

B1+ Wordlist Unit 3

Here is a list of useful or new words from Unit 3 of Navigate B1+ Coursebook. You can insert your own translation. Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

admire O <i>v</i> /əd'maɪə(r)/	_____	Pick up some valuable lessons by observing someone whose patience you admire.
attention O <i>n</i> /ə'tenʃn/	_____	If you succeed in turning your attention away from the chocolate for a while, you may forget about it altogether.
beat O <i>v</i> /bi:t/	_____	You sweat, your mouth goes dry, your heart starts beating fast.
bleach <i>n</i> /bli:tʃ/	_____	Fill the bottle with water and add ten millilitres of bleach.
blood vessel <i>n</i> /'blʌd ,vesl/	_____	There are signs of damage to the blood vessels around the heart.
computerized <i>adj</i> /kəm'pjʊ:təraɪz/	_____	Technology, such as computerized household appliances, are an essential part of everyday life.
confidence O <i>n</i> /'kɒnfɪdəns/	_____	You need a lot of confidence to succeed as a chef.
contest O <i>n</i> /'kɒntest/	_____	They take part in a contest.
crack O <i>v</i> /kræk/	_____	Crack the egg into the bowl.
damage O <i>n</i> /'dæmɪdʒ/	_____	There are signs of damage.
deadline <i>n</i> /'dedlaɪn/	_____	It's also a very high-pressure job, so he must work to tight deadlines.
deal with <i>phr v</i> /'di:l wɪð/	_____	The successful children deal with the problem by looking away or covering their eyes.
decision O <i>n</i> /dɪ'sɪʒn/	_____	An important member of the team is someone who can make decisions.
device O <i>n</i> /dɪ'vaɪs/	_____	All these devices are constantly developing.
easy-going <i>adj</i> /,i:zi 'gəʊɪŋ/	_____	Do you prefer a very strict or a very easy-going teacher?
English-speaking <i>adj</i> /'ɪŋɡlɪʃ ,spi:kɪŋ/	_____	Can you name five English-speaking countries?
experiment O <i>n</i> /ɪk'sperɪmənt/	_____	One group who took part in the experiment were told nothing.
expert O <i>n</i> /'ekspɜ:t/	_____	They send someone with no experience in a particular job to live and train with an expert for four weeks.
fail O <i>v</i> /feɪl/	_____	How many of them failed the test?
five-star <i>adj</i> /'faɪv stɑ:(r)/	_____	Have you ever stayed in a five-star hotel?
flip <i>v</i> /flɪp/	_____	When the first side is cooked, you flip it over.
full-time <i>adj</i> /'fʊl ,taɪm/	_____	He is a full-time international business speaker.
give in <i>phr v</i> /gɪv 'ɪn/	_____	Most of the children gave in before the time was up.
good-looking <i>adj</i> /,gʊd 'lʊkɪŋ/	_____	I think he's very good-looking.
hobby O <i>n</i> /'hɒbi/	_____	A new hobby gives us something to talk about with our friends and family.
instructor <i>n</i> /ɪn'strʌktə(r)/	_____	The instructor shouted, 'Faster! Faster!'
intelligence O <i>n</i> /ɪn'telɪdʒəns/	_____	He's good at using his intelligence to solve problems.
leader O <i>n</i> /'li:də(r)/	_____	Audrey is a good leader.
left-handed <i>adj</i> /left 'hændɪd/	_____	Did you know that Karen is left-handed?
make an effort <i>phr</i> /,meɪk ən 'efət/	_____	If they didn't think about the marshmallow, they didn't have to make an effort not to eat it.
manage O <i>v</i> /'mænɪdʒ/	_____	She manages the team really well.

