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VOCAB TRAINER

Araminta Crace
with Richard Acklam



ALWAYS LEARNING

PEARSON

UNIT		Can do	Grammar
Do you know...? p. 8			
1 24 hours p. 9-10	1.1 Are you a culture vulture?	Discuss likes and dislikes	Likes and dislikes
	1.2 Monday to Friday	Talk about how often you do things	Present Simple; adverbs of frequency
	1.3 At the same time	Talk about what you're doing now and around now	Present Continuous: now and around now
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2 Music p. 19-28	2.1 Music for 007	Describe personal events in the past	Past Simple
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3 Taste p. 29-38	3.1 Jamie's kitchen	Tell a friend about your future plans	<i>be going to</i> : future plans
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Vocabulary	Speaking and Pronunciation	Listening and Reading
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Time phrases		L Online chatting
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Reference p 27, Review and Practice p 28		
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Reference p 57, Review and Practice p 58		
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Describing a place	Diphthongs	R Garden of freedom – my favourite place
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UNIT		Can do	Grammar
7 Body p 69–78	7.1 Changing bodies	Talk about possible events and situations in the future	First Conditional
	7.2 Hands up	Describe someone's personality	Gerunds and infinitives
	7.3 Doctor, doctor	Discuss illnesses and give advice	<i>stop, try, remember</i> : gerunds and infinitives
	Communication p 76 Writing bank p 141	Discuss how you feel Write an apology with an explanation How to... use punctuation	
8 Speed p 79–88	8.1 Fast world	Discuss the use of technology	Present Simple Passive
	8.2 Married in a month	Talk about special occasions	Prepositions of time
	8.3 Fast men	Describe past actions	Past Continuous and Past Simple
	Communication p 86 Writing bank p 142	Talk for an extended period on a familiar topic How to... organise a presentation Write a short story describing a sequence of events How to... use time linkers	
9 Work p 89–98	9.1 The best job	Talk about your abilities	<i>can, could, be able to</i> : ability
	9.2 Interview horrors	Respond to simple job interview questions	Adverbs of manner
	9.3 Career criminals	Tell a story from the news	Past Simple Passive
	Communication p 96 Writing bank p 143	Take part in a simple negotiation How to... negotiate with other people Write a professional profile How to... use positive language in professional writing	
10 Travel p 99–108	10.1 Travel companions	Describe a holiday	Present Perfect Simple: <i>just, yet, already</i>
	10.2 Customs worldwide	Make generalisations about customs	Verbs with two objects
	10.3 Travel movies	Recommend a film	Past Perfect Simple
	Communication p 106 Writing bank p 144	Talk about a journey How to... tell a story in an engaging way Write about recent travel experiences How to... avoid repetition	
11 Influence p 109–114	11.1 Childhood influences	Talk about people who influenced you	<i>would</i> : past habits
	11.2 The power of advertising	Discuss adverts and their influence	Articles
	11.3 Positive thinking	Talk about decisions and plans for the future	<i>will and be going to</i> : decisions and plans
	Communication p 116 Writing bank p 145	Justify your opinions about people Write about your opinions of a film How to... join ideas and sentences (2)	
12 Money p 119–128	12.1 Honesty is the best policy	Discuss imaginary or unlikely situations	Second Conditional
	12.2 The price of success	Report what someone said to you	Reported speech
	12.3 The \$1 million baseball	Describe similarities and differences	<i>both, either, neither</i>
	Communication p 126 Writing bank p 146	Ask survey questions and report the results Write a formal email/letter How to... structure a formal email/letter	
Communication activities p 129–134		Writing bank p 135–146	Pronunciation bank p 147–148

