

## Pearson Education Limited

KAO Two  
KAO Park  
Hockham Way  
Harlow, Essex  
CM17 9SR  
England  
and Associated Companies throughout the world.

[pearsonenglish.com/speakout3e](https://www.pearsonenglish.com/speakout3e)

© Pearson Education Limited 2022

All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without the prior written permission of the Publishers.

First published 2022

ISBN: 978-1-292-35954-0

Set in BBC Reith Sans

Printed and bound by Lego S.p.A

## Acknowledgements

Written by Antonia Clare and JJ Wilson

The publishers and authors would like to thank the following people for their feedback and comments during the development of the material: Charlotte Buckmaster, Charlotte Rowe, Billie Jago, Dorota Walesiak.

## Text Credits:

Articles on page 26 adapted from The last of the sea nomads, Johnny Langenheim, 18 Sep 2010, Guardian News and Media Limited and The British grandmother running to Kathmandu, Financial Times, 6 April 2020 (Usborne, S), copyright The Financial Times Limited 2020; Article on page 57 adapted from First day horror stories: 'I crashed into a colleague's parked car', BBC, Alex Taylor, 10 November 2020; Article on page 69 adapted from How did our ancestors avoid distractions?, BBC, research by Miriam Quick

## Image Credits:

**Alamy Stock Photo:** BLM Photo 33; **BBC Studios:** 7, 16, 17, 19, 28, 31, 40, 41, 43, 52, 55, 60, 65, 67, 76, 79, 88, 89, 91, 100, 101; **Brit Worgan:** 81; **Eldon Lindsay / Cornell Athletics:** 82; **Future Publishing:** Susannah Ireland 100, **Getty Images:** 27, 10'000 Hours 55, 10, 68, 74, 92, 146, Adam Hester 7, akinbostanci 6, Alejandra de la Fuente 60, AleksandarNakic 62, 63, Alexander Spatari 84, Anders Andersson 14, Anna Efetova 23, Apisak Kanjanapusit 52, 53, Carol Yepes 143, CasarsaGuru 83, Claudia Burlotti 152, Cliquelimages 139, cunfek 21, d3sign 25, 95, Daniel Tsai 149, Daria Botieva / Eyeem 111, Dougal Waters 24, Drakula Images 11, electravk 68, FG Trade 152, FilippoBacci 152, Fine Art / Contributor 28, 29, Flashpop 11, fotog 125, Francesco Carta fotografo 71, Frans Lemmens 32, freedom\_naruk 23, Geber86 18, Georgy Dorofeev / EyeEm 11, gremlin 59, Hinterhaus Productions 11, 45, 118, hobo\_018 93, Ian Ross Pettigrew 11, Jamie Garbutt 47, Jessica Peterson 12, 13, JGalione 68, JohnnyGreig 150, Jonathan Knowles 67, Jose Luis Pelaez Inc 138, Julia Gunther 38, Jun Sato / Contributor 142, Justin Lambert 11, 84, Klaus Vedfelt 97, 148, KOLostock 114, Kyle Monk 80, Laura Olivas 45, lechatnoir 35, Leland Bobbe 21, Lidia Utkin 84, Lilly Roadstones 152, Luis Alvarez 133, LumiNola 57, mapodile 155, Mark Metcalfe / Stringer 144, Marko Geber 11, martin-dm 22, 156, Maskot 11, Michal Kostka / EyeEm 103, Mireya Acierto 152, MoMo Productions 60, Morsa Images 84, 86, 136, MStudioImages 68, Nick David 153, OsakaWayne Studios 60, Prasit photo 98, Rafa Cortés Pascual / EyeEm 149, recep-bg 72, Reza Estakhrian 31, RichLegg 120, Rifka Hayati 46, RyanJLane 35, sarayut Thaneerat 10, skynesh 152, SolStock 34, 60, South\_agency 79, SrdjanPav 135, Tara Moore 72, 152, Thomas Barwick 91, 23, 73, 84, Tim Robberts 152, Tom Werner 58, 72, 152, TomML 51, Vasily Pindyurin 21, View Pictures / Contributor 141, VioletaStoimenova 50, vorDa 56, Wachirawit lemlerkchai 116, We Are 48, Westend61 19, 43, 8, 20, 23, 35, 45,

49, 60, 72, 84, 84, 149, 154, Yerbol Mukhanbetzhanov / EyeEm 44; **NASA:** 27; **Panos Pictures:** James Morgan 26; **Shutterstock:** ANTSTUDIO 70, Kurt Strumpf/AP 76, 77, Supamotion 35

**Cover Images:** *Front:* **Alamy Stock Photo:** Westend61 GmbH; **Getty Images:** adamkaz, Hinterhaus Productions, We Are

## Illustrated by

Stephen Collins (Central Illustration Agency) 111, 129; Ben Hasler (NB Illustration) 96; Sam Kalda (Folio) 87; Rupert Van Wyk (Beehive Illustration) 69; Mark Willey (Designers Educational) 85