything in my closet so that it looks clean.

- 5 I never find time to call people back.
- 6 A: Well, I ... I hardly ever finish a novel ...
 B: Oh, I have that problem, too.
 A: Oh, it's terrible and ... because I just seem to spend all my time on either social media or watching box sets ...
 B: ... watching box sets because they're very, very addictive, aren't they?
 A: They definitely are.
 B: But books can be addictive, too.
 A: True.
- 7 I absolutely never get the time to clean my windows. I just don't like doing that. I prefer to read a book, or to play a game, or go for a walk.
- 8 What is something that I never seem to find the time for?
 A haircut!

6D: BBC Entertainment Exs 2A and 2B

- Dan: This is my sports bag. And, er, halfway through signing it, I told Pelé to put his pen down because I thought he was ruining it.
- Rob: Lee's team.
- Lee: Well, that's very interesting. Is that a Brazil bag?
- Dan: Um, it's actually a ... it's a New York Cosmos bag.
- Lee: So, when did you meet Pelé?
- Dan: Well, Pelé was the face of New York Cosmos. They paid him a lot of money to, sort of, front the rebranding of New York Cosmos. Pelé, erm, was put up for an interview.
- Sarah: What ... what year was that?
- Mr Motivator: What year?
- Dan: Probably about 2011.
- Lee: So, you already had that bag?
- Dan: No, this was the bag, that, erm they gave you as a, like, a goody bag when you went to the press conference.
- Sarah: Was there stuff inside it?
- Dan: There was, um, some pencils and ...
- Rob: There, there, there ... 'There were'. There were some pencils.
- Lee: What did he say?
- Rob: He said, 'There was some pencils'.
- Dan: I meant to say, 'There was a pencil'!
- Lee: Look, can I be ... were there any pencils or not?
- Dan: There were pencils in there, yeah.
- Lee: Oh, right. See, there was pencils.
- Dan: There were some pencils in there and, erm, a flannel.
- Lee: No, there were a flannel, there were a flannel, there were a flannel.
- Lee: May we have a look at the bag?
- Rob: I'm told it's been sanitised.
- Lee: Yeah, but he's touched it now.
- Dan: I've only touched the back handle.
- Rob: I'm going to put my arm through it like this.
- Sarah: OK, that's ... that's interesting.
- Dan: Lee, if you look there, right, that says 'Pe'.
- Rob: Well, it's a sports bag.
- Dan: Which is amazing because the reason I didn't want him to sign it was because I wanted to use it in the gym, and now that's my gym bag with 'Pe' written on it, you see?
- Lee: I mean, I understand the concept of not wanting a signature if you think the bag's better, but if he's started it ...
- Rob: Yeah.
- Lee: ... is it not better to finish it than have just 'Pe'?
- Dan: Right, so I'd taken a Brazil shirt with me.
- Lee: For him to sign.
- Dan: For ... yeah. So, I gave it to the great man and he signed the shirt, full signature on the shirt and I think it was, like, an, 'All the best, Dan, Pelé.' I turned and put it on my normal bag that I'd brought with me and, then, when I turned back, the great man had my bag that he'd picked up. And, without thinking, I said, 'Not the bag, Pelé'.

- David: And, um ... What an idiot Pelé is! Put the pen down, Pelé, you maniac!
- Sarah: What must Pelé have thought of you? Because this bag was given to you for free ...
- Dan: He, sort of, stared at me angrily and then he said, 'No one's ever asked me not to sign anything before'.
- Rob: I don't understand why you didn't want Pelé to sign a bag. Why?
- Dan: Because I really like the bag.
- Rob: Yeah, but have ... imagine having a bag signed by Pelé, waiting until he passes on to, to a better place, and selling it on eBay.
- David: So, do you have a lot of signed memorabilia by people and you're waiting for them to die?
- Rob: Well, all that stuff I've got you to sign.
- Rob: So, what are you thinking? Sarah, do you think this could be true?
- Sarah: Erm, no, I don't think anyone would stop Pelé signing their bag. I think it's a lie.
- Lee: Mr Motivator, MBE?
- Mr Motivator: A lie.
- Lee: OK, we're saying it's a lie.
- Rob: It's unanimous. They think it's a lie. Uh, Dan?
- Dan: Yes.
- Rob: It's a great story. Was it true or was it a lie?
- Dan: I can tell you that the story is ... true.
- Rob: Yes, it's true. Dan really did stop Pelé from signing his bag.

UNIT 7

Opener: BBC Vlogs

- 1 My hidden talent is remembering birthdays. I can remember birthdays of people I was at school with forty years ago, maybe longer. Um, it's a shame it's such a useless talent.
- 2 So, my hidden talent is, um, fencing. Erm, I was on my university team and took part in lots of championships. I'm not very tall, but I am quite quick and skilful.
- 3 Hidden talents? Ha! I really don't know if I have any. Erm, maybe not such a hidden talent, but erm, something that makes me feel good is making cakes and sweets and, I always say – baking is my anti-depressant.
- 4 Few people know, but I love jazz and I love to play the saxophone.
- 5 My hidden talent is picking things up with my foot. I can pick up a pen and even a TV remote and it always impresses my friends.
- 6 My hidden talent most people don't know about is that I'm actually a great basketball player. It may seem a bit surprising to everyone because I'm not that tall, but honestly, I'm really great at playing basketball.
- 7 My hidden talent is that I play a lot of musical instruments and my friends don't know. And also, I'm learning Persian in my spare time.
- 8 Yes, I do actually. Erm, not many people know that after I finished school, before I went to university, I spent a year at art college and I became a really good painter. But unfortunately, I don't have much time to do it at the moment – I have too many other things to do. So not many people have seen my paintings.