Vocabulary	Speaking and Pronunciation	Listening and Reading
Appearance	Intonation in conditional sentences	R Cover girl
Personality	Schwa /ə/ on unstressed syllables	L Hands and personality R Your skills are in your hands
Illness	How to... give and respond to advice	L and R Different remedies
Reference p 77, Review and Practice p 78		
		L The pace of life R Take your time!
Phrasal verbs: relationships	Phrasal verbs: stress	L Arranged marriage in India
Measurements	<i>was/were</i>	R Lightning Bolt!
Reference p 87, Review and Practice p 88		
		R Ben gets dream job
Work	Changing word stress	L Worst job interviews
Crime		R Car cleaner sent to prison
Reference p 97, Review and Practice p 98		
	Showing interest	R My backpacking holiday in Brazil
Greetings and gifts	How to... make generalisations	R Advice for UK business travellers
-ed and -ing adjectives	Using fillers: <i>anyway</i>	L <i>The Motorcycle Diaries</i>
Reference p 107, Review and Practice p 108		
Phrasal verbs		R Raised by animals
The media	Using fillers: <i>well, so</i> and <i>erm</i> How to... use persuasive language	L Advertising on television
Verb + preposition (1)		R <i>Yes Man</i>
Reference p 117, Review and Practice p 118		
Money		R How much do you want to pay?
Money in education	How to... report back on discussions	L Money in education
Verb + preposition (2)	Emphasising details	R Making baseball history
Reference p 127, Review and Practice p 128		
Irregular verb table p 149		
Audioscripts p 150-160		

Do you know...?

1 Do you know grammar terms? Complete the table with the words in **bold** from sentences 1–10.

a) pronoun	<i>They</i> (sentence 2)
b) countable noun	
c) comparative adjective	
d) possessive pronoun	
e) modal verb	
f) auxiliary verb	
g) contraction	
h) uncountable noun	
i) article	
j) Present Perfect	

- She is **a** doctor.
- They** are very generous.
- This book is **yours**.
- Does** she eat meat?
- You **can** smoke outside.
- Keith **has written** four novels.
- How much **water** do you drink every day?
- Could you give this **pen** to him?
- This watch is **cheaper than** the last one.
- He's** quite late.

2 a Do you know parts of speech? Complete the table with the words from the box.

at beautiful carefully cinema down
factory give up green happy listen
look after quickly sister **write**

1 noun	
2 verb	<i>write</i>
3 phrasal verb	
4 adjective	
5 adverb	
6 preposition	

b Complete the sentences with words from the box above.

- My _____ is nearly three years older than me.
- We stayed in a really _____ hotel.
- Please don't look _____ me like that!
- Please _____ to me very carefully.
- I ran as _____ as I could.
- I've decided to _____ chocolate in the New Year.

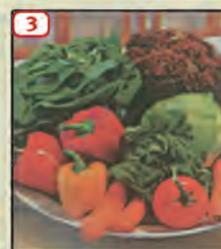
3 Do you know pronunciation terms? Look at the words in the box and answer the questions about each word.

chocolate cinema sister factory

- How many syllables are there?
- Where is the main stress?

4 Match the topic words with the pictures. What other vocabulary do you know related to these topics? Make a list.

food work ~~travel~~ money music home



5 Do you know classroom language? Match the questions (1–8) with the replies (a–h).

- | | |
|--|---------------------------------------|
| 1 What does 'charity' mean? | <input checked="" type="checkbox"/> f |
| 2 How do you spell 'exercise'? | <input type="checkbox"/> |
| 3 Can you say that again, please? | <input type="checkbox"/> |
| 4 What page is that on? | <input type="checkbox"/> |
| 5 Could you speak up a bit, please? | <input type="checkbox"/> |
| 6 What's the answer to number 5? | <input type="checkbox"/> |
| 7 What's our homework? | <input type="checkbox"/> |
| 8 How do you pronounce the eighth and eleventh words in line 5 of the text on page 10? | <input type="checkbox"/> |
- a Page 18, at the end of Unit 1.
b Do exercises 3, 4 and 5 on page 64.
c I don't know. We should ask Mario. He's good at grammar.
d /'kwaɪət/ and /kwaɪt/
e E-X-E-R-C-I-S-E
f It's an organisation that helps people.
g Of course. It is quite noisy in here.
h Sure, no problem. All of it or just the last part?



