



UNIT 1

Opener: BBC Vlogs

- 1 I was born in California, but now I live in New York. California's on the west coast of the United States, and New York is on the east coast. So I've lived on both sides of the country.
- 2 I was born in a small city in the west of Ireland. I lived there until I was seventeen. Then I lived in different countries and now I live in Madrid. I really like it there.
- 3 Hi. I was born in a small town in the south-east of England, where I lived with my parents and my brothers. I now live in Glasgow in Scotland and I love it here.
- 4 I was born in south London and now I live in a village just outside Cambridge and I really like it because it's quiet and I have a big garden.
- 5 I was born in Kampala, which is the capital city of Uganda, but now I live in Newcastle, which is a small city in the north-east of England, United Kingdom.
- 6 I was born on the south coast of England and I studied languages at university and decided to move to Italy, and now I live in a small town near Milan in the north of Italy.

1D: BBC Street Interviews Exs 2A and 2C

- Meg: I love ... er, let's see. I love baking ... erm, I really love being in the kitchen, I love music, I love playing ... I play the violin, and the guitar and I love singing, er, and just hanging out, not doing anything sometimes.
- Paul: I really love playing football. I actually play for my football team in school.
- Waheeds: I like visiting museums.
- Drew: I like meeting people, I like talking to people, I like eating food.
- Lisa: Erm, I enjoy shopping, er, I like coffee, erm, being with friends, yeah.
- Gwyneth: I enjoy roller skating, and I also enjoy teaching dance. I roller-skate maybe three times a week. It's a lot of fun.

Exs 3A and 3C

- Meg: I really don't like doing my make-up or my hair, er, or really, I don't like getting out of bed sometimes.
- Paul: Erm, I really don't like getting up super early for university. And what I really like is meeting up with my friends in, in university and learning together.
- Waheeds: I dislike cooking. I like going out.
- Drew: I hate waking up when it's raining. I don't like to get up late, erm, and I hate not finishing all of my work that I need to do that day.
- Lisa: I hate waking up early. I woke up at seven in the morning today and it was not fun.
- Gwyneth: I hate taking the bus – it's boring and it's quite long.

UNIT 2

Opener: BBC Vlogs

- 1 My favourite animal is the meerkat because it's very cute and it seems to have a lot of personality.
- 2 I love dogs. And my favourite dog is my dog. Erm, he's called Skipper, and he's eleven and a half years old and he comes from Shanghai in China.
- 3 My favourite animal is a turtle. I like them because they're never in a rush to get anywhere.
- 4 My favourite animal is a parrot. They're so clever and colourful, and I love the way that you can teach them to say funny or rude things.
- 5 My favourite animal is, er, the panda bear. I like the panda bears because they, they look like they know how to have fun. They enjoy their bamboo leaves, and they sleep a lot.
- 6 My favourite animal is an orangutan because they're super loving and playful and like hanging on trees.
- 7 My favourite animals are horses. They're very sweet natured, very gentle and really enjoy human company.

2D: BBC Entertainment Exs 2A and 2B

SBO = Snack bar owner D = Douglas

- SBO: Ciao, grazie. Buongiorno!
- D: Scusi, parlare inglese?
- SBO: No.
- D: No. OK, OK. Dubla espresso, and a ... one of these.
- SBO: OK. Caldo?
- D: Ah, caldo. Is that cold or hot or ... ? You think it's going to mean cold, but it's actually hot, or it's the other way around, is it?
- SBO: OK. Caldo.
- D: Yeah, er caldo, si. Er, no. No no, not caldo, not caldo, just ... just like that, just cold.
- SBO: Cold. Caldo.
- D: No, freddo, freddo. Yeah, no it doesn't matter, there's no time. Oh, I've got to go.
- SBO: Devi pagarmi questo.
- D: Er, no I can't. Er, no time. Oh no. My wallet's on the ... I ... er, I must go to the train.
- SBO: Momento, momento!
- D: Keep the change, I have to go. No, no, no, no ... this is no good! My bag! My bag is on the train!

