

**Wordlist**

Here is a list of useful or new words from Headway Pre-intermediate Student's Book.

adj = adjective conj = conjunction det = determiner excl = exclamation phr v = phrasal verb phr = phrase pron = pronoun

adv = adverb n = noun pl = plural prep = preposition v = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
abroad	adv	/ə'brɔ:d/	Which friend lived <b>abroad</b> ?	1	
academy	n	/ə'kædəmi/	The <i>Conservatorio Giuseppe Verdi</i> is the largest music <b>academy</b> in Italy.	1	
accommodation	n	/ə,kɒmə'deɪʃ(ə)n/	Which type of <b>accommodation</b> do you require for your holidays?	1	
album	n	/'ælbəm/	I love the band's latest <b>album</b> .	1	
applicable	adj	/ə'plɪkəb(ə)l/	Write your children's names where <b>applicable</b> .	1	
arrival	n	/ə'raɪv(ə)l/	The date of <b>arrival</b> is Sunday 21 June.	1	
bar	n	/bɑ:(r)/	I met my best friend at a <b>bar</b> .	1	
beard	n	/bɪə(r)d/	He had a kind face with a <b>beard</b> .	1	
blind date	n	/blaɪnd 'deɪt/	I met my husband on a <b>blind date</b> .	1	
borrow	v	/'bɒrəʊ/	Can I <b>borrow</b> your phone charger? I left mine at home.	1	
bubbly	adj	/'bʌbli/	Karen has a <b>bubbly</b> personality — always cheerful and friendly.	1	
busker	n	/'bʌskə(r)/	My sister is a <b>busker</b> . She plays music on the streets of London.	1	
camper van	n	/'kæmpə(r) væn/	They usually go on holidays on a <b>camper van</b> .	1	
carpenter	n	/'kɑ:(r)pɪntə(r)/	He works as a <b>carpenter</b> , making wooden furniture.	1	
chatty	adj	/'tʃæti/	My brother is very <b>chatty</b> and entertaining.	1	
cheers	excl	/'tʃiə(r)z/	So you found a new job — <b>cheers</b> to that!	1	
college	n	/'kɒlɪdʒ/	The <b>college</b> where I study has students from all over the world.	1	
couple	n	/'kʌp(ə)l/	You two make such a good <b>couple</b> . You should get married!	1	
crazy	adj	/'kreɪzi/	She always wears such <b>crazy</b> clothes.	1	
crazy about	phr v	/'kreɪzi ə'baʊt/	My mum's <b>crazy about</b> football.	1	
daily	adj	/'deɪli/	I need to call my mum <b>daily</b> or she gets worried.	1	
date	n	/deɪt/	Would you like a <b>date</b> ? They taste delicious.	1	
definitely	adv	/'def(ə)nətli/	I'll <b>definitely</b> meet her again.	1	
delete	v	/'dɪ:li:t/	Don't <b>delete</b> your name from the list.	1	
delicious	adj	/'dɪ:lɪʃəs/	These kiwis are <b>delicious</b> .	1	
departure	n	/'dɪ:pa:(r)tʃə(r)/	Do you know the <b>departure</b> date?	1	
dietary	adj	/'daɪət(ə)ri/	Have you got any <b>dietary</b> requirements?	1	
early days	phr	/'ɜ:(r)li deɪz/	I'm very happy with Ross, but it's <b>early days</b> yet.	1	
embarrass	v	/'ɪm'bærəs/	Did I <b>embarrass</b> you? You went all red!	1	
embarrassing	adj	/'ɪm'bærəsɪŋ/	I cried in front of everyone. It was so <b>embarrassing</b> !	1	
emergency	n	/'ɪmɜ:(r)dʒ(ə)nsi/	Please write here your <b>emergency</b> contact.	1	
empty	adj	/'empti/	Our house feels big and <b>empty</b> since our children left.	1	
excited	adj	/'ɪksaɪtɪd/	I got so <b>excited</b> when they said I got the job!	1	
fabulous	adj	/'fæbjʊləs/	Sheena is my best friend. She's <b>fabulous</b> .	1	
flatmate	n	/'flæt,meɪt/	Do you have a <b>flatmate</b> or do you live alone?	1	
forever	adj	/'fɜ:(r)'evə(r)/	We met in school and I know we are going to be friends <b>forever</b> .	1	
gender	n	/'dʒendə(r)/	What's your child's <b>gender</b> — male or female?	1	
global	adj	/'glɒb(ə)l/	I'd love to be a <b>global</b> traveller and see the world.	1	
heavy	adj	/'hevi/	Don't go out in this <b>heavy</b> rain.	1	

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*adj* = adjective *conj* = conjunction *det* = determiner *excl* = exclamation *phr v* = phrasal verb *phr* = phrase *pron* = pronoun

