

B1 Wordlist Unit 1

Navigate

Here is a list of useful or new words from Unit 1 of Navigate B1 Coursebook. You can insert your own translation.
Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

aerobics *n* /eə'reʊbɪks/ _____

She does aerobics once or twice a week.

blog *n* /blɒg/ _____

Would you like to write a blog about your daily life?

busy O *adj* /'bɪzi/ _____

My life is too busy.

camping O *n* /'kæmpɪŋ/ _____

We usually go camping in the summer.

cards O *n* /kɑːdz/ _____

Marta and Felix often play cards together.

chat O *v* /tʃæt/ _____

I like to chat with friends online.

chess *n* /tʃes/ _____

Mehmet plays chess once or twice a week.

cloudy O *adj* /'klaʊdi/ _____

It's very cloudy today.

coffee O *n* /'kɒfi/ _____

We hardly ever go out for a coffee.

cold O *adj* /kəʊld/ _____

The air's cold this morning.

computer game O *n* /kəm'pjʊ:tə geɪm/ _____

He nearly always plays computer games after school.

damp O *adj* /dæmp/ _____

Wear your raincoat. It's another damp day today.

dream O *n* /dri:m/ _____

Do you ever have a dream about flying?

early O *adj* /'ɜːli/ _____

I'm going to have an early night.

equal O *adj* /'iːkwəl/ _____

You should try to have an equal balance of all three.

exercise O *n* /'eksəsaɪz/ _____

You should do some exercise.

family O *n* /'fæməli/ _____

Do you spend a lot of time with your family?

film *n* /fɪlm/ _____

Have you ever made a film and posted it on YouTube?

film O *v* /fɪlm/ _____

One of them stands next to the painting as the other one films her.

fun O *n* /fʌn/ _____

I like to have fun.

golf *n* /gɒlf/ _____

Do you play golf?

gym *n* /dʒɪm/ _____

I sometimes go to the gym after work.

homework O *n* /'həʊmwɜːk/ _____

Make sure you do your homework before supper.

hot O *adj* /hɒt/ _____

I love this hot weather.

housework *n* /'haʊswɜːk/ _____

I'm going to do the housework after lunch.

humid *adj* /'hjuːmɪd/ _____

I hate this humid weather.

indoors O *adv* /,ɪn'dɔːz/ _____

We sometimes play cards indoors.

karate *n* /kə'rɑːti/ _____

He does karate most days.

late O *adv* /leɪt/ _____

I try not to go to bed late during the week.

lie-in *n* /,laɪ 'ɪn/ _____

Are you going to have a lie-in on Sunday?

light O *adj* /laɪt/ _____

There is going to be some light snow this evening.

lightning *n* /'laɪtnɪŋ/ _____

Did you see the lightning last night?

look O *n* /lʊk/ _____

We'll have a look at it back at the hotel.

make a list O *phr* /,meɪk ə 'lɪst/ _____

I always start the day by making a to-do list.

make plans O *phr* /meɪk 'plænz/ _____

She is making plans for her future.

meal O *n* /miːl/ _____

We sometimes go out for a meal.

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nasty <i>adj</i> /'nɑ:sti/	_____	The water's too warm and there are sea snakes and other nasty animals.
outdoors <i>adv</i> /,aʊt'dɔ:z/	_____	They are always playing outdoors.
period <i>n</i> /'pɪəriəd/	_____	There are going to be some short periods of rain later.
photograph <i>n</i> /'fəʊtəgrɑ:f/	_____	I always look serious if someone takes a photograph of me.
pleasant <i>adj</i> /'pleznt/	_____	The weather is very pleasant.
pleasure <i>n</i> /'pleʒə(r)/	_____	Can you say 'no' to immediate pleasures?
post <i>v</i> /pəʊst/	_____	We'll post that on Facebook later.
promise <i>n</i> /'prɒmɪs/	_____	When I make a promise, I never change my mind.
psychologist <i>n</i> /saɪ'kɒlədʒɪst/	_____	Professor Philip Zimbardo is a psychologist.
record <i>n</i> /'rekɔ:d/	_____	I always make a record of everything I spend in a day.
record <i>v</i> /rɪ'kɔ:d/	_____	We can record the speech and post it on YouTube later.
relationship <i>n</i> /rɪ'leɪʃnʃɪp/	_____	They have a very good relationship with their parents.
relative <i>n</i> /'relatɪv/	_____	I love spending time with relatives.
reviewer <i>n</i> /rɪ'vju:ə(r)/	_____	Here to tell us about the new book by Haruki Murakami is this week's reviewer, Maria Georgiou.
running <i>n</i> /'rʌnɪŋ/	_____	Do you ever go running?
shopping <i>n</i> /'ʃɒpɪŋ/	_____	I'm going to do the shopping this afternoon.
snowfall <i>n</i> /'snəʊfɔ:l/	_____	In the late autumn we get our first snowfalls.
spend time <i>v</i> /spend 'taɪm/	_____	You should try and spend more time with relatives.
stay in <i>v</i> /steɪ 'ɪn/	_____	I'm going to stay in tonight.
swimming <i>n</i> /'swɪmɪŋ/	_____	We never go swimming.
text <i>n</i> /tekst/	_____	Do you use special language when you write a text?
time <i>n</i> /taɪm/	_____	Do you spend time with family during your holidays?
to-do list <i>n</i> /tə 'du: ,lɪst/	_____	There's so much to do. You should make a to-do list.
trip <i>n</i> /trɪp/	_____	Let's go on a trip somewhere.
uncomfortable <i>adj</i> /ʌn'kʌmfətəbl/	_____	This hot weather is uncomfortable.
walk <i>n</i> /wɔ:k/	_____	She rarely goes for a walk.
work <i>n</i> /wɜ:k/	_____	I must do some work this afternoon.