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marshmallow <i>n</i> /,mɑːʃ'mæləʊ/	_____	If you can be patient and wait until I come back and not eat the marshmallow, you can have two marshmallows as a reward.
measure O_{ox} <i>v</i> /'meʒə(r)/	_____	You need to use special metal-cutters, and you need to measure carefully.
multitask <i>v</i> /,mʌlti'taːsk/	_____	He's great at multitasking.
observe O_{ox} <i>v</i> /əb'zɜːv/	_____	Pick up some valuable lessons by observing someone whose patience you admire.
on impulse <i>phr</i> /ɒn 'ɪmpʌls/	_____	Never buy things on impulse.
overcook <i>v</i> /,əʊvə'kʊk/	_____	The vegetables were overcooked.
overpriced <i>adj</i> /,əʊvə'praɪst/	_____	When was the last time you thought something was overpriced?
panel O_{ox} <i>n</i> /'pænl/	_____	A panel of judges decides who wins.
participant <i>n</i> /pɑː'tɪsɪpənt/	_____	The judges decide which participant is 'the real thing'.
passion <i>n</i> /'pæʃn/	_____	He has a passion for food.
patient O_{ox} <i>adj</i> /'peɪʃnt/	_____	Most of the children found it difficult to be patient.
pleasant O_{ox} <i>adj</i> /'pleznt/	_____	He didn't need to do much apart from arrive at work on time and be reasonably pleasant to people.
polite O_{ox} <i>adj</i> /pə'laɪt/	_____	He also had to be polite to the customers.
precise O_{ox} <i>adj</i> /preɪ'saɪs/	_____	As a chef, it's important to work to very precise times.
professional O_{ox} <i>n</i> /prə'feʃənl/	_____	They take part in a contest against professionals.
resist O_{ox} <i>v</i> /rɪ'zɪst/	_____	If the children managed to resist temptation, the researcher promised them a reward.
respect O_{ox} <i>v</i> /rɪ'spekt/	_____	Ed was shocked to realize that he couldn't say please and thank you all the time if he wanted the team to respect him.
responsibility O_{ox} <i>n</i> /rɪ'spɒnsə'bɪləti/	_____	You must take responsibility for your actions.
result O_{ox} <i>n</i> /rɪ'zʌlt/	_____	The results were not good.
reward O_{ox} <i>n</i> /rɪ'wɔːd/	_____	The researcher promised them a reward of two marshmallows.
rise to the challenge <i>phr</i> /,raɪz tə ðə 'tʃælɪndʒ/	_____	Those children who could rise to the challenge were generally much more successful than the others.
rub O_{ox} <i>v</i> /rʌb/	_____	Next, rub the bottle with sandpaper.
sandpaper <i>n</i> /'sændpeɪpə(r)/	_____	Rub the bottle with sandpaper.
schedule O_{ox} <i>n</i> /'ʃedjuːl/	_____	She's the best one in the team at managing schedules.
scientifically proven <i>phr</i> /,saɪəntɪfɪkli 'pruːvɪn/	_____	The results have been scientifically proven.
second-hand <i>adj</i> /'sekənd hænd/	_____	Have you ever bought a second-hand car?
set goals <i>phr</i> /set 'gəʊlz/	_____	He's very good at setting goals.
shocked <i>adj</i> /ʃɒkt/	_____	Ed was shocked to realize that he couldn't say please and thank you all the time if he wanted the team to respect him.
short-sleeved <i>adj</i> /'ʃɔːt sliːvd/	_____	I'm going to wear a short-sleeved shirt to work today.
spare O_{ox} <i>v</i> /speə(r)/	_____	Can you spare the time to go for a run this afternoon?
stress O_{ox} <i>n</i> /stres/	_____	The Social Stress Test is a way of measuring stress.
stressful <i>adj</i> /'stresfl/	_____	One of the most stressful things you can ever do is speak in front of a large group of people.
sweat O_{ox} <i>v</i> /swet/	_____	When I give a speech or a talk, I sweat, my mouth goes dry, and my heart starts beating fast.
symptom <i>n</i> /'sɪmptəm/	_____	One of the test groups experienced symptoms of stress.

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take part in (something) *phr*
/teɪk 'pɑ:t ɪn (,sʌmθɪŋ)/

They then have to take part in a contest against professionals.

take responsibility *phr*
/teɪk rɪˌspɒnsə'bɪləti/

However, he didn't have to take much responsibility as his boss dealt with the money.

talk **O_m** *n* /tɔ:k/

Have you ever given a talk or speech to a large group of people?

technique **O_m** *n* /tek'nɪk/

Did he explain what his technique was?

temptation *n* /temp'teɪʃn/

The children are trying to resist the temptation to eat the marshmallow.

think ahead *phr v* /θɪŋk ə'hed/

Think ahead. Plan for the future and you will succeed in achieving your goals.

turn up *phr v* /tɜ:n 'ʌp/

When he was working in the burger van, Ed had to be reliable and turn up for work on time.

van **O_m** *n* /væn/

Jack works in a fast-food van in all weathers.

work hard *phr* /wɜ:k 'hɑ:d/

She's good at working hard on a project.

work well under pressure *phr*
/wɜ:k ,wel ʌndə 'preʃə(r)/

Does she work well under pressure?