

C1 Wordlist Unit 4

Here is a list of useful or new words from Unit 4 of Navigate C1 Coursebook. You can insert your own translation. Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

adopt a child O <i>phr</i> /ə,dɒpt ə 'tʃaɪld/	_____	You can't apply to adopt a child until you're eighteen.
adrenaline junkie <i>phr</i> /ə'drenəlɪn 'dʒʌŋki/	_____	'Adrenaline junkies' take part in high-risk sports while on holiday.
affordable <i>adj</i> /ə'fɔ:dəbl/	_____	Revolutionary manufacturing practices have made cars more affordable.
alarmingly <i>adv</i> /ə'laɪmɪŋli/	_____	Alarmingly, nearly a sixth of people who take part in high-risk sports don't have insurance.
answer (to) <i>v</i> /'ɑ:nsə(r) tə/	_____	You'll answer to Melanie and you need to keep her informed about what's going on.
be to blame for <i>phr</i> /bi tə 'bleɪm fɔ:(r)/	_____	I bet I know who's to blame for it – Michael.
bland <i>adj</i> /blænd/	_____	This soup is really bland. It needs some salt and pepper.
blood donor <i>n</i> /'blʌd ,dɒnə(r)/	_____	At seventeen, you can become a blood donor in England.
carefree <i>adj</i> /'keəfri:/	_____	People over sixty are more carefree than we might imagine.
carer <i>n</i> /'keərə(r)/	_____	I think being a good carer is about being a good listener.
caring profession O <i>phr</i> /'keərɪŋ prə'feʃn/	_____	What qualities do you need to work in a caring profession?
charged (with) <i>adj</i> /'tʃɑ:dʒd wɪð/	_____	You can be charged with a criminal act from the age of ten in England.
compromise <i>n</i> /'kɒmprəmaɪz/	_____	Do we have any room for compromise here?
consent <i>n</i> /kən'sent/	_____	At sixteen, you can get married in England with your parents' consent.
considered O <i>adj</i> /kən'sɪdəd/	_____	At fourteen, wearing a seat belt is considered your own personal responsibility.
count (on somebody) O <i>v</i> /'kaʊnt ɒn ,sʌmbədi/	_____	We know we can count on you to get the job done.
day care <i>n</i> /'deɪ keə(r)/	_____	My daughter goes to a day care centre while I'm at work.
discretion <i>n</i> /drɪ'skreʃn/	_____	You need total discretion in my job – people often talk about private, personal issues.
downsize <i>v</i> /'daʊnsaɪz/	_____	The HR department has been downsized in the last year.
drawback <i>n</i> /'drɔ:bæk/	_____	The main drawback to the job is the unsociable hours.
ethical <i>adj</i> /'eθɪkl/	_____	In an ideal world, journalistic practices should be responsible and ethical.
exaggerate O <i>v</i> /ɪg'zædʒəreɪt/	_____	I think he was exaggerating when he said his boss was like a dictator!
express concern <i>phr</i> /ɪk'spres kən'sɜ:n/	_____	The doctor expressed concern about one of her patients.
found O <i>v</i> /faʊnd/	_____	The World Responsible Tourism Awards were founded in 2004.
frivolous <i>adj</i> /'frɪvələs/	_____	You shouldn't make any frivolous decisions – you may regret them later.
go under <i>phr v</i> /gəʊ 'ʌndə(r)/	_____	If we don't do something, the whole company will go under.
handle with care <i>phr</i> /'hændl wɪð ,keə(r)/	_____	You need to handle this situation with a lot of care.
health care <i>n</i> /'helθkeə(r)/	_____	The people who live in the retirement flats don't tend to have any major health care issues.
held responsible (for) <i>adj</i> /,held rɪ'spɒnsəbl ,fɔ:(r)/	_____	Children under the age of ten cannot be held responsible for their actions.