*adv* = adverb *n* = noun *pl* = plural *prep* = preposition *v* = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
hire	<i>v</i>	/ˈhaɪə(r)/	We're going to fly to Chile and <b>hire</b> a van there.	1	
hostel	<i>n</i>	/ˈhɒst(ə)l/	I stayed at a youth <b>hostel</b> until I found an apartment.	1	
How do you do?	<i>phr</i>	/haʊ duː juː ˈduː/	Hi, I'm Peter Collins. <b>How do you do?</b>	1	
I'm afraid	<i>phr</i>	/aɪm əˈfreɪd/	<b>I'm afraid</b> this seat is not free.	1	
improve	<i>v</i>	/ɪmˈpruːv/	I went to Canada to <b>improve</b> my English.	1	
in common	<i>phrase</i>	/ɪn ˈkɒmən/	I'm surprised they're still together. They have nothing <b>in common</b> .	1	
journalist	<i>n</i>	/ˈdʒɜː(r)nəlɪst/	He worked at a newspaper as a <b>journalist</b> .	1	
jumper	<i>n</i>	/ˈdʒʌmpə(r)/	I love your woolly <b>jumper</b> . It looks very warm.	1	
kind	<i>adj</i>	/kaɪnd/	He looks very <b>kind</b> and friendly.	1	
kiss	<i>v</i>	/kɪs/	Did you <b>kiss</b> him on your first date?	1	
knock over	<i>phr v</i>	/nɒk ˈəʊvə(r)/	Don't get so close to the sea or the waves will <b>knock</b> you <b>over</b> .	1	
lend	<i>v</i>	/lend/	Can you <b>lend</b> me £20?	1	
lose touch	<i>phr</i>	/luːz tʌtʃ/	I don't want to <b>lose touch</b> so I call my friends regularly.	1	
marital status	<i>phr</i>	/ˈmæɪnt(ə)l ˈsteɪtəs/	What's your <b>marital status</b> — married, single ...?	1	
mean	<i>adj</i>	/miːn/	Don't be <b>mean</b> and share your snack.	1	
medical condition	<i>phr</i>	/ˈmedɪk(ə)l kənˈdɪʃ(ə)n/	Do you have any <b>medical condition</b> we should know about?	1	
mess	<i>n</i>	/mes/	This room is such a <b>mess</b> — please tidy it up.	1	
miss	<i>v</i>	/mɪs/	Did you <b>miss</b> me while I was away?	1	
mountain	<i>n</i>	/ˈmaʊntɪn/	Ben Nevis is the highest <b>mountain</b> in Scotland.	1	
my pleasure	<i>phr</i>	/maɪ ˈpleʒə(r)/	You don't need to thank me. It was <b>my pleasure</b> .	1	
nest	<i>n</i>	/nest/	Look! I've found a bird's <b>nest</b> in this tree.	1	
never mind	<i>phr</i>	/ˈnevə(r) maɪnd/	Can't you come to the party? <b>Never mind</b> , perhaps another time.	1	
nickname	<i>n</i>	/ˈnɪkˌneɪm/	Did you have a <b>nickname</b> at school?	1	
no trouble	<i>phr</i>	/nəʊ ˈtrʌb(ə)l/	You don't need to thank me. It was no trouble at all.	1	
noise	<i>n</i>	/nɔɪz/	We miss our children's <b>noise</b> , now they're gone.	1	
obviously	<i>adv</i>	/ˈɒbviəsli/	<b>Obviously</b> , our relationship is different now we are grown-ups.	1	
occupation	<i>n</i>	/ˌɒkjʊˈpeɪʃ(ə)n/	What's your <b>occupation</b> ? Are you a teacher as well?	1	
pardon	<i>n</i>	/ˈpɑː(r)d(ə)n/	<b>Pardon</b> ? What did you say?	1	
permanent	<i>adj</i>	/ˈpɜː(r)mənənt/	Is this your <b>permanent</b> address?	1	
pick up	<i>phr v</i>	/pɪk ˈʌp/	I had to <b>pick up</b> his wallet. He dropped it on his way out.	1	
pleasure	<i>n</i>	/ˈpleʒə(r)/	No need to thank me. It was my <b>pleasure</b> .	1	
postcode	<i>n</i>	/ˈpəʊs(t),kəʊd/	Please write your <b>postcode</b> next to your address.	1	
pretty	<i>adj</i>	/ˈprɪti/	She's a <b>pretty</b> girl.	1	
pub	<i>n</i>	/pʌb/	I'm going to the <b>pub</b> . Who's coming?	1	
relationship	<i>n</i>	/rɪˈleɪʃ(ə)nʃɪp/	What's Geena's <b>relationship</b> to you? Is she your cousin?	1	
reporter	<i>n</i>	/rɪˈpɔː(r)tə(r)/	A <b>reporter</b> is interviewing him about the incident.	1	
requirements	<i>n pl</i>	/rɪˈkwaɪə(r)mənts/	Do you have any dietary <b>requirements</b> ?	1	
rescue	<i>v</i>	/ˈreskjuː/	Don't fall into the water. I can't swim so I won't be able to <b>rescue</b> you!	1	
retire	<i>v</i>	/rɪˈtaɪə(r)/	What do you plan to do when you <b>retire</b> ?	1	
reunited	<i>adj</i>	/ˌriːjuːˈnaɪtɪd/	Silvia is my <b>reunited</b> friend. After 12 years, we met again last month.	1	
scholarship	<i>n</i>	/ˈskɒlə(r)ʃɪp/	I got a <b>scholarship</b> to study music.	1	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
seaside	<i>adj</i>	/ˈsiːsaɪd/	Portrush is a lovely <b>seaside</b> town in Northern Ireland.	1	
secondary school	<i>n</i>	/ˌsekənd(ə)ri ˈskuːl/	I work as a teacher at a <b>secondary school</b> .	1	
signature	<i>n</i>	/ˈsɪɡnətʃə(r)/	Write your <b>signature</b> in the space provided.	1	
single	<i>adj</i>	/ˈsɪŋɡ(ə)l/	Are you married or <b>single</b> ?	1	
surname	<i>n</i>	/ˈsɜː(r),neɪm/	Smith is my <b>surname</b> .	1	
surprising	<i>adj</i>	/sə(r)ˈpraɪzɪŋ/	You are here on time. That is <b>surprising</b> !	1	
text	<i>v</i>	/tekst/	<b>Text</b> me tomorrow, when you know the exam results.	1	
unusual	<i>adj</i>	/ʌn ˈjuːʒʊəl/	Luca isn't an <b>unusual</b> name in Italy.	1	
veggie (vegetarian)	<i>n</i>	/ˈvedʒi/	I am a <b>veggie</b> . I don't eat meat or fish.	1	
wardrobe	<i>n</i>	/ˈwɔː(r)dɹəʊb/	I need another wardrobe in my bedroom. I have too many clothes.	1	
well-paid	<i>adj</i>	/wel ˈpeɪd/	She has a <b>well-paid</b> job in an office.	1	
wild	<i>adj</i>	/waɪld/	Ruth is my <b>wild</b> friend. She's so much fun to be with.	1	
wink	<i>v</i>	/wɪŋk/	Can you <b>wink</b> your eyes?	1	
woolly	<i>adj</i>	/ˈwɒli/	I'm wearing a <b>woolly</b> jumper and I'm very hot.	1	
worried	<i>adj</i>	/ˈwɒrɪd/	Are you <b>worried</b> that he won't come?	1	
a handful	<i>phr</i>	/ə ˈhænd(d)fʊl/	Jessica is a bit of a <b>handful</b> — so difficult to control!	2	
absolutely	<i>adv</i>	/ˈæbsəluːtli/	Are you asking me if I'm having a good time in London? <b>Absolutely!</b>	2	
acting	<i>n</i>	/ˈæktɪŋ/	I'm not very good at <b>acting</b> .	2	
art gallery	<i>n</i>	/ɑː(r)t ˈgæləri/	The National Gallery is my favourite <b>art gallery</b> in London.	2	
beat	<i>v</i>	/bi:t/	I'd love to <b>beat</b> him at sports, but he's so good at everything!	2	
believe	<i>v</i>	/bɪˈliːv/	Do you <b>believe</b> in ghosts?	2	
brave	<i>adj</i>	/breɪv/	I wasn't a <b>brave</b> child. I was scared of everything.	2	
competitive	<i>adj</i>	/kəmˈpetətɪv/	My son is very <b>competitive</b> . He always wants to win.	2	
confidence	<i>n</i>	/ˈkɒnfɪd(ə)ns/	I don't need other people to give me <b>confidence</b> .	2	
confident	<i>adj</i>	/ˈkɒnfɪd(ə)nt/	I started to feel more <b>confident</b> when I met my best friend.	2	
countryside	<i>n</i>	/ˈkʌntri,said/	Let's go for a walk in the <b>countryside</b> .	2	
crossword	<i>n</i>	/ˈkrɒs,wɜː(r)d/	Can I do the <b>crossword</b> ?	2	
dependent	<i>adj</i>	/dɪˈpendənt/	He's very <b>dependent</b> on other people.	2	
despite	<i>prep</i>	/dɪˈspait/	<b>Despite</b> the weather, we went for a nice walk.	2	
disagree	<i>v</i>	/ˌdɪsəˈɡriː/	I strongly <b>disagree</b> with you. I think you're wrong.	2	
divorced	<i>adj</i>	/dɪˈvɔː(r)st/	She was married for seven years, but now she's <b>divorced</b> .	2	
dress	<i>n</i>	/dres/	I love your <b>dress</b> . Where did you buy it?	2	
dye	<i>v</i>	/daɪ/	I want to <b>dye</b> my hair red.	2	
equally	<i>adv</i>	/ˈiːkwəli/	I love being with friends, but I'm <b>equally</b> happy on my own.	2	
experiment	<i>v</i>	/ɪkˈsperɪmənt/	My dad loves to <b>experiment</b> with new recipes.	2	
explore	<i>v</i>	/ɪkˈsplɔː(r)/	I would like to <b>explore</b> new places on my own.	2	
express an opinion	<i>phr</i>	/ɪkˈspres ən əˈpɪnjən/	Is it difficult for you to <b>express an opinion</b> in a group?	2	
fence	<i>n</i>	/fens/	The ball went over the <b>fence</b> into my neighbour's garden.	2	
fight	<i>v</i>	/faɪt/	You need to <b>fight</b> for yourself.	2	
forget	<i>v</i>	/fə(r)ˈget/	<b>Forget</b> about the flat, it was awful.	2	
grown-up	<i>n</i>	/ˈgrəʊn ʌp/	I'd love to live with friends when I'm a <b>grown-up</b> .	2	
headphones	<i>n pl</i>	/ˈhed,fəʊnz/	I always listen to music on <b>headphones</b> when I'm on the train.	2	
homework	<i>n</i>	/ˈhəʊm,wɜː(r)k/	Have you got any <b>homework</b> today?	2	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
hopeless	adj	/ˈhəʊpləs/	Don't tell her anything private. She's <b>hopeless</b> at keeping secrets.	2	
identical	adj	/aɪˈdentɪk(ə)l/	We are <b>identical</b> twins.	2	
ill	adj	/ɪl/	My grandmother is <b>ill</b> . I'm going to visit her.	2	
independent	adj	/ˌɪndɪˈpendənt/	Are you an <b>independent</b> person?	2	
ingredients	n pl	/ˌɪnˈɡriːdiənts/	Have you got all the <b>ingredients</b> for the recipe?	2	
invite	v	/ɪnˈvaɪt/	My new neighbours didn't <b>invite</b> me to their party.	2	
jealous	adj	/ˈdʒeləs/	My brother is <b>jealous</b> of me because I have a girlfriend.	2	
keep in touch	phr	/kiːp ɪn ˈtʌtʃ/	I use social networking sites to <b>keep in touch</b> with my friends.	2	
lazy	adj	/ˈleɪzi/	Don't be so <b>lazy</b> ! Get up and do something!	2	
lie-in	n	/ˈlaɪ ɪn/	I love to have a <b>lie-in</b> on Sunday mornings.	2	
magazine	n	/ˌmæɡəˈziːn/	Could you please go to the newsagent's and buy me a <b>magazine</b> ?	2	
neighbour	n	/ˈneɪbə(r)/	My <b>neighbour</b> is one of my best friends.	2	
notice	v	/ˈnəʊtɪs/	She thinks young people don't <b>notice</b> old people, but it isn't true.	2	
pay no attention	phr	/peɪ nəʊ əˈtenʃ(ə)n/	You can complain all you want. I'm going to <b>pay no attention</b> .	2	
personality	n	/ˌpɜː(r)səˈnæləti/	My sister and I have a similar <b>personality</b> . We are both shy.	2	
play	n	/pleɪ/	Peter's son is acting at the school <b>play</b> .	2	
polite	adj	/pəˈlaɪt/	I'm lucky with my neighbour. She's very <b>polite</b> .	2	
postman	n	/ˈpəʊs(t)mən/	The <b>postman</b> gave me the wrong letter.	2	
practice	n	/ˈpræktɪs/	Don't worry if it isn't right the first time. It takes <b>practice</b> .	2	
puzzle	n	/ˈpʌz(ə)l/	I never stay at home to do a <b>puzzle</b> . It's so boring.	2	
quiz	n	/kwɪz/	Try this magazine personality <b>quiz</b> . It's really good.	2	
recipe	n	/ˈresəpi/	I'd like to try this new <b>recipe</b> .	2	
rich	adj	/rɪtʃ/	She's a <b>rich</b> lady. She has a lot of money.	2	
saxophone	n	/ˈsæksəˌfəʊn/	I play the <b>saxophone</b> in a band.	2	
scary	adj	/ˈskeəri/	Chloe doesn't like speaking in front of people. She finds it <b>scary</b> .	2	
score	n	/skɔː(r)/	Did you do the quiz? What's your <b>score</b> ?	2	
shy	adj	/ʃaɪ/	Don't be <b>shy</b> . Tell them what you think.	2	
smart	adj	/smɑː(r)t/	I don't usually wear <b>smart</b> clothes after work.	2	
solitary	adj	/ˈsɒlət(ə)ri/	He never enjoyed being with other people. He was a <b>solitary</b> boy.	2	
solve	v	/sɒlv/	You've got to learn to <b>solve</b> your problems on your own.	2	
suit	v	/suːt/	These clothes <b>suit</b> you. They look really good on you.	2	
suspicious	adj	/səˈspɪʃəs/	My neighbour is <b>suspicious</b> of young people. She doesn't trust them.	2	
takeaway	n	/ˈteɪkəˌweɪ/	On Fridays, I usually have a <b>takeaway</b> at my friend's house.	2	
tattoo	n	/ˈtæˌtuː/	She has a <b>tattoo</b> on her left shoulder.	2	
twins	n pl	/twɪnz/	My sisters are identical <b>twins</b> .	2	
usually	adv	/ˈjuːʒuəli/	I don't <b>usually</b> go out on weekdays.	2	
village	n	/ˈvɪlɪdʒ/	We live in a small <b>village</b> in the Cotswolds.	2	
accident	n	/ˈæksɪd(ə)nt/	There was an <b>accident</b> this morning: a car hit the traffic light.	3	
afford	v	/əˈfɔː(r)d/	I love this dress but I can't <b>afford</b> it. It's too expensive for me.	3	
air conditioning	n	/ˈeə(r) kənˌdɪʃ(ə)nɪŋ/	Don't sleep with the <b>air conditioning</b> on. You may catch a cold.	3	
angry	adj	/ˈæŋɡri/	You could tell by the tone of his voice that he was <b>angry</b> .	3	
appointment	n	/əˈpɔɪntmənt/	Did you book an <b>appointment</b> with the doctor for next Friday?	3	
assassin	n	/əˈsæsn/	Scaramanga is an <b>assassin</b> hired to kill James Bond.	3	

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bang	v	/bæŋ/	Close the window carefully, don't <b>bang</b> it shut.	3	
boss	n	/bɒs/	I'll ask my <b>boss</b> if I can take the day off.	3	
breathe	v	/bri:ð/	Don't get nervous. <b>Breathe</b> deeply and relax.	3	
bricklayer	n	/'brɪk.leɪə(r)/	He works in construction as a <b>bricklayer</b> .	3	
bullet	n	/'bʊlɪt/	There was gunfire and he got a <b>bullet</b> in his leg.	3	
capture	v	/'kæptʃə(r)/	They tried to <b>capture</b> me, but I managed to escape.	3	
cardboard box	n	/'kɑ:(r)d.bɔ:(r)d 'bɒks/	The toy came in a <b>cardboard box</b> .	3	
checkout	n	/'tʃekɑʊt/	There was a long queue at the supermarket <b>checkout</b> .	3	
club together	phr v	/klʌb tə'geðə(r)/	We all <b>clubbed together</b> at work to buy Lisa a wedding gift.	3	
coast	n	/kəʊst/	My dad lives by the sea, in a small village on the Argentinian <b>coast</b> .	3	
continually	adv	/'kɒn'tɪnjuəli/	My best friend is <b>continually</b> on Facebook. He spends hours on it.	3	
covered	adj	/'kʌvəd/	The penguin's feathers were <b>covered</b> in oil.	3	
creep	v	/'kri:p/	He got out of bed and started to <b>creep</b> towards the window.	3	
curse	v	/'kɜ:(r)s/	Please, don't <b>curse</b> . It's rude.	3	
curtain	n	/'kɜ:(r)t(ə)n/	She was hiding behind the window <b>curtain</b> .	3	
cut	v	/kʌt/	I <b>cut</b> my finger while I cooked dinner.	3	
darkness	n	/'dɑ:(r)knəs/	I couldn't see until my eyes got used to the <b>darkness</b> .	3	
description	n	/'dɪ'skrɪpʃ(ə)n/	Do you have a <b>description</b> of the man we're waiting for?	3	
die	v	/daɪ/	Scaramanda wants James Bond to <b>die</b> .	3	
disappear	v	/'dɪsə'piə(r)/	The penguin didn't <b>disappear</b> completely. It returned after 4 months.	3	
enjoy	v	/'ɪn'dʒɔɪ/	Did you <b>enjoy</b> yourself at the party?	3	
escape	v	/'ɪskeɪp/	James Bond managed to <b>escape</b> from Sacaramanga.	3	
exactly	adv	/'ɪg'zækt(t)li/	Your daughter looks <b>exactly</b> like you.	3	
excellent	adj	/'eksələnt/	Her Spanish is <b>excellent</b> ! She speaks so well.	3	
expiry date	n	/'ɪk'spaɪəri deɪt/	What's the <b>expiry date</b> on your credit card?	3	
feathers	n pl	/'feðə(r)z/	Beautiful new <b>feathers</b> grew on the penguin's back.	3	
feed	v	/fi:d/	What did you <b>feed</b> the penguin? Sardines?	3	
finishing line	n	/'fɪnɪʃɪŋ laɪn/	The Brownlee brothers run together to the <b>finishing line</b> .	3	
fluently	adv	/'flu:əntli/	My mum speaks Spanish <b>fluently</b> .	3	
furious	adj	/'fjʊəriəs/	I was <b>furious</b> that he didn't come to the meeting.	3	
generously	adv	/'dʒenərəsli/	My aunt paid the painter very <b>generously</b> .	3	
gradually	adv	/'grædʒuəli/	<b>Gradually</b> , I learned to smile again.	3	
guess	v	/'ges/	If you don't know the answer, you'll have to <b>guess</b> .	3	
guiltily	adv	/'gɪltɪli/	She looked at me, <b>guiltily</b> . She had something to confess.	3	
gun	n	/'gʌn/	In the movie, James Bond took his <b>gun</b> from under his pillow.	3	
gunshot	n	/'gʌn'ʃɒt/	The window banging shut sounded like a <b>gunshot</b> .	3	
happily	adv	/'hæpɪli/	Leah ran into his dad's arms <b>happily</b> .	3	
headfirst	adv	/'hed'fɜ:(r)st/	She fell <b>headfirst</b> into a fountain.	3	
headline	n	/'hed'laɪn/	The newspaper <b>headline</b> says Martha was injured in the accident.	3	
honk	v	/'hɒŋk/	Do penguins <b>honk</b> when they are happy?	3	
injured	adj	/'ɪndʒəd/	Lisa was <b>injured</b> when she was texting a friend.	3	
invitation	n	/'ɪnvɪ'teɪʃ(ə)n/	Thank you for your <b>invitation</b> . Unfortunately, I can't come.	3	
luxurious	adj	/'lʌg'zjʊəriəs/	They live in a <b>luxurious</b> house in the centre of Paris.	3	