UNIT 3

Opener: BBC Vlogs

- 1 I read all the time. I love to read anything that's exciting, like a thriller, and I also like books that make me laugh, so I like comedies.
- 2 I like to read a lot of things. I like to read articles on my phone. I like to read fiction books and stories like ... erm, from all over the world and I like also to read long articles, when I have a bit more time.
- 3 I love reading poetry. It really relaxes me and it makes me feel like I'm travelling.
- 4 I like reading history books and also cookbooks because I like to find new recipes to try out. I also like to read a printed newspaper and also long articles in political magazines.
- 5 What do I like reading? Well, I like to read lots of different things. Erm, I think at the moment I really enjoy reading biographies, reading factual things about real people and historical events.
- 6 My favourite thing to read, erm, would be young adult novels. I also love reading cookery books and travel magazines. Although very often, I don't read them. I just look at the pictures.

3D: BBC Street Interviews Exs 2A and 2C

- Hager: Some subjects I enjoyed, like history, erm, English, erm, I didn't really like science or math or anything like that, but, erm, yeah, I would say generally school was ... was enjoyable.
- Hermione: Erm, I did enjoy school most of the time, yes.
- Edward: I really enjoyed school. I learnt a lot of different things. Er, I particularly enjoyed geography and history.
- Carly: I did, because I like learning and I really like reading.
- Kwame: Yes, I did. The lessons were great, the food was amazing, erm, play time was so much fun and I made so many friends, which was good.
- Abiha: Yes, I loved school. Erm, I loved being with my friends and I loved, erm, seeing all the different, erm, teachers that I loved every day.
- Laura: I did enjoy school, erm, mostly because that's where all my friends were.

Exs 3A and 3C

- Hager: Yeah, erm, in my school we couldn't, er, use our phones, we couldn't eat in class, erm, we couldn't wear, er, certain clothing.
- Hermione: We had to start school at half past eight and I had to wear a uniform every day.

- Edward: I had to wear a blue blazer, er, and it was very strict. We had to be at school at 8.40 in the morning and every time a teacher walked into the classroom, we had to stand up.
- Carly: We did not have to wear school uniform, but we had to wear a sports uniform.
- Kwame: Erm, yeah, we had to be there at nine o'clock, er, had to wear a bow tie, which was good, and a jumper and shirt, erm, always try and look smart and say, 'good morning' and 'hello' and 'good afternoon' to people, which was good as well.
- Abiha: Yeah, so my school started very early at 8.20 a.m. and we had to wear a bright red uniform which, when I look back, I didn't like very much.
- Laura: We had to wear a uniform and we had to eat between one and two o'clock.

- S: OK guys, we got us some fish for dinner.
- N: Yeah, I can't fish, but I can cook. Come on.
- S: You can cook?
- P: Nadiya is going to cook the fish for dinner. First, they prepare the ingredients: the fish, celery, parsley, a pepper ... and okra.
- N: It's quite peaceful.
- B: It's very peaceful.
- N: Let's have a look at this fish.
- B: Oh, wow!
- N: Oh, look at that! That is perfect!
- P: Next, Nadiya mixes salt and lemon with the chopped onion. Then she adds turmeric – a spice.
- N: Do you know what turmeric is?
- B: Er, no.
- N: Have you had a curry before?
- B: No.
- N: What? What? You've never had a curry before!
- B: No.
- N: Have you had a curry? You've had ...
- P: Next, they spread the onion mixture on the fish. Then Nadiya fries the fish in oil. Next, she cooks the vegetables.
- N: Can you smell it?
- S: Yes.
- N: Yeah?
- S: It's OK. I'm just kidding. It does smell good.
- N: Come on!
- S: It smells good.
- P: Then they add some tomatoes to the vegetables. And finally, the okra. Next, Nadiya adds the fish on top and covers it to cook for ten minutes.
- N: Say bye bye, catfish.
- L: Bye bye, catfish.
- B: Oh good ... I can't wait.
- P: Then, Nadiya makes some okra fries to eat with the catfish.
- E: Ohh ...
- L: That looks good.
- N: Does that look good?
- B: It's so pretty.
- P: And finally, the family tastes Nadiya's cooking.
- S: Well?
- L: That's good.
- S: It's good?
- P: For Nadiya, cooking is a way of saying 'thank you' to the family.
- S: She really did a great job with the catfish.
- B: Great job.
- L: You did an amazing job. I'm better than both of y'all. You said great, you said great, I said amazing.
- N: Thank you.