24 hours

1



Lead-in

1 Work in pairs and discuss the questions.

- 1 What is your favourite time of day/day of the week? Why?
- 2 Which time of day/day of the week do you dislike the most? Why?

2 Make verb phrases with the words from A and B. Which phrases can you see in the photos? Which phrases are not in the photos?

meet some friends

A

chat check do (x2) get up go (x4) have (x4) listen make
meet read stay take watch

B

to bed late breakfast/lunch/dinner a bus/train early your emails
in for the evening some exercise a family meal ~~some friends~~ a lie-in
a magazine/newspaper a nap nothing on the phone to the radio
shopping for a swim a take-away TV/a DVD for a walk

3 a Look at the verb phrases from exercise 2 again.

Write **D** next to the things you do every day.

Write **W** next to the things you only do at the weekend.

Write **S** next to the things you sometimes do.

Write **N** next to the things you never do.

b In pairs, compare your answers. Do you do the same things?

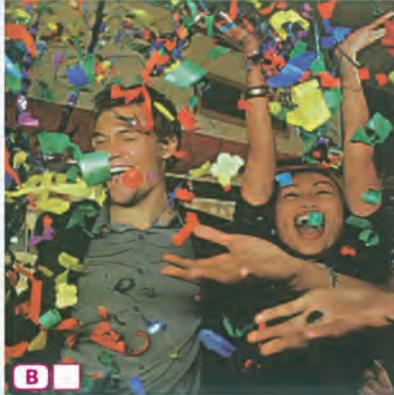
Are you a culture vulture?

likes and dislikes

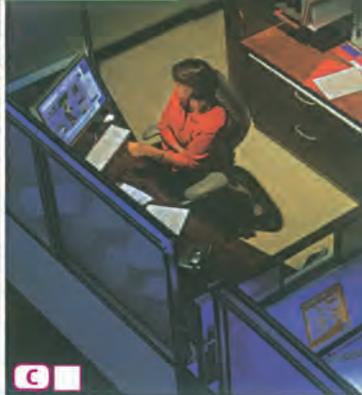
Can you discuss likes and dislikes



A



B



C



D

Reading

1 a Match the photos (A–D) with the descriptions (1–4).

- 1 You are a 'party animal'. You like going out late and dancing. You like spending your free time with friends.
- 2 You are a 'workaholic'. You spend most of your time working and you aren't interested in other things. You don't go out much.
- 3 You are a 'couch potato'. You like staying in and eating junk food. You spend a lot of time watching television.
- 4 You are a 'culture vulture'. You like reading and learning new things. You spend your free time at museums and art galleries.

b Read the text. Is each person a 'party animal', a 'workaholic', a 'couch potato' or a 'culture vulture'?

2 Complete the sentences with *Marek*, *Lola* or *Henry*.
Henry doesn't like getting up early at the weekend.

- 1 _____ likes having a lot to eat for breakfast.
- 2 _____ doesn't usually have breakfast at home on Saturdays.
- 3 _____ likes checking his emails during breakfast.
- 4 _____ likes art and music.
- 5 _____ likes relaxing in the park.
- 6 _____ spends a lot of time at work.
- 7 _____ likes going for a walk on Sundays.
- 8 _____ likes watching TV on Sundays.

3 Choose someone in your family or one of your friends. Is his/her typical weekend like Marek, Lola or Henry's? Why/Why not?

What do you like doing at the weekend?



I like getting up early on Saturdays – usually at about 7:00 a.m. I have coffee and toast for breakfast and, at the same time, I turn my computer on. I like checking my emails regularly because I get so many of them. I have a very busy job, so I sometimes go to work on Saturdays. The office is quiet and I quite like working on my own. On Sundays, I like going ice skating and I sometimes go bowling with some friends in the new place not far from the centre of Krakow. But I do some work in the afternoons, too.