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adj = adjective conj = conjunction det = determiner excl = exclamation phr v = phrasal verb phr = phrase pron = pronoun

adv = adverb n = noun pl = plural prep = preposition v = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
midnight	n	/ˈmɪd.naɪt/	He arrived at <b>midnight</b> and went straight to bed.	3	
motorway	n	/ˈməʊtə(r).weɪ/	The police stopped me on the <b>motorway</b> because I was speeding.	3	
oil	n	/ɔɪl/	The penguin's feathers were covered in <b>oil</b> .	3	
painter	n	/ˈpeɪntə(r)/	My granny hired a <b>painter</b> to paint her portrait.	3	
passionately	adv	/ˈpæʃ(ə)nətli/	They loved each other <b>passionately</b> .	3	
payday	n	/peɪ.deɪ/	I won't buy you that toy until <b>payday</b> , when I get the cheque.	3	
peacefully	adv	/ˈpiːsf(ə)li/	The baby slept <b>peacefully</b> all night.	3	
penguin	n	/ˈpenɡwɪn/	A <b>penguin</b> is a type of bird, but it can't fly.	3	
pillow	n	/ˈpɪləʊ/	The bed was comfortable, but the <b>pillow</b> was too soft.	3	
poem	n	/ˈpəʊɪm/	My favourite <b>poem</b> is Shakespeare's sonnet XVIII.	3	
portrait	n	/ˈpɔː(r)trɪt/	There's a <b>portrait</b> of my Aunt Camilla at the local art gallery.	3	
refuse	v	/rɪˈfjuːz/	She was so unhappy with his work that she <b>refused</b> to pay him.	3	
robber	n	/ˈrɒbə(r)/	The <b>robber</b> escaped in a car that was parked outside the bank.	3	
sardine	n	/sɑː(r)ˈdiːn/	He gave the penguin a <b>sardine</b> as a reward for the trick.	3	
seashore	n	/ˈsiː.ʃɔː(r)/	I'm going down to the <b>seashore</b> for a walk. Would you like to come?	3	
secret agent	n	/ˈsiːkrət ˈeɪdʒ(ə)nt/	James Bond is a famous fictional <b>secret agent</b> .	3	
sick	adj	/sɪk/	You don't look well. Are you feeling <b>sick</b> ?	3	
spot	v	/spɒt/	They are identical twins. I can't <b>spot</b> any difference.	3	
spy	n	/spaɪ/	He was a <b>spy</b> for the secret service.	3	
staff	n	/stɑːf/	The <b>staff</b> were really kind and helped me with my shopping.	3	
stall	n	/stɔːl/	Let's go to the food <b>stall</b> to buy a sandwich.	3	
strong	adj	/strɒŋ/	After my illness, it took me a while to get <b>strong</b> again.	3	
studio	n	/ˈstjuːdiəʊ/	The painter rented a <b>studio</b> in the town centre.	3	
tail	n	/teɪl/	Bulldogs have a really short <b>tail</b> .	3	
tear	n	/teə(r)/	When I looked at him a <b>tear</b> was rolling down his face. It was so sad.	3	
thump	v	/θʌmp/	I was so excited I could hear my heart <b>thump</b> .	3	
tiny	adj	/ˈtaɪni/	The penguin was <b>tiny</b> when it was born.	3	
triathlon	n	/traɪˈæθlən/	In a <b>triathlon</b> , athletes have to run, swim and cycle.	3	
urgently	adv	/ˈɜː(r)dʒ(ə)ntli/	Quick, James! Help me in!', Mary whispered <b>urgently</b> .	3	
vase	n	/vaːz/	He tripped and dropped a <b>vase</b> of flowers.	3	
wallet	n	/ˈwɒlɪt/	I lost my <b>wallet</b> while I was shopping.	3	
whisper	v	/ˈwɪspə(r)/	It's rude to <b>whisper</b> in front of other people.	3	
alcohol	n	/ˈælkə.hɒl/	Don't drink any <b>alcohol</b> if you are going to drive.	4	
attraction	n	/əˈtrækʃ(ə)n/	The main <b>attraction</b> in the city of Bath are the Roman Baths.	4	
bake	v	/beɪk/	These cookies are delicious. Did you <b>bake</b> them?	4	
baking	n	/beɪkɪŋ/	Have you got any <b>baking</b> chocolate?	4	
bitterly	adv	/ˈbɪtə(r)li/	The night was <b>bitterly</b> cold.	4	
bunch	n	/bʌntʃ/	Can I have a <b>bunch</b> of bananas, please?	4	
can	n	/kæn/	He cut himself opening a <b>can</b> of tuna fish.	4	
caramel	n	/ˈkærəmel/	I love <b>caramel</b> sauce. It's so sweet.	4	
chef	n	/ʃef/	My dad works as a <b>chef</b> at a famous restaurant.	4	
chewing gum	n	/ˈtʃuːɪŋ .ɡʌm/	<b>Chewing gum</b> is a type of sweet. You chew it but you don't swallow it.	4	
chillies	n pl	/ˈtʃɪliːz/	<b>Chillies</b> are usually hot and spicy.	4	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
complaint	<i>n</i>	/kəm'pleɪnt/	The restaurant was so successful they never had a <b>complaint</b> .	4	
contented	<i>adj</i>	/kən'tentɪd/	My granddad was a happy and <b>contented</b> man.	4	
cookies	<i>n pl</i>	/'kʊkiz/	Chocolate chip <b>cookies</b> are my favourite.	4	
crisps	<i>n pl</i>	/krɪspz/	I ate a bag of <b>crisps</b> before lunch today. I was so hungry.	4	
curry	<i>n</i>	/'kʌrɪ/	My favourite food is spicy Indian <b>curry</b> .	4	
decaf	<i>abbrev</i>	/'di:kæf/	I love coffee, but I usually have it <b>decaf</b> .	4	
delicatessen	<i>n</i>	/.delɪkə'tes(ə)n/	This new pastrami is a <b>delicatessen</b> . Try it!	4	
discover	<i>v</i>	/'dɪskʌvə(r)/	I didn't <b>discover</b> I didn't have any salt until I started cooking.	4	
dough	<i>n</i>	/'dəʊ/	The <b>dough</b> for the bread is ready.	4	
engineer	<i>n</i>	/.endʒɪ'niə(r)/	My daughter is studying to become an <b>engineer</b> .	4	
flavour	<i>n</i>	/'fleɪvə(r)/	Strawberry is my favourite chewing gum <b>flavour</b> .	4	
fork	<i>n</i>	/'fɔ:(r)k/	You can't eat crisps with a <b>fork</b> .	4	
french fries	<i>n pl</i>	/'frentʃ'fraɪz/	Would you like some <b>French fries</b> with your hamburger?	4	
fridge	<i>n</i>	/'frɪdʒ/	I was making omelettes, so I took some eggs out of the <b>fridge</b> .	4	
fry	<i>v</i>	/'fraɪ/	Did you <b>fry</b> the fish? It is delicious.	4	
fussy	<i>adj</i>	/'fʌsi/	I was never a <b>fussy</b> eater. I liked everything!	4	
glasses	<i>n pl</i>	/'glɑ:sɪz/	I can't see without my <b>glasses</b> .	4	
guest	<i>n</i>	/'gest/	The hotel <b>guest</b> complained about the service.	4	
hike	<i>v</i>	/'haɪk/	We didn't come to the mountain to ski, we want to <b>hike</b> .	4	
ice lolly	<i>n</i>	/'aɪs 'lɒli/	My kids love to have an <b>ice lolly</b> when it's hot.	4	
ID	<i>abbrev</i>	/'aɪ 'di/	Have you got any <b>ID</b> to prove you're over 18?	4	
increase	<i>n</i>	/'ɪnkri:s/	There was an <b>increase</b> in sales of chocolate bars due to Mary's recipe.	4	
industrial	<i>adj</i>	/'ɪndʌstriəl/	I live in an <b>industrial</b> town outside London.	4	
invent	<i>v</i>	/'ɪn'vent/	It's very difficult to <b>invent</b> something totally new.	4	
lick	<i>v</i>	/'lɪk/	You don't chew ice lollies, you <b>lick</b> them.	4	
lift	<i>n</i>	/'lɪft/	Could you please give me a <b>lift</b> to the airport?	4	
loaf	<i>n</i>	/'ləʊf/	Can I have a <b>loaf</b> of white bread, please?	4	
lose	<i>v</i>	/'lu:z/	As adults, we <b>lose</b> a lot of taste buds.	4	
match	<i>n</i>	/'mætʃ/	We need a <b>match</b> to light a fire.	4	
melt	<i>v</i>	/'melt/	Chocolate chips don't <b>melt</b> completely in the oven.	4	
newsagent's	<i>n</i>	/'nju:z,eɪdʒ(ə)nts/	I bought your birthday card at the <b>newsagent's</b> .	4	
off-licence	<i>n</i>	/'ɒf laɪs(ə)ns/	I'll go to the <b>off-licence</b> to get a bottle of wine.	4	
olive	<i>n</i>	/'ɒlɪv/	You have to try the Kalamata <b>olive</b> when you are in Greece.	4	
omelette	<i>n</i>	/'ɒmlət/	There are no eggs in the fridge so you can't make an <b>omelette</b> .	4	
original	<i>adj</i>	/'ɔ:riʒ(ə)nəl/	The <b>original</b> US name for ice lollies is popsicles.	4	
out of this world	<i>phr</i>	/'aʊt əv ðɪs 'wɜ:(r)ld/	The views from the hotel window were <b>out of this world</b> .	4	
packet	<i>n</i>	/'pækɪt/	Can I have a <b>packet</b> of crisps, please?	4	
patent	<i>n</i>	/'peɪt(ə)nt/	Frank Epperson sold the <b>patent</b> for his popsicles.	4	
petrol	<i>n</i>	/'petrəl/	Is there any <b>petrol</b> in the car?	4	
popular	<i>adj</i>	/'pɒpjələ(r)/	Ice lollies are very <b>popular</b> with kids.	4	
porch	<i>n</i>	/'pɔ:(r)tʃ/	The kids are playing on the front <b>porch</b> .	4	
postcard	<i>n</i>	/'pəʊs(t),kɑ:(r)d/	Send me a <b>postcard</b> when you get to Italy.	4	
powder	<i>n</i>	/'paʊdə(r)/	Ice lollies are made by mixing flavoured <b>powder</b> with water.	4	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
publish	v	/ˈpʌblɪʃ/	Did they <b>publish</b> your article in the local newspaper?	4	
receive	v	/rɪˈsiːv/	When did you <b>receive</b> the letter?	4	
roast chicken	n	/rəʊst ˈtʃɪkɪn/	We're having <b>roast chicken</b> for dinner.	4	
secret	n	/ˈsiːkrət/	What's the <b>secret</b> to a long happy life?	4	
shopkeeper	n	/ˈʃɒp.kiːpə(r)/	My dad was a <b>shopkeeper</b> . He had a fish and chip shop.	4	
slice	n	/slaɪs/	You have to <b>slice</b> the potato really thin to make crisps.	4	
sparkling	adj	/ˈspɑː(r)k(ə)lɪŋ/	How would you like the water, still or <b>sparkling</b> ?	4	
spectacular	adj	/spekˈtækjələ(r)/	The views from the mountain top were <b>spectacular</b> .	4	
spicy	adj	/ˈspaɪsi/	Young children don't usually like <b>spicy</b> curries.	4	
spinach	n	/ˈspɪnɪdʒ/	<b>Spinach</b> is my favourite vegetable.	4	
spoon	n	/spuːn/	He served the vegetables with a <b>spoon</b> .	4	
spoonful	n	/ˈspuːnfʊl/	Add a <b>spoonful</b> of sugar to the mixture.	4	
sprouts	n pl	/spraʊts/	<b>Sprouts</b> are small, round and green and taste like cabbage.	4	
strange	adj	/streɪndʒ/	It was <b>strange</b> that he called so late.	4	
successful	adj	/səkˈsesf(ə)l/	The company that bought the patent became very <b>successful</b> .	4	
supply	n	/səˈplaɪ/	Wouldn't it be great to have a lifetime's <b>supply</b> of chocolate?	4	
taste	v	/teɪst/	These cookies <b>taste</b> delicious. You have to give me the recipe.	4	
taste buds	n pl	/ˈteɪst bʌdz/	We use the <b>taste buds</b> in our tongue to recognize different flavours.	4	
thin	adj	/θɪn/	<b>Thin</b> crispy vegetables are my favourite.	4	
tissues	n pl	/ˈtɪʃuːz/	I can't stop sneezing! Have you got a box of <b>tissues</b> ?	4	
tongue	n	/tʌŋ/	Supertasters have more taste buds in their <b>tongue</b> than most people.	4	
tuna	n	/ˈtjuːnə/	Cats usually love <b>tuna</b> .	4	
unexpected	adj	/ˌʌnɪkˈspektɪd/	His success was <b>unexpected</b> . Nobody thought it would happen.	4	
wax paper	n	/wæks ˈpeɪpə(r)/	They sell their fish and chips in <b>wax paper</b> .	4	
whisky	n	/ˈwɪski/	He drank a glass of <b>whisky</b> and went to bed.	4	
advertising	n	/ˈædvə(r)taɪzɪŋ/	Marek works in <b>advertising</b> . He designs ads for television.	5	
ambition	n	/æmˈbɪʃ(ə)n/	His <b>ambition</b> was to become a doctor.	5	
apply	v	/əˈplaɪ/	I'm going to <b>apply</b> for a job in a big company.	5	
arrest	v	/əˈrest/	The police went to his room to <b>arrest</b> him.	5	
as usual	phrase	/æz ˈjuːʒʊəl/	He's going to be late, <b>as usual</b> .	5	
attack	n	/əˈtæk/	Teenagers are behind some of the most notorious cyber <b>attacks</b> .	5	
average	n	/ˈæv(ə)rɪdʒ/	The <b>average</b> age of a hacker is just 17.	5	
award	n	/əˈwɔː(r)d/	He won an <b>award</b> for one of his ads.	5	
ballet	n	/ˈbæleɪ/	My son wants to train to be a <b>ballet</b> dancer.	5	
break	n	/breɪk/	You work too much. You need a <b>break</b> .	5	
brilliant	adj	/ˈbrɪljənt/	You're <b>brilliant</b> with kids. You should be a teacher.	5	
bully	v	/ˈbʊli/	We didn't <b>bully</b> him. We tried to make friends with him.	5	
career	n	/kəˈrɪə(r)/	Leaving his job was a bad <b>career</b> decision.	5	
carry out	phr v	/kæri ˈaʊt/	He didn't <b>carry out</b> 800 virus attacks. They were nearly 600.	5	
catch up	phr v	/kætʃ ˈʌp/	Hi! I'm just calling to <b>catch up</b> with your news.	5	
competition	n	/ˌkɒmpəˈtɪʃ(ə)n/	We had a <b>competition</b> to see who scored the most goals.	5	
course	n	/kɔː(r)s/	Do you know which <b>course</b> you are going to study next year?	5	
court	n	/kɔː(r)t/	They took Adam Mudd to <b>court</b> for creating and selling a virus.	5	

