

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING		LISTENING/VIDEO	SPEAKING	WRITING
LEAD-IN p6								
<b>1 identity</b> <b>B B C</b> VLOGS   Who do you take after in your family?								
<b>1A</b> My ID p8	Present perfect simple and continuous	Personality adjectives; suffixes	Weak forms of <i>have</i> and <i>been</i>			Listen to a podcast about identity	Use a diagram to explain your identity	Write a blog post describing yourself
<b>1B</b> Memory p11	infinitive and <i>-ing</i> forms	Collocations about memory; idioms: memory	Connected speech: chunking: two-part collocations	Read an article about people who never forget			Describe a memory <b>FUTURE SKILLS</b> Communication	
<b>1C</b> I'd much rather ... p14	<b>How to ...</b> express personal preferences	Emotions and feelings	Word stress: dependent prepositions	Read a travel guide to Lagos			Agree on an itinerary for a day in a city <b>FUTURE SKILLS</b> Collaboration <b>MEDIATION SKILLS</b> create tourist recommendations for your town/area	
<b>1D</b> Personality p16	<i>while, whereas</i> and <i>whilst</i>					<b>B B C</b> Street Interviews about personality	Discuss personality traits	Write a letter of recommendation
UNIT 1 REVIEW p18								
<b>2 different worlds</b> <b>B B C</b> VLOGS   What impact does social media have on your life?								
<b>2A</b> Real or virtual? p20	Future probability	Science and technology; word families	Connected speech: future probability	Read an article about the future of VR			Make predictions <b>FUTURE SKILLS</b> Critical thinking	
<b>2B</b> Closer to nature p23	Quantifiers	Nature	Connected speech: quantifiers			<b>B B C</b> Radio <i>Why we should listen to trees</i>	Suggest ways to encourage people to spend time in nature <b>FUTURE SKILLS</b> Leadership	Write a for-and-against essay on the pros and cons of living in the countryside
<b>2C</b> Amazing lives p26	<b>How to ...</b> speculate	Lifestyle adjectives	Stress to show certainty	Read an article about people with amazing lives		Listen to a conversation about unusual lifestyles	Speculate about the lives of famous people	<b>MEDIATION SKILLS</b> summarise an informal interview
<b>2D</b> The time traveller p28		Extreme adjectives				<b>B B C</b> Programme <i>Doctor Who</i>	Talk about an imaginary trip back in time	Write a competition entry
UNIT 2 REVIEW p30								
<b>3 showtime</b> <b>B B C</b> VLOGS   What live events or performances do you enjoy and why?								
<b>3A</b> Festival p32	Relative clauses	Festivals; the environment	Pitch in non-defining relative clauses	Read three articles about eco festivals			Plan an eco-friendly festival <b>FUTURE SKILLS</b> Collaboration	Write a formal email proposing a new festival
<b>3B</b> Performers p35	Cleft sentences	Phrasal verbs: performing; phrasal verbs: communication	Emphatic stress			Listen to a podcast about stage fright	Practise speaking in public <b>FUTURE SKILLS</b> Self-management	
<b>3C</b> Binge-watch p38	<b>How to ...</b> use vague language	Film and TV	Linking and elision	Read an infographic about binge-watching		Listen to a conversation about binge-worthy TV shows	Describe your favourite film or TV series	<b>MEDIATION SKILLS</b> describe a film
<b>3D</b> Music lover? p40	<i>do</i> and <i>did</i> for emphasis					<b>B B C</b> Street Interviews about music	Ask and answer questions about the importance of music in your life	Write a forum comment
UNIT 3 REVIEW p42								
<b>4 lifestyle</b> <b>B B C</b> VLOGS   Name one change you could make to your life to improve your health.								
<b>4A</b> Making changes p44	Future continuous and future perfect	Health and lifestyle; illness and treatment	Connected speech: future perfect	Read an article about people making changes to their lifestyles			Talk about how your life will be different in five years' time <b>FUTURE SKILLS</b> Communication	
<b>4B</b> Sleep p47	Passives	Sleep	Sentence stress: content and function words			<b>B B C</b> Radio <i>The science of sleep</i>	Discuss statements about sleep	Write an article about how to get a good night's sleep
<b>4C</b> Keep moving p50	<b>How to ...</b> express agreement and disagreement	Exercise; sport: motivation and benefits	Stress in phrases for partial agreement			Listen to a conversation about the benefits of exercise	Hold short debates on sports and exercise <b>MEDIATION SKILLS</b> decide how to contribute to an event	
<b>4D</b> Ancient traditions p52		Phrases related to time				<b>B B C</b> Programme <i>Earth from Space</i>	A discussion about traditional vs. modern lifestyles	Write a cause-and-effect essay
UNIT 4 REVIEW p54								

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<b>5 work B B C VLOGS</b>   Which professions do you admire and why?							