7D: BBC Street Interviews Exs 2A and 2B

- Delaney: I'm good at making people laugh, I'm good at, erm, getting everyone else to have a good time. Erm, I'm also good at sports. Erm, and that's, that's pretty much it.
- Olivia: I ... I'm quite good at cooking. Erm, I grew up in Italy, so it's, like, just, it runs in my blood. Erm, it's been all around me constantly. Er, and I'm also a really good writer and I'm training to be a journalist at the moment, so, yeah.
- John: I'm very good with words. Erm, well I suppose ... I'm good at, I'm good at supporting West Ham United.
- Amit: Yeah, er, I'm good at tennis. Er, I really enjoy playing tennis. I enjoy sport in general.

- Kirsty: I play football, so, erm, I'd like to think that I'm quite good at football.
- Flo: I'm good at singing as it's what I do for my career and, er, a hobby, I also horse ride and play polo. So, I'm good at that.
- Constance: I am good at science. Erm, that's my passion because I want to do medicine when I grow up, so I'm really passionate about biology and I'm, I'd say ... I'd like to say I'm good at biology. Erm, because I enjoy learning about the anatomy at school.

7D: BBC Street Interviews Exs 2A and 2C

- Delaney: Erm, I think hard work is more important. However, I do believe you still need some type of natural talent to help you in whatever skill you're ... you're doing.
- Olivia: Erm, yeah, I ... yeah, I personally think that hard work is a lot more important than, er, talent. Obviously, talent is great, erm, though, when it comes to anything in life, if you put enough hard work in, then you're ... you're going to succeed. I believe that anyway, yeah.
- John: Well hard work is ... everyone's got a certain amount of inner talent, but, erm, hard work is what develops talent, you can't get by on talent alone. Hard work – most important.
- Amit: On the one hand, er, talent is ... is fundamental, because I think you do need to, erm, have some natural ability. Er, but on the other hand, talent's not enough without hard work. I think you definitely need both ingredients if you want to be, er, the best at something.
- Kirsty: Erm, I believe that hard work is more important than talent. Erm, on the other hand, I'd say that talent is definitely a necessary foundation if you want to excel at something. So, if you want to be really good at what you are doing, there does need to be a level of talent there.
- Flo: Er, definitely hard work. I believe that you've got to work hard to get anywhere in life.
- Constance: Erm, I would say that hard work is more important than having talent because having that drive and passion for something will take you a lot further than having talent. However, talent obviously plays a big part in being successful, but I think the overriding thing is being hard working.

UNIT 8

Opener: BBC Vlogs

- Community for me means, erm, this sense of belonging, this sense of togetherness. Erm, for me to be able to know my neighbours, you know, for me to be able to go and grab a coffee with my neighbours or ... you know, borrow something from them, you know? Just being able to do things together.
- Community to me means a sense of belonging, um, a sense of being part of something bigger ... bigger than yourself. Er, that's what community means to me.
- It means helping each other, reaching out to others when they need help.
- I live in a situation where I don't really have any family members close by, but I do still think I live in a very supportive and strong and rich community of people who are dependable, reliable and want to see you succeed, er, and flourish, in whatever way you can. So, for me, community is when you have a ... a group of supportive people, who would like to see each other benefit in a way that is socially beneficial for everyone involved in that group.

- Coming to England as an international student I was very worried about feeling lonely all the time. However, I met an awesome group of friends. So, to me, a community is a group of people who come together and make each other feel loved and cared for.
- Community is all about finding people with the same passion. Same interests. You know, I look at the people in the building I live in and this is a very unique community because we're all artists. We all share in the love of art.

8D: BBC Documentary Exs 2A and 2B

- CAPTION: 23-year-old Julius wanted to make a difference.
- Julius: The thing about homelessness for me is the realisation that it's so easy to fall into that place and then it's so difficult to get out.
- CAPTION: So he dropped out of uni and opened a very unique café.
- Julius: So, what we wanted to do is break down the misconceptions around homelessness. When you come in you shouldn't know if the person serving you is somebody who's been in the industry for ten years or somebody who's just getting their life back together.
- CAPTION: Getting their life back together.
- Julius: So, we work with one trainee at a time and it just means that we can, kind of, focus on their individual needs. So, they start when they come on board with myself and then slowly over time as they build up their confidence, until the final endpoint of transitioning them onto whatever it is they want to do afterwards.
- CAPTION: Before training with Julius, 'Edge' had been homeless for 3 years and unemployed for 10.
- Edge: Obviously, I had nowhere to stay, had no one in my life, no structure and I was very confused, very hurt and ... I had no confidence.
- CAPTION: I had no confidence.
- Edge: The training here not only showed me how to make coffee, but it also showed me how to deal with people and, how to kind of get my own confidence back. How to put myself back in life as it were.
- CAPTION: Julius also runs a scheme where customers can 'pay it forward' for food and drinks. So rough sleepers can get a meal any time they need.
- Julius: Through our 'pay it forward' wall we've given away over 7,000 coffees and 5,000 meals, ...
- CAPTION: Over 7000 coffees. + 5000 meals
- Julius: ... which is an impact that we're super proud of so far. I think for me the thing was that people are intrinsically good if given the opportunity and I think our job is about helping other people escape that negative cycle.
- CAPTION: Thanks to Julius, Edge is no longer on the streets. he went on to become a chef and now gives speeches on homelessness.
- Edge: I didn't think I would ever get to the other side. Even though he's only young himself, he's seen enough to understand. And he's got a big heart. Julius showed me a lot of things and helped me ... get to where I am now.
- Julius: It's really nice, erm, being able to see people's journeys as they kind of exit homelessness. One day they come to us and they say, 'Oh, Julius I've got a hostel. I've got somewhere to live now.' Which is amazing and then ... it sounds kind of funny but it's really nice and we never see them again because that's it.