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crash	v	/kræʃ/	The virus was used to <b>crash</b> websites all over the world.	5	
create	v	/kri'eit/	Why did he <b>create</b> the software?	5	
cyber criminal	n	/saɪbə(r) 'krɪmɪn(ə)l/	He sold the programme to a <b>cyber criminal</b> .	5	
debts	n pl	/dets/	I need to pay off a <b>debt</b> of £15,000.	5	
definite	adj	/'def(ə)nət/	Have you got any <b>definite</b> plans for this weekend?	5	
develop	v	/dɪ'veləp/	You need to train hard to <b>develop</b> your talent.	5	
disappointed	adj	/'dɪsə'pɔɪntɪd/	I think you'll enjoy the film. You won't be <b>disappointed</b> .	5	
doubt	v	/'daʊt/	Do you really think he'll come to the party? I <b>doubt</b> it.	5	
earn	v	/ɜ:(r)n/	Does Marek <b>earn</b> a lot of money in his new job?	5	
exam	n	/'ɪg'zæm/	You won't pass your <b>exam</b> if you don't study harder.	5	
fall out	phr v	/'fɔ:l 'aʊt/	We were very good friends. I never thought I could <b>fall out</b> with him.	5	
fashion	n	/'fæʃ(ə)n/	She loves clothes, so she's doing a course on <b>fashion</b> design.	5	
favourite	adj	/'feɪv(ə)rət/	My favourite <b>hobby</b> is swimming.	5	
fed up	adj	/'fed 'ʌp/	I'm so <b>fed up</b> with taking exams!	5	
get on (well) with	phr v	/'get ɒn ('wel) wɪð/	I like my new boss. I <b>get on well with</b> him.	5	
give up	phr v	/'gɪv 'ʌp/	If you like dancing so much, don't <b>give up</b> !	5	
grandparents	n pl	/'grænz(d),peərənts/	My <b>grandparents</b> live in Germany. I visit them every summer.	5	
grow up	phr v	/'grəʊ 'ʌp/	What do you want to be when you <b>grow up</b> ?	5	
hacker	n	/'hækə(r)/	He was a <b>hacker</b> and got a really good IT job.	5	
homesick	adj	/'həʊm,sɪk/	I feel a bit <b>homesick</b> when I travel.	5	
idiomatic	adj	/'ɪdiə'mætɪk/	Her Italian is fluent and <b>idiomatic</b> .	5	
landscape design	n	/'lænd(d),skeɪp dɪ'zain/	I'm interested in gardens so I'm going to do <b>landscape design</b> .	5	
leap	v	/'li:p/	He's a ballet dancer and he can <b>leap</b> really high.	5	
literal	adj	/'lɪt(ə)rəl/	The <b>literal</b> meaning of take is 'to lift'.	5	
look after	phr v	/'lʊk 'ɑ:ftə(r)/	When I was young, I had to <b>look after</b> my baby brother.	5	
look forward to	phr v	/'lʊk 'fɔ:(r)wəd(r)d tu:z/	I <b>look forward to</b> seeing you again.	5	
look up	phr v	/'lʊk 'ʌp/	If you don't know the meaning of a word, <b>look it up</b> in a dictionary!	5	
miserable	adj	/'mɪz(ə)rəb(ə)l/	Fighting with a friend makes you feel <b>miserable</b> .	5	
notorious	adj	/'nɔ:ʃtə:riəs/	He was <b>notorious</b> for his crimes.	5	
owe	v	/əʊ/	My daughter <b>owes</b> me £100. She hasn't paid me yet.	5	
paramedic	n	/'pærə'medɪk/	I work as a <b>paramedic</b> . I try to help sick people.	5	
pay back	phr v	/'peɪ 'bæk/	I'll lend you the money but please <b>pay me back</b> as soon as you can.	5	
principal	adj	/'prɪnsəp(ə)l/	Joel's dream is to become the <b>principal</b> dancer at the ballet company.	5	
prison	n	/'prɪz(ə)n/	Mudd will spend the next two years in <b>prison</b> for cyber crime.	5	
program	n	/'prəʊgræm/	Hackers used his computer <b>program</b> to crash websites worldwide.	5	
run out of	phr v	/'rʌn 'aʊt əv/	I have to stop at the petrol station or I'll <b>run out of</b> petrol.	5	
slum	n	/'slʌm/	A <b>slum</b> is an area of a city that is very poor and in bad condition.	5	
soul	n	/'səʊl/	I'll tell you my secret, but don't tell a <b>soul</b> .	5	
stressful	adj	/'stresf(ə)l/	My job is so <b>stressful</b> . I need a break!	5	
suitable	adj	/'su:təb(ə)l/	The kitchen isn't a <b>suitable</b> place for a meeting.	5	
take off	phr v	/'teɪk 'ɒf/	Come in and <b>take off</b> your coat.	5	
take up	phr v	/'teɪk 'ʌp/	I'm going to <b>take up</b> dancing lessons this year.	5	
talent	n	/'tælənt/	I wanted to become a musician but I had no <b>talent</b> .	5	