<b>5A</b> First day! p56	Past perfect simple and continuous	Time expressions	Connected speech: past perfect continuous	Read an article about first days at work		Tell an anecdote about the first time you did something <b>FUTURE SKILLS</b> Communication	
<b>5B</b> Change of plan p59	Past plans and intentions	Work and careers; areas of work	Connected speech: intrusive /w/ sounds		<b>B B C</b> Radio <i>Is one career in your life enough?</i>	Discuss a time when your life plans changed	Write a report about broadening young people's career aspirations
<b>5C</b> You're on mute! p62	<b>How to ...</b> describe problems and suggest solutions	Video conference calls <b>FUTURE SKILLS</b> Social responsibility	Intonation to show degrees of certainty		Listen to three problematic video conference calls <b>MEDIATION SKILLS</b> agree on a course of action	Practise describing problems and suggesting solutions	
<b>5D</b> Are you a team player? p64	Non-defining relative clauses for comments				<b>B B C</b> Street Interviews about working in a team	A discussion about working alone vs. in a team	A thank-you message
UNIT 5 REVIEW p66							
<b>6 psychology B B C VLOGS</b>   What things do you never find the time to get done?							
<b>6A</b> Pay attention! p68	Necessity, prohibition and permission	Prefixes	Word stress: prefixess	Read an article about avoiding distraction		Discuss your top three ways to avoid distraction <b>FUTURE SKILLS</b> Self-management	Edit notes to make them more concise
<b>6B</b> Quiet p71	Reported orders, requests and advice	Reporting verbs	Consonant clusters		Listen to a conversation about introverts	Take a quiz about introverts and extroverts	
<b>6C</b> Here's my advice p74	<b>How to ...</b> ask for advice and give advice tactfully	Collocations with <i>get</i> and <i>take</i>	Pitch for sounding tactful		Listen to someone asking for advice	Practise giving advice tactfully	<b>MEDIATION SKILLS</b> add to posts in a thread, building on the advice of other people
<b>6D</b> Would I lie to you? p76		Fillers			<b>B B C</b> Programme <i>Would I Lie to You?</i>	A true or false story	An email giving news
UNIT 6 REVIEW p78							
<b>7 talent B B C VLOGS</b>   Do you have any hidden talents?							
<b>7A</b> An unexpected passion p80	Past modals of deduction	Compound adjectives; chance	Connected speech: past modals of deduction	Read an article about an unexpected source of inspiration <b>FUTURE SKILLS</b> Communication		Speculate about a series of chance events	
<b>7B</b> I wish! p83	<i>wish, if only, should have</i>	Idioms: regrets	Chunking in idioms		Listen to people talking about missed opportunities	Discuss your regrets	Write a personal essay
<b>7C</b> Let me explain p86	<b>How to ...</b> describe a process	Phrasal verbs: explaining	Stress in phrasal verbs		Listen to someone explaining a recipe	Explain your way of doing something <b>FUTURE SKILLS</b> Communication <b>MEDIATION SKILLS</b> make a concept easier for someone else to understand	
<b>7D</b> Hard work or talent? p88	adverbials of concession				<b>B B C</b> Street Interviews about talent and hard work	A discussion about talents	A social media post
UNIT 7 REVIEW p90							
<b>8 community B B C VLOGS</b>   What does 'community' mean to you?							
<b>8A</b> A new way of living p92	Participle clauses	Collocations with <i>go, have</i> and <i>make</i> ; describing homes and living conditions	Pitch in participle clauses	Read an article about co-living		Discuss co-living spaces <b>FUTURE SKILLS</b> Collaboration	Write a job application letter/email
<b>8B</b> If the world ... p95	Conditionals with conjunctions	World issues	Stress in conditional sentences		Listen to a talk about world issues	Discuss hypothetical situations <b>FUTURE SKILLS</b> Creative and critical thinking	
<b>8C</b> Online communities p98	<b>How to ...</b> develop an argument	Prepositional phrases	Sounding persuasive		Listen to part of a debate about online communities	Hold a debate about online communities	<b>MEDIATION SKILLS</b> make a discursive argument on a topic
<b>8D</b> Second shot p100		Phrases with <i>get</i>			<b>B B C</b> Programme <i>Amazing Humans</i>	A presentation on a project	A mission statement
UNIT 8 REVIEW p102							
WRITING BANK p104   GRAMMAR BANK p108   VOCABULARY BANK p136   COMMUNICATION BANK p142   MEDIATION BANK p146   AUDIOSCRIPTS p158   VIDEOSCRIPTS p170   IRREGULAR VERBS TABLE p175							