

C1 Wordlist Unit 7

Here is a list of useful or new words from Unit 7 of Navigate C1 Coursebook. You can insert your own translation. Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

absurdly <i>adv</i> /əb'sɜːdli/	_____	Absurdly, none of the new cycle paths will pass through the main tourist area.
admittedly <i>adv</i> /əd'mɪtɪdli/	_____	Admittedly, it is not the original palace, but it is very beautiful.
apathetic <i>adj</i> /,æpə'tetɪk/	_____	I'm completely apathetic about politics.
apprehensive <i>adj</i> /,æprɪ'hensɪv/	_____	I'm always a bit apprehensive when I have to disagree with my boss about something.
astonished <i>adj</i> /ə'stɒnɪʃt/	_____	The last time I was astonished was when I won the award for employee of the month.
astonishingly <i>adv</i> /ə'stɒnɪʃɪŋli/	_____	Salamanca is an astonishingly beautiful city in the west of Spain.
awareness O <i>n</i> /ə'weənəs/	_____	Seventeen-year-olds have no awareness of the risks involved.
ban O <i>v</i> /bæn/	_____	Do you think we should ban cyclists from busy roads?
bark <i>v</i> /bɑːk/	_____	If your neighbour had a dog that barked all day and night, how would you react?
by the same token <i>phr</i> /baɪ ðə ,seɪm 'təʊkən/	_____	They aren't hiring more staff this year and, by the same token, I don't think we'll get a pay rise.
consult O <i>v</i> /kən'sʌlt/	_____	When I travel I always consult advice websites for where to go.
contrary <i>adj</i> /'kɒntrəri/	_____	The contrary argument is that if you just save one life, it's worth it.
criticize O <i>v</i> /'krɪtɪsaɪz/	_____	What would you do if your boss criticized your work in front of your team?
cycle lane O <i>n</i> /'saɪkl leɪn/	_____	I love cycling in Germany because there are cycle lanes everywhere.
dedicated O <i>adj</i> /'dedɪkeɪtɪd/	_____	There should be dedicated cycle lanes on all main roads.
devastated <i>adj</i> /'devəsteɪtɪd/	_____	Alexander's family were devastated when he gave up a great job and became a clown.
dormant <i>adj</i> /'dɔːmənt/	_____	This kind of boss I call 'The Volcano'. Most of the time, they're dormant.
downhearted <i>adj</i> /,daʊn'hɑːtɪd/	_____	I've felt downhearted since I lost the promotion.
embarrassment O <i>n</i> /ɪm'bærəsmənt/	_____	Embarrassment can make people avoid social situations, and even not go out at all.
envious <i>adj</i> /'enviəs/	_____	Well, when my sister bought a brand new car, I was a bit envious.
evidently <i>adv</i> /'evɪdəntli/	_____	Evidently, the cups in the breakfast room had not been washed since the night before.
eyesight <i>n</i> /'aɪsaɪt/	_____	As we get older, our eyesight gets worse.
fair enough <i>phr</i> /,feə(r) ɪ'nʌf/	_____	'We all have to agree the rules, otherwise, it'll be chaos.' 'OK, fair enough.'
fall apart <i>phr</i> /fɔːl ə'pɑːt/	_____	Without reliable statistics, the arguments in favour of a new law may fall apart.
float along <i>v</i> /fləʊt ə'lɒŋ/	_____	If you don't give positive feedback, employees may simply float along.
fool O <i>v</i> /fuːl/	_____	Once again, you're fooled by your feelings.
frankly <i>adv</i> /'fræŋkli/	_____	£500? Frankly, I'm not really happy with that.