UNIT 4

Opener: BBC Vlogs

- 1 The last time I tried something new, erm, I went to the driving range recently and I had a golf lesson. Erm, I wasn't very good at it, but it was great to learn something new.
- 2 I tried Georgian food for the first time last month. It was very delicious, very cheesy and I really recommend it.
- 3 I recently took a salsa class. I really enjoyed it. I loved the music and the technique.
- 4 Last winter, I tried snowboarding for the first time. Erm, I had a lesson and then I went out on the snow and it was actually really difficult and I didn't enjoy it very much.
- 5 One of the new things that I have learnt is surfing. It is a very exciting sport and I like it a lot because we, er, get to be in the ocean and, er, outside in nature.
- 6 Today I tried skiing for the first time. I fell about fifty times.

4D: BBC Documentary

Exs 2B and 2D

**P = Presenter N = Nadiya S = Stafford B = Belinda
L = Lola E = Everyone**

- P: This week, Nadiya is travelling to the bayous of Louisiana.
- N: You can see already there's open space, it's greener and there are boats everywhere.
- P: She meets with a local family to find out about their way of life – especially their food.
- N: Stafford, hi!
- S: Hey, be careful it's slippery. Hey, how are you?
- N: Hello.
- B: Hi!
- P: Stafford, Belinda, and their granddaughter Lola are taking Nadiya on a fishing trip.
- N: I'm so excited. Is this a bayou? 'Cos I ... I ...
- S: This is a river.
- N: A river?
- S: We're going to take you to the bayous ...
- P: They travel down the river to the bayous. The family get a lot of their food here.
- N: This is your supermarket.
- B: Yes!
- N: What's your favourite thing to eat?
- L: So, my favourite thing to eat is frogs, because ...
- N: Frogs? I've never had frogs before.
- L: They're really chewy.
- P: They catch a lot of fish, but Stafford puts back the fish that he doesn't need.
- S: Along you go ...
- N: Oh, he's gone. You know you take what you need and you ...
- S: ... put back what you don't.
- N: ... put back what you don't.
- S: Why take something you don't need? Right?
- N: Yeah.

UNIT 5

Opener: BBC Vlogs

- 1 I collect old video games. I started about twenty years ago and now I've got quite a big collection.
- 2 I like to collect snail shells because they look very beautiful and each one is different.
- 3 I collect musical instruments. Erm, here's my favourite guitar. Here is my ukulele. I have another ukulele on the wall behind me and this is my keyboard, which came from Japan.
- 4 I collect trainers. I really love them. I have about fifty pairs and I wear them all the time. I keep my trainers in this cupboard.
- 5 I collect *alebrijes*. *Alebrijes* are little wooden figures. They're from Mexico and they're very colourful. Here's one from my collection.
- 6 I don't know why, but I always collect travel tickets. So I have a collection of old plane tickets, train tickets, boat tickets ... You name it, I have them.

5D: BBC Street Interviews

Exs 2A and 2B

- Hannah: I have lent my car to my parents and I have lent people money. I have lent people clothes.
- Loona: I lend my motorbike to my wife. She loves motorbikes and so do I. And every Tuesday she borrows my motorbike to go to work.
- Charlie: I lend other people money. Er, I lend other people clothes. Er, I lend other people some of my favourite books.
- SJ: I lend people books and sometimes clothing.
- Eloise: Clothes and books ... Toys for children. Those sorts of things.
- Sam: Er, when friends or family come and visit us, we typically lend, er, clothing such as jackets, or scarves, or, er, even things like umbrellas, for when they're walking about outside.
- Jake: I don't really lend people things because I never really seem to get them back.

Exs 3A and 3C

- Hannah: I have lent my sister my clothes and not got them back.
- Loona: Yes, I have lent some books to a friend and he didn't return them, so, because he's a close friend, I could phone him up and say, 'Hey, where are my books?'
- Charlie: I can't remember a time when I've lent something to a friend and not got something back, which is quite nice.
- SJ: I lent my friend a book and I never got it back, which was a bit frustrating.
- Eloise: Probably, but I can't remember.
- Sam: Er, I've lent my brother my ... my jacket, and he is forgetful, so I do not think I will ever get it back.
- Jake: Well, once I lent my bike to my brother and it came back without a seat, so I wasn't very happy with that.