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adv = adverb n = noun pl = plural prep = preposition v = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
throw away	phr v	/θrəʊ ə 'wei/	Don't <b>throw</b> the newspaper <b>away</b> . I want to read it.	5	
traffic jam	n	/'træfɪk dʒæm/	We were stuck in a <b>traffic jam</b> for two hours!	5	
try on	phr v	/traɪ 'ɒn/	Can I <b>try on</b> your dress? It looks so pretty.	5	
turn off	phr v	/tɜː(r)n 'ɒf/	<b>Turn off</b> the lights before you leave.	5	
turn round	phr v	/tɜː(r)n 'raʊnd/	<b>Turn round</b> and let me see the back of that dress. It looks great.	5	
username	n	/'juːzə(r), neɪm/	You need a <b>username</b> and password to use this computer.	5	
virus	n	/'vaɪrəs/	He created a computer <b>virus</b> and carried out 600 cyber attacks.	5	
ability	n	/ə 'bɪləti/	Princess Diana had a special <b>ability</b> to connect with ordinary people.	6	
accountant	n	/ə 'kaʊntənt/	An <b>accountant</b> checks my financial accounts.	6	
actor	n	/'æktə(r)/	Is Daniel Craig the <b>actor</b> of the latest James Bond movie?	6	
adviser	n	/əd 'vaɪzə(r)/	Diana's <b>adviser</b> suggested that she shouldn't touch sick people.	6	
afraid	adj	/ə 'freɪd/	Are you <b>afraid</b> of heights?	6	
amazing	adj	/ə 'meɪzɪŋ/	It's <b>amazing</b> how much the Roman civilization accomplished.	6	
ancestor	n	/'ænsɛstə(r)/	My grandmother told me my <b>ancestors</b> were actually Lebanese.	6	
ancient	adj	/'eɪnʃ(ə)nt/	Why do many things in modern Britain come from <b>ancient</b> Rome?	6	
announce	v	/ə 'naʊns/	The government will <b>announce</b> a new tax on petrol soon.	6	
aqueduct	n	/'ækwɪ dʌkt/	Segovia in Spain is famous for its Roman <b>aqueduct</b> .	6	
archaeology	n	/.ɑː(r)ki 'ɒlədʒi/	<b>Archaeology</b> studies the cultures of the past by examining its remains.	6	
argument	n	/'ɑː(r)ɡjʊmənt/	I had an <b>argument</b> with him at work and we fell out.	6	
armies	n pl	/'ɑː(r)mɪz/	The Romans built the highways for their <b>armies</b> .	6	
artist	n	/'ɑː(r)tɪst/	After <i>The Beatles</i> , John Lennon became a solo <b>artist</b> .	6	
assistant	n	/ə 'sɪst(ə)nt/	He helps me out with my work. He's my <b>assistant</b> .	6	
avoid	v	/ə 'vɔɪd/	How did rich people <b>avoid</b> paying taxes in ancient Rome?	6	
biography	n	/baɪ 'ɒɡrəfi/	A <b>biography</b> is the story of a person's life.	6	
catch	v	/kætʃ/	Put on some warm clothes or you'll <b>catch</b> a cold.	6	
celebrity	n	/sə 'leɪbrəti/	Princess Diana was a <b>celebrity</b> — everybody knew who she was.	6	
charity	n	/'tʃærəti/	She was famous for her <b>charity</b> work, helping people in need.	6	
cleaner	n	/'kliːnə(r)/	My grandma worked as a <b>cleaner</b> and dressmaker.	6	
coin	n	/kɔɪn/	Have you got a euro <b>coin</b> for the vending machine?	6	
contact	n	/'kɒntækt/	You can't catch leprosy through physical <b>contact</b> .	6	
currency	n	/'kʌrənsɪ/	What <b>currency</b> do they use in Sweden, the euro or the Swedish Krona?	6	
date	v	/deɪt/	Prince Harry and Meghan Markle started to <b>date</b> in 2016.	6	
death	n	/deθ/	News about Diana's <b>death</b> came as a shock.	6	
destroy	v	/dɪ 'strɔɪ/	The HALO organisation finds and <b>destroys</b> landmines.	6	
discovery	n	/dɪ 'skʌv(ə)rɪ/	Have you ever made an important <b>discovery</b> ?	6	
distant	adj	/'dɪstənt/	Do you think we'll be able to travel to a <b>distant</b> planet in the future?	6	
dressmaker	n	/'dres.meɪkə(r)/	My grandma was a <b>dressmaker</b> . She made dresses for a local shop.	6	
economist	n	/'i.kɒnə'mɪst/	An <b>economist</b> studies how a society organises its money.	6	
electrician	n	/'ɪ.lek'trɪʃ(ə)n/	I called an <b>electrician</b> to set up all the electrical equipment at home.	6	
empire	n	/'empaɪə(r)/	The Roman <b>empire</b> is one of my favourite periods in ancient History.	6	
environment	n	/'ɪn'vaɪrənmənt/	Excess of traffic pollutes the <b>environment</b> .	6	
execute	v	/'eksɪ.kju:t/	Few countries <b>execute</b> prisoners these days.	6	
exhibition	n	/'eksɪ'bɪʃ(ə)n/	Have you seen the Tutankhamun <b>exhibition</b> at the British museum?	6	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
expense	<i>n</i>	/ɪk'spens/	They renovated their house at great <b>expense</b> .	6	
fame	<i>n</i>	/feɪm/	She won instant <b>fame</b> with her latest movie.	6	
footsteps	<i>n pl</i>	/'fʊt,steps/	Julian Lennon became a musician, following in his dad's <b>footsteps</b> .	6	
foreign	<i>adj</i>	/'fɔːrɪn/	Have you ever lived in a <b>foreign</b> country?	6	
glove	<i>n</i>	/glʌv/	Can I borrow your gardening <b>gloves</b> ?	6	
government	<i>n</i>	/'gʌvə(r)nmənt/	Prince Harry asked the <b>government</b> to stop using landmines by 2025.	6	
homeless	<i>adj</i>	/'həʊmləs/	After the fire, they were left <b>homeless</b> .	6	
interpreter	<i>n</i>	/'ɪn'tɜː(r)prɪtə(r)/	He works as an <b>interpreter</b> at the UN, translating all the meetings.	6	
invade	<i>v</i>	/'ɪn'veɪd/	When did the Romans <b>invade</b> Britain?	6	
inventor	<i>n</i>	/'ɪn'ventə(r)/	Thomas Edison was an American <b>inventor</b> .	6	
join	<i>v</i>	/'dʒɔɪn/	You don't have to <b>join</b> the Army if you don't want to.	6	
kitten	<i>n</i>	/'kɪt(ə)n/	The cat isn't big because it's still a <b>kitten</b> .	6	
landmines	<i>n pl</i>	/'lænd,maɪnz/	All governments should forbid the use of <b>landmines</b> .	6	
leprosy	<i>n</i>	/'leɪprəsi/	<b>Leprosy</b> is an infectious disease.	6	
lifetime	<i>n</i>	/'laɪf,tɑɪm/	You've travelled a lot in your <b>lifetime</b> .	6	
minced meat	<i>n</i>	/'mɪnst mi:t/	The Romans ate <b>minced meat</b> with bread and lettuce.	6	
minefield	<i>n</i>	/'maɪn,fi:ld/	Princess Diana walked through a cleared <b>minefield</b> to prove it wasn't	6	
musician	<i>n</i>	/'mjuːzɪj(ə)n/	She's studying the trumpet because she wants to be a <b>musician</b> .	6	
ordinary	<i>adj</i>	/'ɔː(r)d(ə)n(ə)ri/	<b>Ordinary</b> people pay too much tax.	6	
orphan	<i>n</i>	/'ɔː(r)f(ə)n/	Her parents died when she was five and she became an <b>orphan</b> .	6	
passion	<i>n</i>	/'pæʃ(ə)n/	Frieda Hoffmann's <b>passion</b> is ancient history.	6	
patron	<i>n</i>	/'peɪtrən/	Princess Diana was <b>patron</b> of several charities.	6	
pharaoh	<i>n</i>	/'feərəʊ/	Tutankhamun is probably the most famous <b>pharaoh</b> of ancient Egypt.	6	
politician	<i>n</i>	/'pɒlə'tɪʃ(ə)n/	Leah is a <b>politician</b> . She's an elected member of parliament.	6	
professor	<i>n</i>	/'prɒ'fesə(r)/	My father got a job as a <b>Professor</b> of History at Cambridge University.	6	
protester	<i>n</i>	/'prɒ'testə(r)/	<b>Protesters</b> marched through the city against racial discrimination.	6	
public	<i>adj</i>	/'pʌblɪk/	Ancient Roman cities usually had <b>public</b> baths.	6	
recently	<i>adv</i>	/'riːs(ə)ntli/	My dad has <b>recently</b> published a book. It came out last month.	6	
refugees	<i>n pl</i>	/'refjʊ'dʒiːz/	Hundreds of war <b>refugees</b> were trying to enter the country.	6	
regularly	<i>adv</i>	/'regjʊlə(r)li/	I visit my parents <b>regularly</b> .	6	
reminder	<i>n</i>	/'ri'maɪndə(r)/	The accident served as a <b>reminder</b> that we must drive carefully.	6	
research	<i>v</i>	/'riːsəː(r)tʃ/	I'm going to <b>research</b> my family history.	6	
reservation	<i>n</i>	/'rezə(r)'veɪʃ(ə)n/	Did you call the restaurant to make a <b>reservation</b> ?	6	
set up	<i>phr v</i>	/'set 'ʌp/	Prince Harry <b>set up</b> a charity for AIDS orphans in 2006.	6	
sewage	<i>n</i>	/'suːɪdʒ/	What comes out of toilets is called <b>sewage</b> .	6	
shelter	<i>n</i>	/'ʃeltə(r)/	They've built an animal <b>shelter</b> near my home.	6	
shipyard	<i>n</i>	/'ʃɪp,jɑː(r)d/	He's a <b>shipyard</b> worker. He repairs ships.	6	
soldier	<i>n</i>	/'səʊldʒə(r)/	My great grandfather was a <b>soldier</b> in the Great War.	6	
solo artist	<i>n</i>	/'səʊləʊ 'ɑː(r)tɪst/	After <i>The Beatles</i> , John Lenon became a <b>solo artist</b> .	6	
straight	<i>adj</i>	/'streɪt/	Roman roads are incredibly <b>straight</b> — no curves at all.	6	
taxes	<i>n pl</i>	/'tæksɪz/	<b>Taxes</b> are the money you pay to the government.	6	
tent	<i>n</i>	/'tent/	I slept in a <b>tent</b> when I went camping.	6	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
tomb	n	/tu:m/	Archaeologists have discovered a new <b>tomb</b> near Cairo.	6	
underpants	n pl	/'ʌndə(r),pænts/	He took off his trousers, showing his <b>underpants</b> .	6	
victim	n	/'vɪktɪm/	Don't blame her for the attack. She's the <b>victim</b> .	6	
wide	adj	/waɪd/	Roman roads were usually long and <b>wide</b> .	6	
wildlife	n	/'waɪld,lɑɪf/	He grew up in a <b>wildlife</b> park in Australia.	6	
adore	v	/ə'dɔ:(r)/	I <b>adore</b> the colours in this photo!	7	
bridge	n	/'brɪdʒ/	Let's use the <b>bridge</b> to cross the river.	7	
bright	adj	/'braɪt/	It was a <b>bright</b> sunny morning.	7	
building	n	/'bɪldɪŋ/	My favourite <b>building</b> is the City Hall, in the historical centre.	7	
calm	adj	/kɑ:m/	The city of Santa Barbara is so <b>calm</b> . It's great for relaxing.	7	
capture	n	/'kæptʃə(r)/	The film begins with the <b>capture</b> of the hero by his enemy.	7	
collection	n	/'kɒlɪkʃ(ə)n/	They're exhibiting a <b>collection</b> of Modigliani's works at the museum.	7	
composer	n	/'kɒm'pəʊzə(r)/	Ennio Morricone is a famous film <b>composer</b> .	7	
concert	n	/'kɒnsə(r)t/	There's a rock <b>concert</b> at Wembley Arena. Would you like to come?	7	
concert hall	n	/'kɒnsə(r)t hɔ:l/	If you like live music, you should go to the <b>concert hall</b> .	7	
cosmopolitan	adj	/'kɒzmə'pɒlɪt(ə)n/	Berlin is a <b>cosmopolitan</b> city. It attracts unusual people.	7	
dirty	adj	/'dɜ:(r)ti/	This plate is <b>dirty</b> , could you please bring me a clean one?	7	
experience	n	/'ɪk'spɪəriəns/	She has five years' <b>experience</b> as a nurse.	7	
factory	n	/'fæktəri/	He works for an iron and steel <b>factory</b> .	7	
fierce	adj	/'fɪə(r)s/	Even big <b>fierce</b> tigers are scared sometimes.	7	
fireplace	n	/'faɪə(r),pleɪs/	There's a <b>fireplace</b> in the living room. You can light a fire when it's cold.	7	
friendly	adj	/'fren(d)li/	I loved Greece. People were so <b>friendly</b> and kind with us!	7	
glad	adj	/'glæd/	I'm so <b>glad</b> to see you. How are you?	7	
gorgeous	adj	/'gɔ:(r)dʒəs/	The view from the hotel room was <b>gorgeous</b> ! I loved it.	7	
iron	n	/'aɪə(r)n/	The gates are made of <b>iron</b> .	7	
jungle	n	/'dʒʌŋɡ(ə)l/	You can find tigers in the <b>jungle</b> .	7	
lightning	n	/'laɪtnɪŋ/	There was a flash of <b>lightning</b> in the sky.	7	
mood	n	/'mu:d/	You are in a good <b>mood</b> today, all happy and friendly!	7	
mysterious	adj	/'mɪ'stɪəriəs/	The forest looked dark and <b>mysterious</b> .	7	
negative	adj	/'negətɪv/	Anger is a <b>negative</b> feeling.	7	
nightlife	n	/'naɪt,lɑɪf/	Berlin's <b>nightlife</b> is fantastic! There are lots of good bars and clubs.	7	
opposite	prep	/'ɒpəzɪt/	The bank is <b>opposite</b> the theatre. You just have to cross the road.	7	
out of focus	phrase	/'aʊt əv 'fəʊkəs/	This photo is a bit <b>out of focus</b> . I can't see your face very well.	7	
parcel	n	/'pɑ:(r)s(ə)l/	I have to go to the post office to collect a <b>parcel</b> .	7	
photographer	n	/'fə'tɒgrəfə(r)/	She's a professional <b>photographer</b> . She takes pictures of celebrities.	7	
pleased	adj	/'pli:zd/	I'm very <b>pleased</b> with my new phone. The camera is fantastic!	7	
population	n	/'pɒpjʊ'leɪʃ(ə)n/	Pittsburgh has a <b>population</b> of about 2.4 million.	7	
pretend	v	/'pri'tend/	I know you heard me, so don't <b>pretend</b> otherwise.	7	
proud	adj	/'praʊd/	My son has just graduated college. I'm so <b>proud</b> of him.	7	
qualified	adj	/'kwɒlɪfaɪd/	I'm a <b>qualified</b> nurse. I can help you with your patients.	7	
rediscover	v	/'rɪ:di'skʌvə(r)/	Having a kid made me <b>rediscover</b> the joy of playing.	7	
reliable	adj	/'rɪ'laɪəb(ə)l/	She's a <b>reliable</b> friend. I can always count on her.	7	
rude	adj	/'ru:d/	Don't be <b>rude</b> . Apologise immediately!	7	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
salary	<i>n</i>	/ˈsæləri/	I quit my job because my <b>salary</b> was very low. I didn't earn enough.	7	
salty	<i>adj</i>	/ˈsɔ:lti/	You put too much salt in the food. It's a bit <b>salty</b> .	7	
screen saver	<i>n</i>	/ˈskri:n seivə(r)/	I love this photo! It's going to be my new computer <b>screen saver</b> .	7	
sculptor	<i>n</i>	/ˈskʌlptə(r)/	Modigliani was an Italian painter and <b>sculptor</b> .	7	
shadow	<i>n</i>	/ˈʃædəʊ/	The sunlight made long <b>shadows</b> on the ground.	7	
skyscraper	<i>n</i>	/ˈskaɪ,skreɪpə(r)/	The Empire State Building is a famous <b>skyscraper</b> in New York.	7	
specialize	<i>v</i>	/ˈspeʃəlaɪz/	I'm a professional photographer. I <b>specialize</b> on art photography.	7	
steel	<i>n</i>	/sti:l/	<b>Steel</b> is made of a mixture of iron and carbon.	7	
storm	<i>n</i>	/stɔ:(r)m/	It wasn't just raining. It was a heavy <b>storm</b> .	7	
stupid	<i>adj</i>	/ˈstju:pɪd/	I made a mistake and felt so <b>stupid</b> .	7	
terrified	<i>adj</i>	/ˈterəfaɪd/	I'm <b>terrified</b> of spiders.	7	
thunder	<i>n</i>	/ˈθʌndə(r)/	Did you hear <b>thunder</b> ? I think a storm is approaching.	7	
tour	<i>n</i>	/tʊə(r)/	We wen't to Japan on <b>tour</b> .	7	
turtle	<i>n</i>	/ˈtɜ:(r)t(ə)l/	The <b>turtle</b> is my favourite sea animal at the aquarium.	7	
unique	<i>adj</i>	/ju:'ni:k/	This picture is <b>unique</b> . This is the only copy that exists.	7	
view	<i>n</i>	/vju:/	There's a great <b>view</b> of the city from the top of the hill.	7	
virtual	<i>adj</i>	/ˈvɜ:(r)tʃʊəl/	Have you tried the <b>virtual</b> tour of the museum?	7	
waste	<i>n</i>	/weɪst/	We had to do the same job twice. It was such a <b>waste</b> of time.	7	
well-known	<i>adj</i>	/wel 'nəʊn/	Katy Perry is a <b>well-known</b> singer.	7	
ache	<i>v</i>	/eɪk/	I've got a fever, my whole body <b>aches</b> and I feel awful.	8	
advertisement	<i>n</i>	/əd'vɜ:(r)tɪsmənt/	Have you seen the new Nike TV <b>advertisement</b> . It's brilliant!	8	
advice	<i>n</i>	/əd'vaɪs/	I'm not sure what I should do. Can you give me some <b>advice</b> ?	8	
allergy	<i>n</i>	/ˈælə(r)dʒi/	If you sneeze when you're near a cat is because you have an <b>allergy</b> .	8	
ambulance	<i>n</i>	/ˈæmbjʊləns/	She was injured so we called an <b>ambulance</b> .	8	
ankle	<i>n</i>	/ˈæŋk(ə)l/	He wasn't wearing the right hiking boots and he sprained his <b>ankle</b> .	8	
application form	<i>n</i>	/ˌæplɪ'keɪʃ(ə)n fɔ:(r)m/	Fill in our online <b>application form</b> to enrol in our classes.	8	
archery	<i>n</i>	/ˈɑ:(r)tʃəri/	Have you ever tried <b>archery</b> ? You have to shoot arrows with a bow.	8	
arm	<i>n</i>	/ɑ:(r)m/	I hurt my <b>arm</b> while I was playing tennis.	8	
audition	<i>v</i>	/ɔ:'dɪʃ(ə)n/	I'm going to <b>audition</b> for a commercial. If they hire me, I'll be on TV.	8	
be sick	<i>v</i>	/bi: 'sɪk/	Could you please stop the car? I think I'm going to <b>be sick</b> .	8	
belt	<i>n</i>	/belt/	A <b>belt</b> goes round the waist.	8	
bite	<i>v</i>	/baɪt/	Don't be afraid of the dog, it doesn't <b>bite</b> .	8	
blow	<i>v</i>	/bləʊ/	I need to <b>blow</b> my nose. Have you got any tissue paper?	8	
body	<i>n</i>	/ˈbɒdi/	I think I've got a cold. My whole <b>body</b> aches.	8	
boot	<i>n</i>	/bu:t/	It's better to wear <b>boots</b> if you're going to go hiking.	8	
boxing	<i>n</i>	/ˈbɒksɪŋ/	She started <b>boxing</b> at the local gym and she loved it!	8	
cap	<i>n</i>	/kæp/	Don't forget your <b>cap</b> . It's very sunny outside.	8	
chariot	<i>n</i>	/ˈtʃæriət/	A <b>chariot</b> is an ancient open vehicle with two wheels and pulled by horses.	8	
chat	<i>v</i>	/tʃæt/	You can <b>chat</b> with your friend and exercise while you walk.	8	
coach	<i>n</i>	/kəʊtʃ/	My <b>coach</b> wants me to train for the next Olympics.	8	
cold	<i>n</i>	/kəʊld/	I feel awful. I think I've got a <b>cold</b> .	8	
couch	<i>n</i>	/kaʊtʃ/	Sit on the <b>couch</b> while you wait, please.	8	