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frustrated <i>adj</i> /frʌ'streɪtɪd/	_____	I felt frustrated when my brand new laptop kept crashing.
get on (your) nerves <i>phr</i> /,get ɒn dʒɔ:(r) 'nɜ:vz/	_____	If my neighbour had a noisy dog it would really get on my nerves.
ghost <i>n</i> /gəʊst/	_____	She looked as if she had seen a ghost.
give (somebody) a lift <i>phr</i> /gɪv ,sʌmbədi ə 'lɪft/	_____	Passing my exam gave me a lift. I feel hopeful about the future now.
grab an opportunity <i>phr</i> /græb æn ,ɒpə'tju:nəti/	_____	Sometimes you have to grab an opportunity when it presents itself.
have an argument Om <i>phr</i> /həv ən 'ɑ:gjumənt/	_____	I don't think my parents have ever had an argument in front of me.
heart of stone <i>n</i> /,hɑ:t ɒv 'stəʊn/	_____	You'd have to have a heart of stone not to cry at the end of this film!
heated argument <i>n</i> /'hi:tɪd ,ɑ:gjumənt/	_____	We'd end up having a heated argument.
helmet <i>n</i> /'helmt/	_____	Why didn't you wear a crash helmet?
ill-thought through <i>adj</i> /,ɪl θɔ:t 'θru:/	_____	Politicians often propose laws that are ineffective and ill-thought through.
in high spirits <i>phr</i> /ɪn 'haɪ ,spɪrɪts/	_____	It was the first day of the holidays and the children were in high spirits.
in low spirits <i>phr</i> /ɪn 'ləʊ ,spɪrɪts/	_____	We were in low spirits because it had been raining all day.
incidentally <i>adv</i> /,ɪnsɪ'dentli/	_____	Incidentally, Berlin is very bike-friendly, so you could cycle everywhere.
incredibly <i>adv</i> /ɪn'kredəbli/	_____	Incredibly, the local teens jump off the bridge to go swimming in the water.
indifferent <i>adj</i> /ɪn'dɪfrənt/	_____	My manager is indifferent to my happiness at work.
invulnerable <i>adj</i> /ɪn'vʌlnərəbl/	_____	At seventeen we think we are invulnerable.
irritated Om <i>adj</i> /'ɪrɪteɪtɪd/	_____	The constant complaints from my housemates got me very irritated.
keep (your) temper <i>phr</i> /ki:p jə(r) 'tempə(r)/	_____	I'd try to keep my temper. It never helps to shout at people.
load (something) up Om <i>phr</i> v /ləʊd ,sʌmθɪŋ 'ʌp/	_____	We loaded up our plates with as much food as possible at the buffet.
luckily <i>adv</i> /'lʌkɪli/	_____	We arrived at our hotel early, but, luckily, they let us check into our room.
lunatic <i>n</i> /'lu:nətɪk/	_____	The woman said 'Well, I think it's time you stopped letting lunatics stay here!'
madman <i>n</i> /'mædmən/	_____	I had just told a guest that this VIP guy was a madman.
make a point of (doing something) <i>phr</i> /meɪk ə pɔɪnt əv 'du:ɪŋ sʌmθɪŋ/	_____	Make a point of thanking people, even the office junior, when they help you.
make (an exception) <i>v</i> /meɪk ən ɪk'sepʃn/	_____	We might be able to make an exception in this case.
mandatory <i>adj</i> /'mændətəri/	_____	Several governments have made it mandatory for cyclists to wear helmets.
miraculously <i>adv</i> /mɪ'rækjələsli/	_____	Miraculously, everyone survived the train crash.
mortified <i>adj</i> /'mɔ:tɪfaɪd/	_____	I'd be so mortified, I wouldn't know what to say.
negotiate Om <i>v</i> /nɪ'gəʊʃieɪt/	_____	In certain countries, you can try negotiating the price of food in markets.
newsworthy <i>adj</i> /'nju:zwɜ:ði/	_____	When a particularly newsworthy crime happens, the politicians rush to make changes.
praise Om <i>v</i> /preɪz/	_____	If you praise somebody, and that person goes red, you're more likely to find that person trustworthy.

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predictably <i>adv</i> /prɪ,dɪktəbli/	_____	Predictably, the city suffers badly from traffic congestion.
reach consensus <i>v</i> /ri:tʃ kən'sensəs/	_____	This type of boss always tries to reach consensus in their team.
reasonable O_m <i>adj</i> /'ri:znəbl/	_____	She is a reasonable person, and you have always got on well with her.
regrettably <i>adv</i> /rɪ'gretəbli/	_____	Regrettably, I didn't have enough time to see the city properly.
relieved <i>adj</i> /rɪ'li:vɪd/	_____	I was very relieved when my ten-year-old son arrived home yesterday evening.
rim <i>n</i> /rɪm/	_____	The rims of the cups were covered in bright pink lipstick!
roller coaster of emotions <i>phr</i> /ˌrəʊlə(r) ˌkəʊstə(r) əv rɪ'məʊʃnz/	_____	I experience a roller coaster of emotions when I watch my favourite team play.
rush into O_m <i>v</i> /'rʌʃ ˌɪntə/	_____	I don't like to rush into decisions.
scrumptious <i>adj</i> /'skrʌmpjəs/	_____	The sardines they serve are really scrumptious.
self-conscious <i>adj</i> /ˌself 'kɒnʃəs/	_____	In your teens, you're often self-conscious about your appearance.
sound <i>adj</i> /saʊnd/	_____	You can trust Henry – he's a sound guy.
speed limit <i>n</i> /'spi:ɪd ˌlɪmɪt/	_____	I know it sounds crazy, but I would say: increase the speed limits.
stormy <i>adj</i> /'stɔ:mi/	_____	I have a stormy relationship with my dad – we are always falling out.
sympathetic O_m <i>adj</i> /ˌsɪmpə'tetɪk/	_____	I don't think I'm very sympathetic – I rarely have people telling me their problems.
take by surprise <i>phr</i> /teɪk baɪ sə'praɪz/	_____	It took me completely by surprise when my boyfriend proposed while we were on holiday.
take personally <i>phr</i> /teɪk 'pɜ:snəli/	_____	Katya is always unfriendly with people she doesn't know – don't take it personally.
theoretically <i>adv</i> /ˌθɪə'retɪkli/	_____	Theoretically, you can rent a car to get around the region, but I would advise against it.
think straight <i>phr</i> /θɪŋk streɪt/	_____	For a minute, I couldn't think straight.
think twice <i>phr</i> /θɪŋk tuwaɪs/	_____	You should think twice before making life-changing choices.
turn up <i>phr v</i> /'tɜ:ɪn ʌp/	_____	How would you feel if you turned up at a party wearing different clothes to everyone else?
typically O_m <i>adv</i> /'tɪpɪkli/	_____	Typically in parts of Spain, a little plate of food is provided when you order a drink.
uncomfortable O_m <i>adj</i> /ʌn'kʌmfətəbl/	_____	It makes me uncomfortable to see families living in poor conditions.
ups and downs <i>phr</i> /ʌps ən 'daʊnz/	_____	His career has had some spectacular ups and downs.
walk on eggshells <i>v</i> /wɔ:k ɒn 'egʃelz/	_____	Everybody's productivity is reduced when they're walking on eggshells all the time.