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hire (somebody) O <i>v</i> /'haɪə(r) sʌmbədi/ _____	I was hired because of my background in psychology.
I couldn't care less <i>phr</i> _____	I couldn't care less who wins the World Cup final.
/aɪ ,cʊdn keə(r) 'lɛs/ _____	
in confidence <i>phr</i> /ɪn 'kɒnfɪdəns/ _____	Anything my patients say is treated in complete confidence.
invade (somebody's) privacy <i>phr</i> /ɪn'veɪd _____	Responsible journalism involves not invading people's privacy.
,sʌmbədɪz ,prɪvəsi/ _____	
leave (something) jammed O <i>phr</i> _____	I came down to use the photocopier and somebody had left it
/li:v 'sʌmθɪŋ dʒæmd/ _____	jammed again.
liberating <i>adj</i> /'lɪbəreɪtɪŋ/ _____	'The Freedom Experiment' is about getting rid of your to-do list
	and doing liberating things instead.
miss the point <i>phr</i> /,mɪs ðə 'pɔɪnt/ _____	I'm afraid I think you're missing the point here.
nosy <i>adj</i> /'nəʊzi/ _____	Are you listening to that couple's conversation? Don't be so
	nosy!
on hand <i>phr</i> /ɒn 'hænd/ _____	The residents know that I'm on hand should they need
	anything.
overcautious <i>adj</i> /,əʊvə'kɔːʃəs/ _____	Elderly people often become overcautious when they drive.
own (up) <i>v</i> /əʊn 'ʌp/ _____	Who did this? Is anyone going to own up?
participant O <i>n</i> /pɑː'tɪsɪpənt/ _____	Three participants got injured at the charity fun run.
reckless <i>adj</i> /'rekləs/ _____	My brother is always doing reckless things like cycling at night
	without any lights.
recruitment O <i>n</i> /rɪ'krʊ:tmənt/ _____	We work in various different areas like recruitment – taking on
	new staff, contracts and so on.
relocate <i>v</i> /,ri:ləʊ'keɪt/ _____	Relocating the whole company to our northern office is the
	best way to reduce costs.
responsible (for) O <i>adj</i> /rɪ'spɒnsəbl fɔː(r)/ _____	At ten, you are legally responsible for your actions in England.
restrictions O <i>n pl</i> /rɪ'strɪkʃnz/ _____	Working restrictions for fourteen- and fifteen-year-olds are
	almost the same in England.
sheltered housing complex <i>n</i> _____	I'm a warden at a sheltered housing complex – a residential
/,ʃeltəd 'haʊzɪŋ ,kɒmpleks/ _____	option for older people.
slip (by) <i>v</i> /slɪp 'baɪ/ _____	People regretted letting good friendships slip by over the years.
specialist O <i>adj</i> /'speʃəlɪst/ _____	Older people are often given any specialist care they need at
	home.
speculate <i>v</i> /'spekjuleɪt/ _____	We all speculated as to why Jennifer had started missing work
	so often.
spontaneity <i>n</i> /,spɒntə'neɪəti/ _____	I like the spontaneity of that – just go to the station and see
	where fate takes you.
supposed to O <i>phr</i> /sə'pəʊzd tə/ _____	We're supposed to be in the office until 5.30.
take on <i>phr v</i> /teɪk ɒn/ _____	At fourteen, you can take on part-time employment for two
	hours each school day.
the elderly O <i>n</i> /ðɪ 'eldəli/ _____	China has recently passed a law highlighting the need for care
	for the elderly.
thrill-seekers <i>n pl</i> /'θrɪl ,si:kəz/ _____	The average age of thrill-seekers is getting higher.
trustworthy <i>adj</i> /'trʌst,wɜːði/ _____	You're trustworthy and reliable, and we know you'll always get
	the job done.
underweight <i>adj</i> /,ʌndə'weɪt/ _____	I'm worried about Sally – she looks underweight.
unfulfilled <i>adj</i> /,ʌnfʊl'fɪld/ _____	Many people were frustrated that so many of their dreams had
	gone unfulfilled.
uninhibited <i>adj</i> /,ʌnɪn'hɪbɪtɪd/ _____	I'd never have done a bungee jump when I was younger, but
	now I feel uninhibited.

Name _____

Navigate

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upheaval *n* /ʌp'hi:vəl/

Moving house is a real upheaval, especially for older people.

useless **Om** *adj* /'ju:sləs/

You can blame Michael for the fault – he's useless with machines

welfare officer *n* /'welfeə(r) ,ɒfɪsə(r)/

I'm the welfare officer – I'm responsible for your accommodation, health and so on.

without a care in the world *phr*
/wɪ,ðəʊt ə ,keə(r) ɪn ðə 'wɜ:ld/

My dad is without a care in the world now that he's retired.