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*adv* = adverb *n* = noun *pl* = plural *prep* = preposition *v* = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
cough	<i>v</i>	/kɒf/	I've got a sore throat and <b>cough</b> a lot.	8	
crash diet	<i>n</i>	/kræʃ 'daɪət/	I had to go on a <b>crash diet</b> to lose weight very quickly.	8	
depressing	<i>adj</i>	/dɪ 'presɪŋ/	I don't like exercising indoors. I find it <b>depressing</b> .	8	
desk	<i>n</i>	/desk/	He shouldn't sit at his <b>desk</b> all day.	8	
diarrhoea	<i>n</i>	/'daɪə 'ri:ə/	I keep being sick and I've got terrible <b>diarrhoea</b> .	8	
easy-going	<i>adj</i>	/'i:zi 'gəʊɪŋ/	My son's very <b>easy-going</b> . He's happy and relaxed about things.	8	
equipment	<i>n</i>	/'kwɪpmənt/	What special <b>equipment</b> do you need for boxing? Boxing gloves?	8	
exercise	<i>n</i>	/'eksə(r)saɪz/	You should do more <b>exercise</b> .	8	
eye	<i>n</i>	/aɪ/	The ball hit him in the <b>eye</b> and now he can't open it.	8	
feet	<i>n</i>	/fi:t/	Those boots are too big for my <b>feet</b> .	8	
fever	<i>n</i>	/'fi:və(r)/	Take an aspirin to reduce the <b>fever</b> .	8	
finger	<i>n</i>	/'fɪŋgə(r)/	He cut his <b>finger</b> while cooking dinner.	8	
fit	<i>adj</i>	/fɪt/	You have to be <b>fit</b> and strong to be a surfer.	8	
fitness routine	<i>n</i>	/'fɪtnəs ru: 'ti:n/	What's your <b>fitness routine</b> ? Do you go to the gym regularly?	8	
flight attendant	<i>n</i>	/'flaɪt ə'tendənt/	My sister travels regularly because she works as a <b>flight attendant</b> .	8	
flu	<i>n</i>	/flu:/	I've got a fever and my whole body aches. I think I've got the <b>flu</b> .	8	
food poisoning	<i>n</i>	/'fu:d pɔɪz(ə)nɪŋ/	That fish looks a bit off. Don't eat it or you'll get <b>food poisoning</b> .	8	
gentle	<i>adj</i>	/'dʒent(ə)/	You haven't exercised in a long time, so start with <b>gentle</b> exercises.	8	
gland	<i>n</i>	/glænd/	My <b>glands</b> are swollen and it hurts when I swallow.	8	
goggles	<i>n pl</i>	/'gɒg(ə)lz/	Have you seen my <b>goggles</b> ? I'm going swimming and I can't find them.	8	
gymnastics	<i>n</i>	/dʒɪm'næstɪks/	I do <b>gymnastics</b> . I'm very fit and flexible.	8	
hand	<i>n</i>	/hænd/	If you have a question, please raise your <b>hand</b> .	8	
head	<i>n</i>	/hed/	She fell off the bike and banged her <b>head</b> .	8	
helmet	<i>n</i>	/'helmt/	Wear a <b>helmet</b> if you're going to ride a bike.	8	
high heels	<i>n pl</i>	/haɪ 'hi:lz/	It's very difficult to run wearing <b>high heels</b> .	8	
hold your breath	<i>phrase</i>	/həʊld jɔ:(r) 'breθ/	You must learn to <b>hold your breath</b> under water.	8	
hoodie	<i>n</i>	/'hʊdi/	I couldn't see his face well because he was wearing a <b>hoodie</b> .	8	
hurt	<i>v</i>	/hɜ:(r)t/	I <b>hurt</b> my foot while running and now I can't walk.	8	
injury	<i>n</i>	/'ɪndʒəri/	If you have an <b>injury</b> , you should go to the doctor.	8	
jacket	<i>n</i>	/'dʒækɪt/	He always wears a tie and <b>jacket</b> to work.	8	
jeans	<i>n</i>	/'dʒi:nz/	My friend Jackie always wears <b>jeans</b> and a t-shirt.	8	
knee	<i>n</i>	/ni:/	I fell on the ground and hurt my <b>knee</b> .	8	
leggings	<i>n pl</i>	/'legɪŋz/	I need a new pair of <b>leggings</b> for my running class.	8	
leg	<i>n</i>	/leg/	She walks fast because she has long <b>legs</b> .	8	
liquid	<i>n</i>	/'lɪkwɪd/	She was drinking a strange blue <b>liquid</b> . What was it?	8	
lose weight	<i>phrase</i>	/lu:z 'weɪt/	Exercise and eat healthy food if you want to <b>lose weight</b> .	8	
martial art	<i>n</i>	/'mɑ:(r)[ə]l 'ɑ:(r)t/	karate is a <b>martial art</b> .	8	
mental	<i>adj</i>	/'ment(ə)/	Stunt doubles do a lot of <b>mental</b> and physical preparation.	8	
mind	<i>n</i>	/maɪnd/	You have to be strong in <b>mind</b> and body.	8	
necessary	<i>adj</i>	/'nesəs(ə)ri/	Which qualities are <b>necessary</b> to be a stunt double?	8	
neck	<i>n</i>	/nek/	She tied a scarf around her <b>neck</b> .	8	
on the spot	<i>phrase</i>	/ɒn ðə 'spɒt/	You can use this machine to walk or run <b>on the spot</b> .	8	
physical	<i>adj</i>	/'fɪzɪk(ə)l/	<b>Physical</b> health is as important as mental health.	8	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
prescribe	v	/pri'skraib/	What did the doctor <b>prescribe</b> for your illness?	8	
prescription	n	/pri'skripʃ(ə)n/	You need to take antibiotics. I'll write you a <b>prescription</b> .	8	
put on weight	phrase	/pʊt ɒn weɪt/	I lost ten pounds after the marathon. I need to <b>put on weight</b> .	8	
rehydrate	v	/,ri:haɪ'dreɪt/	You should drink water to <b>rehydrate</b> after exercise.	8	
risky	adj	/'rɪski/	Being a stunt double is a <b>risky</b> job. You may get injured.	8	
role	n	/rəʊl/	Her major <b>role</b> as a double was in the film <i>A Knight in Camelot</i> .	8	
sandals	n pl	/'sænd(ə)lz/	You can't wear <b>sandals</b> to school today. It's cold.	8	
scarf	n	/'ska:(r)f/	Why don't you tie a <b>scarf</b> around your neck? It's cold today.	8	
sensitive	adj	/'sensətɪv/	A <b>sensitive</b> person understands other people and how they feel.	8	
shave	v	/'ʃeɪv/	Actors sometimes have to <b>shave</b> their head for their roles in movies.	8	
shirt	n	/'ʃɜ:(r)t/	He was wearing a blue <b>shirt</b> under his jacket.	8	
shorts	n	/'ʃɔ:(r)ts/	I wear <b>shorts</b> almost everyday during the summer.	8	
shoulder	n	/'ʃəʊldə(r)/	She tapped me on the <b>shoulder</b> to call my attention.	8	
skateboarding	n	/'skeɪt,bɔ:(r)dɪŋ/	<b>Skateboarding</b> is my favourite sport.	8	
skip	v	/'skɪp/	You shouldn't <b>skip</b> breakfast. Eat something before you go to work.	8	
skirt	n	/'skɜ:(r)t/	It's very uncomfortable to run when you're wearing a <b>skirt</b> .	8	
slippery	adj	/'slɪpəri/	Careful! I've just washed the floor and it's a bit <b>slippery</b> .	8	
sneeze	v	/'sni:z/	I'm allergic to cats. I <b>sneeze</b> when I'm near one.	8	
socks	n pl	/'sɒks/	You have to wear <b>socks</b> with those shoes.	8	
sore throat	phrase	/'sɔ:(r) 'θrəʊt/	I've got a <b>sore throat</b> . It hurts when I swallow.	8	
sports vest	n	/'spɔ:(r)ts vest/	I always wear a <b>sports vest</b> when I go for a run.	8	
sprain	v	/'spreɪn/	I fell over and hurt my ankle. I think I <b>sprained</b> it.	8	
stuff	n	/'stʌf/	We don't talk about injuries and all that <b>stuff</b> .	8	
stuntwoman	n	/'stʌnt,wʊmən/	A <b>stuntwoman</b> doubles for the actors, doing the dangerous things.	8	
suit	n	/'su:t/	I have to wear a <b>suit</b> and tie to work.	8	
sunglasses	n pl	/'sʌŋ,glɑ:sɪz/	It's very sunny today, put your <b>sunglasses</b> on.	8	
surfboard	n	/'sɜ:(r)f,bɔ:(r)d/	You need a <b>surfboard</b> to go surfing.	8	
surfer	n	/'sɜ:(r)fə/	You have to be very fit to be a wave <b>surfer</b> .	8	
swallow	v	/'swɒləʊ/	I can't <b>swallow</b> these pills. They are too big.	8	
swimsuit	n	/'swɪm,su:t/	Pick up your <b>swimsuit</b> . We are going to the swimming pool.	8	
swollen	adj	/'swɒləʊn/	Her eyes were <b>swollen</b> from lack of sleep.	8	
sword	n	/'sɔ:(r)d/	A <b>sword</b> is a weapon. You can't use it as a toy.	8	
temperature	n	/'temprɪtʃə(r)/	I feel sick and I think I've got a <b>temperature</b> .	8	
tie	n	/'taɪ/	It is a smart party. You have to wear a shirt and a <b>tie</b> .	8	
toe	n	/'təʊ/	The shoes were too small and they hurt my <b>toes</b> .	8	
tracksuit	n	/'træk,su:t/	Put your <b>tracksuit</b> on and let's play some basketball.	8	
train	v	/'treɪn/	Professional athletes <b>train</b> almost everyday.	8	
trainers	n	/'treɪnə(r)z/	I bought a new pair of <b>trainers</b> for my running club.	8	
truck	n	/'trʌk/	There was a <b>truck</b> in the middle of the road blocking our way.	8	
T-shirt	n	/'ti:ʃɜ:(r)t/	She likes to wear jeans and a <b>T-shirt</b> . She feels more comfortable.	8	
uniform	n	/'ju:nɪfɔ:(r)m/	I had to wear a <b>uniform</b> when I was at school.	8	
waist	n	/'weɪst/	The jacket was too tight around the <b>waist</b> .	8	
warm up	phr v	/'wɔ:(r)m 'ʌp/	You must always <b>warm up</b> before hard exercise.	8	