UNIT 6

Opener: BBC Vlogs

- Well, my favourite sport is golf, and I like watching it. Especially when one of my favourite players has a chance to win. That's always exciting. But when the weather is nice and I have free time, I prefer playing golf rather than sitting indoors and just watching.
- Erm, I'm a very active person and I love being outside, so I like to run around, especially if it's sport involving other people. Erm, I play rugby and I love the teammates that I have.
- I like both, but it does depend on the sport. I love watching rugby internationals, but I don't really have the strength to play. I do love playing tennis, though and I really love watching it. It's such an exciting game.
- I like watching sport. I don't really like playing sport. I like watching football, erm, I don't like playing football anymore, erm, mainly because I'm not very good.
- I much prefer playing sports. It's much more exciting, actually playing and being a part of the game. I do find watching sports generally to be just a bit boring, to be honest.
- I don't enjoy watching sport, and I don't enjoy playing sport.

6D: BBC Documentary

Exs 2A and 2D

**Na = Narrator A = Announcer D = Doctor B = Billy
M = Man Ne = BBC newscaster P = Presenter C = Crowd
S = Sister F = Father**

- Na: Billy Monger started racing when he was six years old. His first big win came when he was ten and he became British champion.
- A: Across the line, to take a second win of the season, the man who won the opening race, Billy Monger takes the chequered flag!
- Na: As a teenager, he won a number of other races. Then at seventeen, Billy had an accident and lost both of his legs. This is his story.

At home with his sister and parents, Billy is learning to use a wheelchair. Today, Billy's father is taking him to get artificial legs.

- D: Stand yourself up.
- B: Yeah.
- D: OK? Right. Just gently ease your weight down on to that for me ... OK, you've got to click.
- Na: It isn't going to be easy for Billy to learn to walk again.
- B: Baby, baby steps.
- M: I'd like to introduce you to Billy Monger, on his new legs. My hero!
- Na: After several months, Billy has learnt to walk confidently. And he's ready to return to racing.
- Ne: And the teenage racing driver who lost both legs in a crash says he's lost for words after well-wishers raised hundreds of thousands of pounds for him.
- P: His team has already helped raise more than £800,000 towards his recovery.
- C: Billy, Billy, Billy!
- Na: Billy's team has used the money to develop a special car that he can drive using his hands.
- B: Yeah, the steering doesn't feel too bad where it is there.
- Na: Billy's first race in the new car is in two months' time. But before that, he needs to get stronger.
- Finally, nine months after the crash, Billy is ready to try driving again. The team is surprised to see how fast Billy can go.
- Less than one year after the crash, Billy is back racing again.
- A: So, to kick off the BRDC British F3 Championship season, on board with Billy Monger, he will start from fifth on the grid as they look towards the lights which go red ... lights out, it's blast off and a good start is made by ...
- Na: The race is stressful for Billy's family.
- S: Come on, Bill!
- A: ... he's doing his best to try and edge away from the opposition as Billy Monger in his return to racing comes over the curb, out of Brittens. He's the real feel-good story of the season thus far, Billy Monger. Tremendous to see him back on track as ahead of the other challenge ... he's made a successful one – no, for third place.
- F: Come on, Bill. Go on son! Go on son!
- S: Come on, Billy!
- F: Go on! Come on!
- A: And what a return to racing for Billy Monger.
- Na: And in the end, Billy comes third ... an amazing result for a truly amazing young man.

UNIT 7

Opener: BBC Vlogs

- Last weekend, I went to Amsterdam with a friend. We went clubbing, we danced for hours, and I absolutely loved it. Er, on the Sunday, we went to a noodle restaurant for lunch and saw some famous paintings in a museum.
- Last weekend, I went to a really nice street-food market and I tried lots of different types of food.
- Er, last weekend, I went on a date with my wife. Saturday. We left our baby with, er, erm, my in-laws and we went out for a massage, then we went for the, for the movies. And then, finally, we went out to dinner. It was a fun day.
- Last weekend, my family and I decided to go on a long walk with our dog, because it was really beautiful weather. We had a picnic in the open air. What a wonderful day.
- Last weekend, I stayed at home and did almost nothing. I wanted to sleep and relax and it was really beautiful.
- Last weekend, I went to the beach with my friend and we went swimming and had a long lunch. It was a great day.

7D: BBC Street Interviews

Exs 2A and 2C

- Lauren: I love taking photos, erm, because it reminds me of the places I've been and experiences that I've had.
- Gerry: No, I don't like taking photos because I hate seeing my face on camera.