My job is really interesting, so I don't mind working a lot. My girlfriend says I work all the time – but I prefer working to doing nothing!

Marek Kowalczyk, Krakow, Poland



I can't stand doing nothing, so I get up early on Saturdays. I really like having breakfast in a café, so I take a bus into town at about 9:00 a.m. I'm quite keen on art, so after breakfast I often go to an exhibition with some friends. I do different things on Saturday evenings. I don't like staying out late or going clubbing, but I love going to a concert or to the theatre. Actually, my favourite evening is going to a musical with friends. On Sundays, I go for a walk. Sometimes, I go on a guided walk around a different part of my city. I like learning about the history of Barcelona – it's a

really interesting city.

Lola Gutierrez, Barcelona, Spain

I don't like getting up early at the weekends, so I usually have a lie-in – sometimes until about 10:30 a.m.! I absolutely love having a big breakfast on Saturdays. I don't have many hobbies and I really hate the gym or doing exercise, but I sometimes go to a park in the afternoon. There are some nice parks in Manchester and I like meeting friends and just lying on the grass and doing nothing.

I'm not very keen on going out on Saturday evenings. Sometimes I go to the cinema – but mostly I stay in, watch a DVD at home and have a take-away pizza. Sundays are similar to Saturdays for me – I like relaxing, getting up late and watching TV a lot.

Henry Rogers, Manchester, UK



Vocabulary | going out

- 4** Make verb phrases with the words from A and B. Look at the text from exercise 1b to help you.

go ice skating

A

go go on go to

B

bowling the cinema clubbing a concert
an exhibition a guided walk/tour ice-skating
a musical the theatre

- 5** Which activities from exercise 4 do you do in a typical weekend?

Grammar | likes and dislikes

- 6** Complete the Active grammar box. Check your answers with the text from exercise 1b.

Active grammar

☺☺☺ *I absolutely love having a big breakfast on Saturdays.*

- 1 ☺☺ *I _____ having breakfast in a café.*

☺ *I quite like working on my own.*

- 2 ☺ *I _____ art.*

- 3 ☺ *I _____ working a lot.*

- 4 ☹ *I _____ going out on Saturday evenings.*

☹ *I don't like getting up early at the weekends.*

- 5 ☹☹ *I _____ the gym.*

☹☹ *I can't stand doing nothing.*

After all the verb phrases, we use a verb in the *-ing* form or a noun.

see Reference page 17

- 7** Write complete sentences using the prompts. Don't forget to change the verb if necessary.

☺ bowling *I'm quite keen on bowling.*

- 1 ☺ musicals

- 2 ☹☹ my job

- 3 ☺☺ guided tours

- 4 ☹ go ice skating

- 5 ☺ do nothing

- 6 ☺ coffee

- 7 ☹☹ chat on the phone in English

- 8 ☺☺☺ go clubbing

Pronunciation | sentence stress

- 8** a 1.2 When we speak, we stress particular types of words. Listen to two sentences and underline six words in each sentence which are stressed.

1 I really like watching television and I absolutely love going to the cinema.

2 He quite likes going for a walk, but he really hates going to the gym.

b Tick (✓) the types of words which are stressed in exercise 8a.

a content words, e.g. nouns and main verbs

b non-content words, e.g. prepositions and pronouns

- 9** Make the sentences from exercise 7 true for you. Work in pairs and tell each other your sentences. Use appropriate sentence stress.

see Pronunciation bank page 148

Speaking

- 10** Work in pairs and follow the instructions.

Student A: ask your partner the questions below. Make a note of his/her answers. Then answer your partner's questions.

Student B: answer your partner's questions. Then ask your partner the questions on page 129. Make a note of his/her answers.

A: *What are your main hobbies and interests?*

B: *I absolutely love playing the guitar. I'm in a band and we practise every Tuesday.*

How do you like spending your free time?