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watch	n	/wɒtʃ/	Do you have the time? I left my <b>watch</b> at home.	8	
wave	n	/weɪv/	He surfed a huge <b>wave</b> .	8	
wheel	n	/wi:l/	The ball fell under the car's <b>wheels</b> .	8	
wrist	n	/rɪst/	Is that a new watch on your <b>wrist</b> ?	8	
annoyed	adj	/ə'noɪd/	I was <b>annoyed</b> because he came very late.	9	
atomic bomb	n	/ə'tɒmɪk bɒm/	The <b>atomic bomb</b> was dropped during the Second World War.	9	
audience	n	/'ɔ:diəns/	The <b>audience</b> listened carefully to the lecturer.	9	
bark	v	/bɑ:(r)k/	My neighbour's dog doesn't <b>bark</b> much.	9	
behave	v	/bɪ'heɪv/	Should children's stories teach them to <b>behave</b> well?	9	
being	n	/'bi:ɪŋ/	Doctor Frankenstein decided to create a human <b>being</b> .	9	
chase	v	/tʃeɪs/	Why don't you <b>chase</b> each other in the garden?	9	
clap	v	/klæp/	The audience started to <b>clap</b> as soon as he finished his conference.	9	
complex	adj	/'kɒmpleks/	Victor Frankenstein's monster has a <b>complex</b> character.	9	
doll	n	/dɒl/	My daughter's new <b>doll</b> is broken and she's very sad.	9	
graduate	v	/'grædʒueɪt/	Did you <b>graduate</b> from Harvard University?	9	
graveyard	n	/'greɪv.jɑ:(r)d/	She went to the <b>graveyard</b> to visit her mum's tomb.	9	
heartbroken	adj	/'hɑ:(r)t.brʌʊkən/	She was <b>heartbroken</b> when her mum died.	9	
lecture	n	/'lektʃə(r)/	My friend is giving a <b>lecture</b> on gender studies tomorrow.	9	
literature	n	/'lɪtrətʃə(r)/	Which books do you think are children's <b>literature</b> ?	9	
lock	v	/lɒk/	I always <b>lock</b> all the doors before going to bed.	9	
lonely	adj	/'ləʊnli/	I was new at school and felt very <b>lonely</b> for a while.	9	
memory	n	/'mem(ə)ri/	What's the earliest <b>memory</b> you can remember?	9	
monster	n	/'mɒnstə(r)/	Frankenstein's <b>monster</b> is huge and ugly.	9	
moral	n	/'mɒrəl/	The <b>moral</b> of the story is that we should all trust each other.	9	
naughty	adj	/'nɔ:ti/	His father sent him to bed because he was <b>naughty</b> .	9	
nervous	adj	/'nɜ:(r)vəs/	Don't be <b>nervous</b> about your exams. You studied well.	9	
novel	n	/'nɒv(ə)l/	<i>Great Expectations</i> is my favourite <b>novel</b> .	9	
overjoyed	adj	/.əʊvə(r)'dʒɔɪd/	She was <b>overjoyed</b> that her son was coming home for the holidays.	9	
poor	adj	/pɔ:(r)/	Most characters in Dicken's novels are <b>poor</b> and homeless.	9	
possession	n	/pə'zeɪʃ(ə)n/	A toy dinosaur was her favourite <b>possession</b> .	9	
sack	n	/sæk/	The man was carrying a dirty <b>sack</b> with all his possessions.	9	
shake	v	/ʃeɪk/	Why are you <b>shaking</b> with fear? It's just a dog.	9	
simple	adj	/'sɪmp(ə)l/	It wasn't a difficult problem. Actually it was quite <b>simple</b> .	9	
society	n	/sə'saɪəti/	Dicken's novels describe <b>society</b> in industrial England.	9	
stranger	n	/'streɪndʒə(r)/	He met a <b>stranger</b> on the train.	9	
stressed	adj	/'strest/	You sound <b>stressed</b> , why don't you take some days off?	9	
swap	v	/swɒp/	You play the wolf and you play the piglet, then you swap roles.	9	
ugly	adj	/'ʌɡli/	The monster is huge and <b>ugly</b> . That's why people are scared of him.	9	
upset	adj	/'ʌp'set/	I get <b>upset</b> when people treat me badly.	9	
wise	adj	/waɪz/	She's a <b>wise</b> old woman. You can ask her about anything.	9	
yard	n	/'jɑ:(r)d/	A <b>yard</b> corresponds to a 0.9144 of a metre.	9	
addicted	adj	/ə'dɪktɪd/	You may become <b>addicted</b> to Facebook.	10	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
artificial intelligence	<i>n</i>	/,ɑ:(r)ti'fiʃ(ə)l in'telɪdʒ(ə)ns/	<b>Artificial intelligence</b> deals with machines that copy human intelligent behaviour.	10	
ballpoint pen	<i>n</i>	/'bɔ:l.pɔɪnt pen/	My teacher corrects all my exams with a red <b>ballpoint pen</b> .	10	
breath	<i>n</i>	/breθ/	The Greeks chewed gum because it freshened their <b>breath</b> .	10	
broadcast	<i>v</i>	/'brɔ:d.kɑ:st/	They are going to <b>broadcast</b> the concert live.	10	
chew	<i>v</i>	/tʃu:/	It's not allowed to <b>chew</b> gum in class.	10	
chum	<i>n</i>	/tʃʌm/	I met an old <b>chum</b> at my school reunion.	10	
disadvantage	<i>n</i>	/.dɪsəd'vɑ:ntɪdʒ/	One <b>disadvantage</b> of social media sites is that they make you waste time.	10	
export	<i>v</i>	/ɪk'spɔ:(r)t/	The company <b>exports</b> cars to Central Europe.	10	
fan	<i>n</i>	/fæn/	Are you a <b>fan</b> of Manchester United?	10	
flood	<i>v</i>	/flʌd/	Don't advertise the job yet or candidates will <b>flood</b> us with applications	10	
football ground	<i>n</i>	/'fʊt.bɔ:l 'graʊnd/	Old Trafford is Manchester United's famous <b>football ground</b> .	10	
found	<i>v</i>	/faʊnd/	I'll <b>found</b> my own company when I finish university.	10	
freshen	<i>v</i>	/'freʃ(ə)n/	I need to <b>freshen</b> my breath. Have you got any chewing gum?	10	
genius	<i>n</i>	/'dʒɪ:niəs/	He's not a <b>genius</b> , but he's hard-working and will do a great job.	10	
glory	<i>n</i>	/'glɔ:ri/	Many footballers find <b>glory</b> when they are still young.	10	
hand-held	<i>adj</i>	/'hænd .held/	The smart phone was the first <b>hand-held</b> computer.	10	
invention	<i>n</i>	/ɪn'venʃ(ə)n/	The telephone is my favourite <b>invention</b> .	10	
kill	<i>v</i>	/kɪl/	Pollution <b>kills</b> thousands of people each year.	10	
landline	<i>n</i>	/'lænd(d).laɪn/	Call me on the <b>landline</b> , I'm home.	10	
launch	<i>v</i>	/'lɔ:ntʃ/	They're going to <b>launch</b> the new iPhone next week.	10	
logo	<i>n</i>	/'lɒgəʊ/	I'm designing a new <b>logo</b> for the company.	10	
master	<i>v</i>	/'mɑ:stə(r)/	After playing for hours, I've finally <b>mastered</b> the game.	10	
private	<i>adj</i>	/'praɪvət/	I like to keep my <b>private</b> life to myself.	10	
put someone through	<i>phr v</i>	/'pʊt sʌmwʌn 'θru:./	Could you please <b>put me through</b> to Miss Johnson?	10	
respond	<i>v</i>	/'rɪ'spɒnd/	He asked me what my favourite team was, but I didn't <b>respond</b> .	10	
rubber	<i>n</i>	/'rʌbə(r)/	Gum is made of a special type of <b>rubber</b> .	10	
simplicity	<i>n</i>	/'sɪm'plɪsəti/	Tetris is famous for its <b>simplicity</b> . Anyone can play.	10	
skeleton	<i>n</i>	/'skelɪt(ə)n/	They found gum in a <b>skeleton</b> in Sweden.	10	
software	<i>n</i>	/'sɒf(t).weə(r)/	I need to install <b>software</b> into my computer.	10	
statistics	<i>n pl</i>	/'stætɪstɪks/	What are the <b>statistics</b> for video games and women?	10	
tag	<i>v</i>	/'tæg/	Please don't <b>tag</b> me in your pictures.	10	
tree sap	<i>n</i>	/'tri: sæp/	The first chewing gum was made of <b>tree sap</b> and sugar.	10	
trillion	<i>n</i>	/'trɪljən/	A <b>trillion</b> is one million million.	10	
trophy	<i>n</i>	/'trɒfi/	I won the competition and they gave me a <b>trophy</b> .	10	
valuable	<i>adj</i>	/'væljuəb(ə)l/	Manchester United is the most <b>valuable</b> football brand worldwide.	10	
version	<i>n</i>	/'vɜ:(r)ʃ(ə)n/	Have you downloaded the latest <b>version</b> of the game?	10	
waste time	<i>phrase</i>	/'weɪst taɪm/	I don't like to <b>waste time</b> on Facebook. I have other things to do.	10	
accidentally	<i>adv</i>	/.æk'sɪ'dent(ə)li/	Jan's passion started <b>accidentally</b> . She didn't plan it.	11	
anniversary	<i>n</i>	/.æni'vɜ:(r)s(ə)ri/	It's their <b>anniversary</b> today. They got married 12 years ago.	11	
appreciate	<i>v</i>	/'æ'pri:ʃi,eɪt/	After two days raining, you really <b>appreciate</b> the sunshine.	11	

