



UNIT 10

OPPORTUNITIES

1 BEFORE YOU WATCH

- a** Imagine you have an older relative or friend who is going to have a 90th birthday soon. What kind of celebration will you have? Write notes.
- _____
- _____
- b**  Tell a partner about your celebration. Give reasons for your ideas.
- c**  Work in pairs. Look at the photos of Joan Harding. What do you think she's preparing to do for her 90th birthday? Discuss your ideas.




- d** Match the words in **bold** (1–6) with the definitions (a–f).

- 1 As she ran past me, there was a **swish** of air from her dress.
- 2 There was a ceremony for war **veterans**.
- 3 I can't swim in a pool without **goggles** to protect my eyes.
- 4 He has a knee **injury** from playing tennis.
- 5 There were a few white clouds that **floated** in the blue sky.
- 6 The exam really **challenged** me because I didn't know the answer to a lot of the questions.


- a people who were soldiers during a war
- b to move easily through air or on water
- c physical damage to the body
- d to be presented with a difficult situation or problem
- e a very quick movement of something
- f special glasses that fit closely to your face




2 WHILE YOU WATCH

a  Watch the video. Answer the questions.

- 1 Were your ideas about Joan's birthday celebration in 1c correct?
- 2 Why are Joan, Ted, and Fred doing something special?

b  Watch again. Answer the questions.

- 1 Why is Joan celebrating her birthday in this way? _____
- 2 Why isn't Joan worried? _____
- 3 What two things do you need to be able to skydive? _____
- 4 Did Joan enjoy skydiving? _____
- 5 How much money did she raise? _____
- 6 Why are Ted and Fred skydiving? _____
- 7 What is Fred worried about? _____
- 8 Why are the seniors in the video surprising? _____


c  Complete the sentences with the correct words you hear. Use a linking word or expression. Watch again and check your answers.

- 1 "That's why she's celebrating her 90th birthday _____ doing her first skydive."
- 2 "She'll then fall through the air for 45 seconds _____ landing back on solid ground."
- 3 "_____ you can answer both these questions with a 'yes,' then your age is not important."
- 4 "_____ his brave comments, Fred is a bit worried about an old injury."
- 5 "They are challenging themselves and _____ helping others."

3 AFTER YOU WATCH

a Think of an older relative or friend you know. Answer the questions. Write notes.

- 1 Who is the person you chose? _____
- 2 Do you get along well with this person? Why / Why not? _____
- 3 What things do they enjoy doing? _____
- 4 What things do you enjoy doing with this person? _____
- 5 What is interesting or surprising about their life? _____

b  Work in pairs. Take turns telling about your relative or friend. Are there any similarities?