- 1 What are your main hobbies/interests?
- 2 Do you like musicals? Why/Why not?
- 3 What three things do you like doing on your birthday? Why?
- 4 What three kinds of sport or exercise do you like? Why?
- 5 What three things do you like doing with your family? Why?
- 6 Do you like going to art exhibitions? Why/Why not?
- 7 What three things don't you like doing? Why?

- 11** Which description from exercise 1a best describes your partner? Do you agree with your partner's description of you? Why/Why not?

Monday to Friday

Present Simple; adverbs of frequency
can do talk about how often you do things

Listening

- 1 a** Look at the photos of Valentino Rossi. What job do you think he does?
- b** 1.3 Listen to the first part of a dialogue. Check your answer to exercise 1a and complete the fact file.

- 2 a** What do you think Rossi does ...
- on a race day?
 - on a normal day (when he doesn't go to a race)?

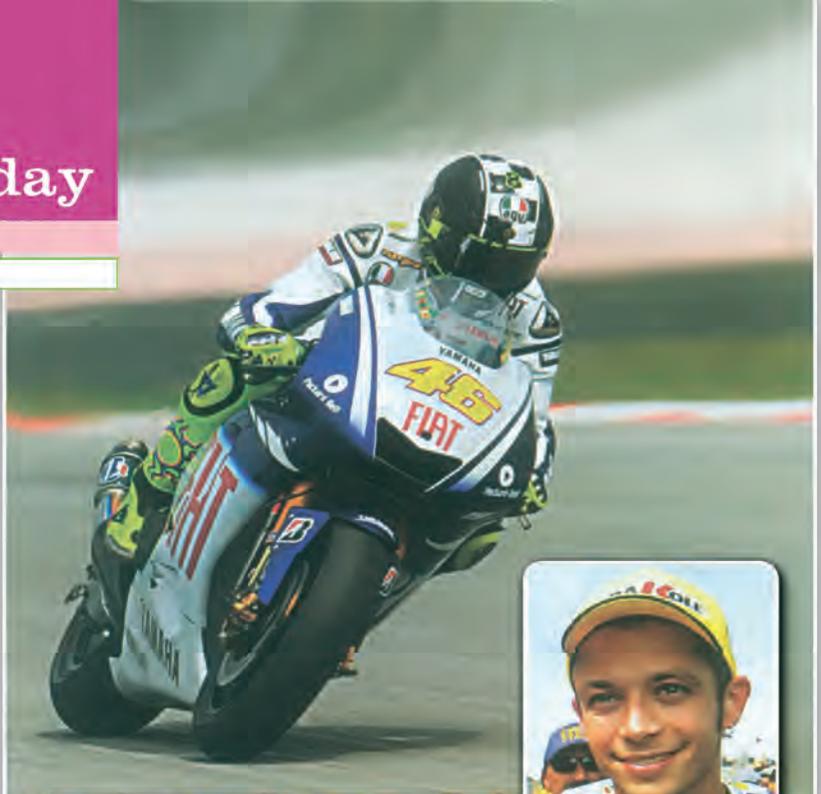
Use the ideas from the box to help you.

go out in the evening
go to bed early/late
go to the gym
get up early/late
talk to his family/friends

- b** 1.4 Listen to the second part of the dialogue and check your ideas.

- 3** Listen to the second part of the dialogue again and answer the questions.
- What time does Rossi get up on race days?
 - What time does Rossi get up on normal days?
 - Does he chat to his family in the morning?
 - What time does he go to the gym?
 - What three things does he do in the afternoon when he doesn't go to a race?
 - What does he do in the evening?
 - What time does he usually go to bed?
 - Does he go to bed early before a race day?

- 4** Work in pairs and discuss the questions.
- Rossi says that his normal life is like being on holiday. Do you agree?
 - Would you like to have his lifestyle? Why/Why not?