- Linda: I like taking photos because they help me remember my holidays.
- Maelys: Yes, why not? Yeah.
- Sean: I do. I love taking pictures. The camera on my phone is really good.
- Asia: I do like to take photos, and I like to take photos because I like to be able to capture a moment that I've had and places where I've been.

Exs 3A and 3C

- Lauren: Erm, I took a photo in New York, in the middle of Times Square.
- Gerry: I took a photo of me in front of a big, giant cuddly bear. I was in the middle of Trafalgar Square and it was a lot of fun.
- Linda: I took a photograph of a duck in a beautiful garden and she's obviously looking for somewhere to build her nest.
- Maelys: In Miami? It was in Miami, erm, and the view was amazing, like, er, so we could ... I could see, like, all the buildings in front of the sea. So, it was very beautiful, maybe that's my favourite picture.
- Sean: The best photo I've ever taken was at a wedding, with the bride and groom in the middle of the photo and then, er, their friends and family around them, in a beautiful garden that was behind them, with lights.
- Asia: Yeah, I just took a picture of a building in the distance, erm, with trees in the background and flowers right in the middle of the frame. It's really pretty.

UNIT 8

Opener: BBC Vlogs

- 1 So, I use my phone for absolutely everything. I listen to music on it. I message my friends. I use it for work. I check my emails. I check social media and it's where I get my information from.
- 2 I use my phone for a lot of things. I think I spend too much time on my phone. I make calls. I also text my friends and I do spend quite a lot of time on social media.
- 3 I don't use it a lot for phone calls, but I like to take pictures and send messages to my friends.
- 4 I use my phone mostly to make, er, phone calls – my, er, father for example, and my mother, sometimes my brothers. And, er, sometimes I use my phone to order pizza.
- 5 I use my phone for research, phone calls, social media and music.
- 6 I use it to work, reading emails, writing emails ... check my social networks, er, read news, take pictures, listen to music, erm, and I use it as an agenda as well, and as an alarm clock. It's really very useful.
- 7 I use my phone for a lot of things, but mainly checking my social media accounts and online banking.

8D: BBC Documentary Exs 2B and 2D

P = Presenter D = Dara G = Gert

- P: The way we grow, buy and eat our food is changing. New technology means new ways of farming, shopping and eating in restaurants. This is *Tomorrow's Food*.
- This is the largest greenhouse farm in the UK. Here there are no problems with the weather. It's never too cold or too windy. Everything is controlled. These hi-tech greenhouses produce 430 million tomatoes every year.
- Dara is here to meet head tomato grower, Gert van Straalen, to find out more about this amazing place.
- D: How many tomato plants do you have in here?
- G: Well, in total we have about 1.5 million plants here.
- D: Wow! There's no soil.
- G: No. We grow in rock wool.
- P: The plants grow in a thick wool material made from rock called rock wool.
- D: What's the problem with soil?
- G: Growing in soil gives us less control, and this is all about control. The more control we have, the better the crops we can grow.
- P: Computers control water, food, light and temperature. At night, computers turn the temperature down. It's a clever way to make the plants produce more tomatoes.
- G: By quickly dropping the temperature at the end of the day, that tricks the plant to thinking it's going to die so it will get forced into fruit production.
- P: Greenhouses like this are changing the way we farm. They can produce four to five times more food than traditional farms. But you can't use technology for everything. Sometimes nature has a better way to solve problems.
- Take insects, for example. They're a big problem on farms. And one insect can have a **lot** of babies. The answer is simple. Bring in another insect to kill all the bad insects.
- But the most important guest in the greenhouse is the bumble bee. The bumble bee has an important task. It carries pollen from one plant to another. No bumble bees, not so many tomatoes.
- On the same farm, scientists are also working on new plants. Ones that will help farmers grow more food in a smaller space.
- D: Before we go, I want to introduce you to an incredible new plant, a plant so amazing it has its own greenhouse. Not that one, this one. This is its greenhouse. It's called the tom-tato, and the reason it's called that is because, well, this is one plant where above ground you can grow tomatoes off it, just like normal, but underground, off the same plant, potatoes are grown.
- P: This isn't difficult to do, because tomatoes and potatoes are in the same plant family. And it's useful because you can grow more food in less space.
- D: Truly we live in an age of wonders.