**Wordlist**

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*adj* = adjective *conj* = conjunction *det* = determiner *excl* = exclamation *phr v* = phrasal verb *phr* = phrase *pron* = pronoun

*adv* = adverb *n* = noun *pl* = plural *prep* = preposition *v* = verb

English	Part of speech	Phonetics	Example sentence	Unit	My notes
astronomer	<i>n</i>	/ə'strɒnəmə(r)/	Brian Cox is an <b>astronomer</b> . He studies the planets.	11	
bridesmaid	<i>n</i>	/'braɪdz,meɪd/	I was the <b>bridesmaid</b> at my best friend's wedding.	11	
cabbage	<i>n</i>	/'kæbɪdʒ/	My daughter doesn't like <b>cabbage</b> , but she loves green beans.	11	
collector	<i>n</i>	/kə'lektə(r)/	Muy dad is a <b>collector</b> . He collects watches.	11	
commemorative	<i>adj</i>	/kə'mem(ə)rətɪv/	He bought a <b>commemorative</b> coin for Prince Charles and Diana's engagement.	11	
cope	<i>v</i>	/kəʊp/	How did your grandma <b>cope</b> with your grandad's death?	11	
demand	<i>v</i>	/dɪ'mɑ:nd/	Many more people will <b>demand</b> independence for their countries in the future.		
demanding	<i>adj</i>	/dɪ'mɑ:ndɪŋ/	Riding a horse is physically <b>demanding</b> .	11	
due	<i>adj</i>	/dju: /	When is the baby <b>due</b> ?	11	
duplicate	<i>n</i>	/'dju:plɪkeɪt/	You can keep the picture. I've got a <b>duplicate</b> .	11	
engaged	<i>adj</i>	/ɪn'geɪdʒd/	They haven't got married yet, but they're <b>engaged</b> .	11	
entrepreneur	<i>n</i>	/.ɒntrəpra'nɜ:(r)/	An <b>entrepreneur</b> makes money by starting a business.	11	
fail	<i>v</i>	/feɪl/	Why did he <b>fail</b> his exams?	11	
forbidden	<i>adj</i>	/fə(r)'bɪd(ə)n/	You can't use my work computer. It's <b>forbidden</b> .	11	
funeral	<i>n</i>	/'fju:n(ə)rəl/	My grandad's <b>funeral</b> will take place at the local church tomorrow.	11	
garage	<i>n</i>	/'gærɪdʒ/	Is the car in the <b>garage</b> ?	11	
healthcare	<i>n</i>	/'helθ,keə(r)/	<b>Healthcare</b> is the service of providing medical care.	11	
honeymoon	<i>n</i>	/'hʌni,mu:n/	They got married last Sunday. They're on their <b>honeymoon</b> now.	11	
influence	<i>v</i>	/'ɪnfluəns/	How did your teacher <b>influence</b> you?	11	
keyboard	<i>n</i>	/'ki:bo:(r)d/	Brian Cox played the <b>keyboard</b> in a band.	11	
life expectancy	<i>n</i>	/laɪf ɪk'spektənsɪ/	<b>Life expectancy</b> will probably improve in the future.	11	
married	<i>adj</i>	/'mæɪrɪd/	Are you <b>married</b> or single?	11	
memorabilia	<i>n</i>	/.mem(ə)rə'bi:lɪə/	He's a collector of royal <b>memorabilia</b> .	11	
never-ending	<i>adj</i>	/.nevə(r)'endɪŋ/	Collecting is a <b>never-ending</b> activity. You always want to buy more.	11	
optimistic	<i>adj</i>	/.ɒptɪ'mɪstɪk/	I'm generally <b>optimistic</b> about the future.	11	
peer	<i>n</i>	/pɪə(r)/	A <b>peer</b> is a member of the nobility.	11	
pessimistic	<i>adj</i>	/.pesə'mɪstɪk/	There are reasons to be <b>pessimistic</b> about global warming.	11	
physicist	<i>n</i>	/'fɪzɪsɪst/	Stephen Hawkins was a famous <b>physicist</b> .	11	
poetry	<i>n</i>	/'pəʊtri/	I'm passionate about <b>poetry</b> . I even write some poems myself.	11	
pregnant	<i>adj</i>	/'pregnənt/	Laura is <b>pregnant</b> . She's expecting a baby.	11	
raindrop	<i>n</i>	/'reɪn,drɒp/	Was that a <b>raindrop</b> ? I think it's starting to rain.	11	
regret	<i>n</i>	/'rɪgret/	I felt <b>regret</b> about his leaving the city.	11	
renewed	<i>adj</i>	/'ri:nju:d/	There has been <b>renewed</b> interest in royal memorabilia.	11	
repair	<i>v</i>	/'ri:peə(r)/	The doll was broken, but fortunately I could <b>repair</b> it.	11	
resources	<i>n pl</i>	/'ri:zɜ:(r)s/	We shouldn't use up our natural <b>resources</b> .	11	
rocket	<i>n</i>	/'rɒkɪt/	They are building a new space <b>rocket</b> to go to the moon.	11	
selfish	<i>adj</i>	/'selfɪʃ/	Don't expect any help from him. He's so <b>selfish</b> .	11	
serious	<i>adj</i>	/'sɪəriəs/	Don't make fun of it. It's a <b>serious</b> matter.	11	
servant	<i>n</i>	/'sɜ:(r)v(ə)nt/	Don't treat me like a <b>servant</b> . I'm your mother!	11	
split up	<i>phr v</i>	/splɪt 'ʌp/	It was sad when my parents <b>split up</b> , but it was for the best.	11	
stick	<i>n</i>	/stɪk/	She never fully recovered from the accident. She walks with a <b>stick</b> .	11	

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English	Part of speech	Phonetics	Example sentence	Unit	My notes
surrogate	<i>n</i>	/ˈsʌrəɡət/	My son was born to a <b>surrogate</b> mother because I couldn't have kids.	11	
tragedy	<i>n</i>	/ˈtrædʒədi/	I'm sorry about the accident. It was a <b>tragedy</b> .	11	
unsaid	<i>adj</i>	/ʌnˈsed/	Don't go into much detail. Some things are better left <b>unsaid</b> .	11	
wealth	<i>n</i>	/welθ/	Robots can help us distribute <b>wealth</b> more fairly.	11	
widowed	<i>adj</i>	/ˈwɪdəʊd/	Her husband died last month. She's <b>widowed</b> .	11	
barbecue	<i>n</i>	/ˈbɑː(r)bɪˌkjuː/	It's nice to have a <b>barbecue</b> when it's sunny.	12	
biscuit	<i>n</i>	/ˈbɪskɪt/	Of course she isn't hungry. She's just had a packet of <b>biscuits</b> .	12	
boomerang	<i>n</i>	/ˈbuːməˌræŋ/	I went to Australia on holidays and bought a <b>boomerang</b> .	12	
campus	<i>n</i>	/ˈkæmpəs/	When you go to university, will you live on <b>campus</b> ?	12	
coincidence	<i>n</i>	/kəʊˈɪnsɪd(ə)ns/	What a <b>coincidence</b> !	12	
confuse	<i>v</i>	/kənˈfjuːz/	Numbers can <b>confuse</b> us sometimes.	12	
drop out	<i>phr v</i>	/drɒp ˈaʊt/	I started university but I don't like it. I think I'm going to <b>drop out</b> .	12	
economics	<i>n</i>	/ˌiːkəˈnɒmɪks/	I can't decide what to study at university — law or <b>economics</b> .	12	
flip	<i>v</i>	/flɪp/	If you can't decide, <b>flip</b> a coin.	12	
gambler	<i>n</i>	/ˈɡæmblə(r)/	He's a big <b>gambler</b> and has lost his fortune.	12	
gig	<i>n</i>	/ɡɪɡ/	The band got a <b>gig</b> in a local pub.	12	
grateful	<i>adj</i>	/ˈɡreɪtʃ(ə)l/	I'm so <b>grateful</b> for all your help.	12	
greedy	<i>adj</i>	/ˈɡriːdi/	He's not a good boss. He's selfish and <b>greedy</b> .	12	
lack	<i>n</i>	/læk/	<b>Lack</b> of exercise is not good for your health.	12	
loan	<i>n</i>	/ləʊn/	I had to take out a <b>loan</b> to pay for my studies.	12	
lorry	<i>n</i>	/ˈlɒri/	I can drive a car, but not a <b>lorry</b> .	12	
meditate	<i>v</i>	/ˈmedɪteɪt/	Some people find it useful to <b>meditate</b> to reduce stress levels.	12	
probability	<i>n</i>	/ˌprɒbəˈbɪləti/	<b>Probability</b> says that unlikely coincidences will happen sometimes.	12	
regret	<i>v</i>	/rɪˈɡret/	I've decided not to have children and I don't think I'll <b>regret</b> it later.	12	
retrain	<i>v</i>	/ˌriːˈtreɪn/	I'm going to give up my job as a nurse and <b>retrain</b> as a teacher.	12	
terrorist attack	<i>n</i>	/ˈterərɪst əˈtæk/	It's very unlikely that you'll die in a <b>terrorist attack</b> .	12	
threat	<i>n</i>	/θret/	He said he would fire me if I told my manager. That was a <b>threat</b> .	12	
tick	<i>v</i>	/tɪk/	I could hear the clock <b>tick</b> in the background.	12	
toast	<i>v</i>	/təʊst/	We'll have some champagne to <b>toast</b> to your new home!	12	
unbelievable	<i>adj</i>	/ˌʌnbɪˈliːvəb(ə)l/	To tell you the truth, I found the story <b>unbelievable</b> .	12	
weird	<i>adj</i>	/weɪ(r)d/	I had a <b>weird</b> dream last night.	12	