Fact file

Name:	Valentino Rossi
Date of birth:	16 February 1979
Nationality:	
Job:	
Number of world championships:	

Vocabulary | describing your day and lifestyle

- 5** Complete the sentences about Rossi with the adjectives from the box. Use the notes in brackets to help you.

boring busy exciting fun lazy relaxing stressful unusual

- Rossi's life is very **exciting**! (It makes him happy and interested.)
- My life is really _____! (It is not interesting.)
 - His race days are very _____. (There are a lot of things to do.)
 - His race days are _____. (They make him worry a lot.)
 - 'Normal' days for Rossi are _____. (They make him calm and happy.)
 - He has quite a _____ lifestyle. (There is a lot of time to do nothing.)
 - His evenings are _____. (There are a lot of enjoyable things to do.)
 - For a sportsman, his routine is _____. (It isn't what most sportspeople do.)

- 6** Work in pairs and discuss the questions. Give details.
- Do you think you have a stressful lifestyle?
 - Do you know anyone with an unusual daily routine?
 - Do you prefer lazy or very busy weekends?
 - What do you do for a relaxing evening?
 - What exciting things do you like doing?

Grammar | Present Simple; adverbs of frequency

- 7 a** Look at part A of the Active grammar box.
- Complete the rule with *habits* (things you often do) or *events* (things you do just once).
 - Complete the table with *do*, *does*, *don't* or *doesn't*. Check your answers with audioscript 1.4 on page 150.
- b** Look at part B of the Active grammar box and choose the correct words in *italics*.

Active grammar

A We use the Present Simple to talk about _____.

+ *He goes to bed at two or three in the morning.*

- *I _____ chat to anyone in the mornings.*

? *What time _____ he get up?*

How often _____ you go to the gym?

B We use adverbs of frequency to say how often we do something.

always, usually, often, sometimes, not often, hardly ever, never
100% → 0%

- With regular verbs (positive and negative), adverbs of frequency generally come *before/after* the main verb.
I never get up late. I don't usually have breakfast.
- With the verb *to be*, the adverb of frequency generally comes *before/after* the verb. *He's always quiet in the mornings.*
- Longer adverb phrases generally come at the *beginning/end* of the sentence. *I go to the gym about once a week.*

see Reference page 17

- 8** Find the mistakes in each question and each answer and correct them.

- A: Does you get up early? *Do you get up early?*
B: Yes, I do. I get up always early because I start work at 8:30.
- A: Do your brother go to the gym?
B: Yes, he do. He usually goes to the gym three times a week.
- A: You go clubbing at the weekends?
B: No, I not. I hardly ever go clubbing.
- A: Your sister does go out after work?
B: No, she doesn't. But she phones sometimes her friends.

Pronunciation | do/does

- 9** 1.5 We can say *do/does* in different ways. Listen and repeat.

- A: Do you get up early? B: Yes, I do.
/də/ weak pronunciation /du:/ strong pronunciation
- A: Does your brother go to the gym? B: Yes, he does.
/dəz/ weak pronunciation /dɪz/ strong pronunciation

see Pronunciation bank page 148

Speaking

- 10 a** 1.6 Listen to two people talking about their habits. Which topics from the box do they mention?

breakfast/lunch/dinner
exercise/sport getting up
going out going to bed
school/work watching TV

- b** Listen again and look at the How to... box. Number the phrases in the order you hear them.

How to... respond to information

Respond with surprise *Do you?!*
Six o'clock!
Are you serious?!

Respond saying you are the same *Really? Me too!*
Yes, that's the same as me!

Respond saying you are different *Really? I don't.*

- 11 a** Prepare to ask another student about his/her habits and how often he/she does things. Write five questions. Use the ideas from exercise 10.

b In pairs, ask and answer your questions. Use the phrases from the How to... box when you respond.

A: *What time do you usually go to bed?*

B: *I often go to bed at 10:00 p.m.*

A: *Really? I don't. That's very early! I never go to bed before midnight.*



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